



## LUNCH

# OCTOBER 2026

# Carver Middle

Palm Beach County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

- CHICKEN PATTY SANDWICH** 351 cal  
Hot Dog 309 cal  
Relish 15 cal  
Italian Sub 416 cal  
Sweet Potato Waffle Fries 183 cal

- WALKING TACO** 367 cal  
Salsa and Shredded Lettuce 25 cal  
Sour Cream 60 cal  
Sliced Jalapenos 493 cal  
Breaded Mozzarella Cheese Sticks 40 cal  
Marinara Dipping Cup 199 cal  
Grilled Chicken Salad 284 cal  
Chocolate Chip Muffin Platter 417 cal  
Seasoned Black Beans 142 cal

- ORANGE CHICKEN** 388 cal  
Rice with Veggies 241 cal  
Macaroni and Cheese 350 cal  
Dinner Roll 80 cal  
Chicken Tender Wrap 142 cal  
Garden Salad with Egg & Cheese 284 cal  
Croutons 38 cal  
Broccoli

- PIEROGIES AND KIELBASA** 313 cal  
Breadstick 110 cal  
Wild Mike's Cheesy Bites 422 cal  
Marinara Dipping Cup 40 cal  
Buffalo Chicken Bites 329 cal  
Salad 142 cal  
Croutons 48 cal  
Tuscan Green Beans

- MINI TWIN CHEESEBURGERS** 316 cal  
Cheese Pizza 661 cal  
Crunchers 417 cal  
Chocolate Chip Muffin Platter 196 cal  
Potato Smiles

No menu published

- CHICKEN SOFT TACO** 397 cal  
Black Beans & Rice and Salsa 136 cal  
Shredded Lettuce 25 cal  
Sliced Jalapenos 14 cal  
Hamburger 319 cal  
Cheeseburger 355 cal  
Grilled Chicken Caesar Salad 158 cal  
Croutons 284 cal  
Caesar Dressing 340 cal  
Banana Muffin Platter 387 cal  
Yuca Fries 219 cal

- PENNE PASTA WITH MEATBALLS** 391 cal  
Breadstick 110 cal  
Breaded Mozzarella Cheese Sticks 493 cal  
Marinara Dipping Cup 40 cal  
Italian Sub 416 cal  
Yogurt & Cheese Cube Platter 400 cal  
Green Beans 40 cal

- CHICKEN & VEGETABLE POTSTICKERS WITH RAMEN** 427 cal  
Deep Dish Cheese Pizza 310 cal  
Chicken Tenders 290 cal  
Salad 142 cal  
Croutons 75 cal  
Asian Broccoli

- CHICKEN NUGGETS** 236 cal  
Brazilian Sweet Bread 100 cal  
Plant-Based Nuggets 256 cal  
Meat Trio Pizza 350 cal  
Wedge 387 cal  
Banana Muffin Platter 100 cal  
Potato Sticks

- BBQ PULLED PORK** 300 cal  
Hushpuppies 150 cal  
Macaroni and Cheese 350 cal  
Turkey and Cheese Sub 337 cal  
Turkey and Cheese Wrap 367 cal  
BBQ Baked Beans 205 cal

- BEEF NACHOS W/TORTILLA CHIPS** 428 cal  
Cheesy Hotz Chicken Bites 217 cal  
Dinner Roll 80 cal  
Popcorn Chicken 312 cal  
Salad 142 cal  
Croutons 417 cal  
Chocolate Chip Muffin Platter 280 cal  
Sliced Sweet Plantains

- BEEF AND BROCCOLI RAMEN BOWL** 505 cal  
Cheese Stuffed Crust Wedge Pizza 309 cal  
Pepperoni Stuffed Crust Wedge Pizza 310 cal  
Nashville Hot Chicken Wrap 466 cal  
Strawberry Yogurt Parfait 277 cal  
Mini Graham Bite 110 cal  
Chortles 74 cal  
Peas and Carrots

- CHICKEN AND MASHED POTATO BOWL** 420 cal  
Classic Whole Grain Biscuit 159 cal  
Meat Lovers 310 cal  
Stromboli 40 cal  
Marinara Dipping Cup 208 cal  
Chef Salad with Turkey and Egg 142 cal  
Croutons 80 cal  
Corn

- CHICKEN PATTY SANDWICH** 351 cal  
Breaded Mozzarella Cheese Sticks 493 cal  
Marinara Dipping Cup 40 cal  
Chocolate Chip Muffin Platter 417 cal  
Broccoli 38 cal  
Pickle 4 cal

- SPICY CHICKEN SANDWICH** 350 cal  
Deep Dish Cheese Pizza 310 cal  
Italian Sub 416 cal  
Green Peas 89 cal

- KIELBASA SUB** 400 cal  
Chicken Fajita 230 cal  
Spanish Rice 424 cal  
Blueberry Muffin Platter 158 cal  
Grilled Chicken Caesar Salad 284 cal  
Croutons 340 cal  
Caesar Dressing 166 cal  
Seasoned Red Beans

- PASTA PENNE WITH MEAT SAUCE** 468 cal  
Penne Pasta 262 cal  
Breadstick 110 cal  
Chicken Tenders 439 cal  
Mandarin Chicken Salad 338 cal  
Croutons 142 cal  
Turkey and Cheese Sub 337 cal  
Turkey and Cheese Wrap 367 cal  
Broccoli 38 cal

- CHICKEN ADOBO** 383 cal  
Brown Rice 99 cal  
Wild Mike's Cheesy Bites 422 cal  
Marinara Dipping Cup 40 cal  
Chicken Tender Wrap 40 cal  
Green Beans

- MINI TWIN CHEESEBURGERS** 316 cal  
Cheese Stuffed Crust Wedge Pizza 309 cal  
Pepperoni Stuffed Crust Wedge Pizza 310 cal  
Blueberry Muffin Platter 424 cal  
Potato Smiles 196 cal  
Frozen Italian Ice 90 cal

Served every day:

or offered with Grape PB&J Sandwich · Grape Soybutter Sandwich Platter

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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