



PRE K LUNCH OCTOBER 2026

Calusa Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

- 5**
- GRILLED CHICKEN NUGGETS** 102 cal
 - offered with
 - Dinner Roll 80 cal
 - Sweet Potato Fries 65 cal
 - Fresh Fruit 72 cal
 - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
 - or
 - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

- 6**
- BREADED MOZZARELLA CHEESE STICKS** 328 cal
 - offered with
 - Marinara Dipping Cup 40 cal
 - Seasoned Black Beans 71 cal
 - Assorted Fruit Cups 65 cal
 - or
 - Assorted Apple Sauce 53 cal
 - Chocolate Chip Mini Loaf Combo 280 cal

- 7**
- MACARONI AND CHEESE** 350 cal
 - Broccoli 19 cal
 - Fresh Fruit 72 cal
 - Turkey & Cheese Croissant Sandwich 187 cal

- 8**
- POTATO AND CHEESE PIEROGIES** 126 cal
 - Tuscan Green Beans 24 cal
 - Assorted Fruit Cups 65 cal
 - or
 - Assorted Apple Sauce 53 cal
 - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
 - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

- 9**
- CHEESE PIZZA CRUNCHERS** 330 cal
 - Potato Smiles 65 cal
 - Fresh Fruit 72 cal
 - Chocolate Chip Mini Loaf Combo 280 cal

No menu published

- 13**
- POLLO ASADO** 105 cal
 - offered with
 - Black Beans & Rice 136 cal
 - Yuca Fries 109 cal
 - Assorted Fruit Cups 65 cal
 - or
 - Assorted Apple Sauce 53 cal
 - Banana Mini Loaf Combo 330 cal

- 14**
- PENNE PASTA WITH MEATBALLS** 244 cal
 - Green Beans 21 cal
 - Fresh Fruit 72 cal
 - Turkey & Cheese Croissant Sandwich 187 cal

- 15**
- MINI CHEESE PIZZA BAGEL** 259 cal
 - Peas & Carrots 37 cal
 - Assorted Fruit Cups 73 cal
 - or
 - Assorted Apple Sauce 53 cal
 - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
 - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

- 16**
- CHICKEN NUGGETS** 135 cal
 - Potato Sticks 50 cal
 - Fresh Fruit 72 cal
 - Banana Mini Loaf Combo 330 cal

- 19**
- MACARONI AND CHEESE** 350 cal
 - BBQ Baked Beans 102 cal
 - Fresh Fruit 72 cal
 - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
 - or
 - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

- 20**
- DILL CHICKEN BITES** 142 cal
 - Sliced Sweet Plantains 140 cal
 - Assorted Fruit Cups 65 cal
 - or
 - Assorted Apple Sauce 53 cal
 - Chocolate Chip Mini Loaf Combo 280 cal

- 21**
- CHEESE PIZZA** 310 cal
 - Peas & Carrots 37 cal
 - Fresh Fruit 72 cal
 - Turkey & Cheese Croissant Sandwich 187 cal

- 22**
- POPCORN CHICKEN** 240 cal
 - Mashed Potatoes 60 cal
 - Assorted Fruit Cups 65 cal
 - or
 - Assorted Apple Sauce 53 cal
 - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
 - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

- 23**
- CHICKEN AND CHEESE SLIDER** 252 cal
 - Broccoli 19 cal
 - Fresh Fruit 72 cal
 - Chocolate Chip Mini Loaf Combo 280 cal

- 26**
- ASIAN CHICKEN BITES** 166 cal
 - Green Peas 45 cal
 - Fresh Fruit 72 cal
 - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
 - or
 - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

- 27**
- CHICKEN TENDERS** 219 cal
 - Seasoned Red Beans 83 cal
 - Assorted Fruit Cups 65 cal
 - or
 - Assorted Apple Sauce 53 cal
 - Blueberry Muffin Combo 276 cal

- 28**
- PENNE PASTA W/MEAT SAUCE & CHEESE STICK** 311 cal
 - Broccoli 19 cal
 - Fresh Fruit 72 cal
 - Turkey & Cheese Croissant Sandwich 187 cal

- 29**
- WILD MIKE'S CHEESY BITES** 211 cal
 - offered with
 - Marinara Dipping Cup 40 cal
 - Green Beans 21 cal
 - Assorted Fruit Cups 65 cal
 - or
 - Assorted Apple Sauce 53 cal
 - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
 - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

- 30**
- MINI TWIN CHEESEBURGERS** 316 cal
 - Potato Smiles 65 cal
 - Fresh Fruit 72 cal
 - Blueberry Muffin Combo 276 cal

Served every day:

- Assorted Unflavored Milk

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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