



LUNCH OCTOBER 2026

Boynton Beach High

Palm Beach County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Chicken Patty Sandwich

351 cal

Hot Dog

309 cal

Relish

15 cal

Buffalo Chicken Bites

419 cal

Italian Sub

416 cal

Sweet Potato Waffle Fries

183 cal

6

Walking Taco

367 cal

Salsa and

25 cal

Shredded Lettuce

14 cal

Sliced Jalapenos

40 cal

Breaded Mozzarella Cheese Sticks

493 cal

Marinara Dipping Cup

40 cal

Dill Chicken Patty Sandwich

351 cal

Grilled Chicken Salad

199 cal

Croutons

284 cal

Chocolate Chip Muffin Platter

417 cal

Seasoned Black Beans

142 cal

7

Orange Chicken

388 cal

Rice with Veggies

241 cal

Macaroni and Cheese

350 cal

Dinner Roll

80 cal

Jamaican Beef Patty

460 cal

Chicken Tender Wrap

142 cal

Garden Salad with Egg & Cheese

284 cal

Croutons

142 cal

Broccoli

38 cal

8

Pierogies and Kielbasa

313 cal

Breadstick

110 cal

Chicken Nuggets

236 cal

Plant-Based Nuggets

256 cal

Wild Mike's Cheesy Bites

422 cal

Marinara Dipping Cup

40 cal

Buffalo Chicken Bites Salad

329 cal

Croutons

142 cal

Tuscan Green Beans

48 cal

9

Mini Twin Cheeseburgers

316 cal

Cheese Pizza Crunchers

661 cal

Meat Lovers Stromboli

310 cal

Marinara Dipping Cup

40 cal

Chocolate Chip Muffin Platter

417 cal

Potato Smiles

196 cal

12

No menu published

13

Chicken Soft Taco

397 cal

Black Beans & Rice and

136 cal

Salsa

25 cal

Shredded Lettuce

14 cal

Sliced Jalapenos

40 cal

Hamburger

319 cal

Cheeseburger

355 cal

Meat Lovers Stromboli

310 cal

Marinara Dipping Cup

40 cal

Grilled Chicken Caesar Salad

158 cal

Croutons

284 cal

Caesar Dressing

340 cal

Banana Muffin Platter

387 cal

Yuca Fries

219 cal

14

Penne Pasta with Meatballs

391 cal

Breadstick

110 cal

Breaded Mozzarella Cheese Sticks

493 cal

Marinara Dipping Cup

40 cal

Spicy Chicken Sandwich

350 cal

Italian Sub

416 cal

Yogurt & Cheese Cube Platter

400 cal

Green Beans

40 cal

15

Chicken and Vegetable Potstickers

465 cal

Deep Dish Cheese Pizza

310 cal

Buffalo Chicken Bites

419 cal

Chicken Tenders Salad

290 cal

Croutons

142 cal

Asian Broccoli

75 cal

16

Chicken Nuggets

236 cal

Brazilian Sweet Bread

100 cal

Plant-Based Nuggets

256 cal

Corn dog

240 cal

Meat Trio Pizza Wedge

350 cal

Banana Muffin Platter

387 cal

Potato Sticks

100 cal

19

BBQ Pulled Pork

300 cal

Hushpuppies

150 cal

Macaroni and Cheese

350 cal

Jamaican Beef Patty

460 cal

Turkey and Cheese Sub

337 cal

Turkey and Cheese Wrap

367 cal

BBQ Baked Beans

205 cal

20

Beef Nachos w/Tortilla Chips

428 cal

Cheesy Hotz Chicken Bites

217 cal

Dinner Roll

80 cal

Dill Chicken Bites

378 cal

Popcorn Chicken Salad

312 cal

Croutons

142 cal

Chocolate Chip Muffin Platter

417 cal

Sliced Sweet Plantains

280 cal

21

Beef and Broccoli Ramen Bowl

505 cal

Cheese Stuffed Crust Wedge Pizza

309 cal

Pepperoni Stuffed Crust Wedge Pizza

310 cal

Spicy Chicken Sandwich

350 cal

Nashville Hot Chicken Wrap

466 cal

Strawberry Yogurt Parfait

277 cal

Mini Graham Bite Chortles

220 cal

Peas and Carrots

74 cal

22

Chicken and Mashed Potato Bowl

420 cal

Classic Whole Grain Biscuit

159 cal

Grilled Cheese Sandwich

320 cal

Meat Lovers Stromboli

310 cal

Marinara Dipping Cup

40 cal

Chef Salad with Turkey and Egg

208 cal

Croutons

284 cal

Corn

80 cal

23

Chicken Patty Sandwich

351 cal

Breaded Mozzarella Cheese Sticks

493 cal

Marinara Dipping Cup

40 cal

Fiesta Pizza

360 cal

Chocolate Chip Muffin Platter

417 cal

Broccoli

38 cal

Pickle

4 cal

26

Asian Chicken Bites

331 cal

Dinner Roll

80 cal

Spicy Chicken Sandwich

350 cal

Deep Dish Cheese Pizza

310 cal

Italian Sub

416 cal

Green Peas

89 cal

27

Kielbasa Sub

400 cal

Chicken Fajita

400 cal

Spanish Rice

230 cal

Corn dog

240 cal

Grilled Chicken Caesar Salad

158 cal

Croutons

284 cal

Caesar Dressing

340 cal

Blueberry Muffin Platter

424 cal

Seasoned Red Beans

166 cal

28

Pasta Penne with Meat Sauce

468 cal

Penne Pasta

262 cal

Breadstick

110 cal

Chicken Tenders

439 cal

Meat Lovers Stromboli

310 cal

Marinara Dipping Cup

40 cal

Mandarin Chicken Salad

338 cal

Croutons

142 cal

Turkey and Cheese Sub

337 cal

Turkey and Cheese Wrap

367 cal

Broccoli

38 cal

29

Chicken Adobo

383 cal

Brown Rice

99 cal

Wild Mike's Cheesy Bites

422 cal

Marinara Dipping Cup

40 cal

Jamaican Beef Patty

460 cal

Chicken Tender Wrap

142 cal

Green Beans

40 cal

30

Mini Twin Cheeseburgers

316 cal

Cheese Stuffed Crust Wedge Pizza

309 cal

Pepperoni Stuffed Crust Wedge Pizza

310 cal

Cheesy Hotz Chicken Bites

217 cal

Dinner Roll

80 cal

Blueberry Muffin Platter

424 cal

Potato Smiles

196 cal

Frozen Italian Ice

90 cal