



LUNCH

OCTOBER 2026

Bodwell Academy

Palm Beach County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

- 5**
- CHICKEN PATTY SANDWICH** 340 cal
 - Buffalo Chicken Bites 419 cal
 - Italian Sub 416 cal
 - Grape PB&J Sandwich 590 cal
 - or
 - Grape Soybutter Sandwich Platter 450 cal
 - Sweet Potato Waffle Fries 183 cal

- 6**
- WALKING TACO** 367 cal
 - Salsa and Shredded Lettuce 25 cal
 - Sour Cream 14 cal
 - Taco Sauce 60 cal
 - High offering: Sliced Jalapenos 10 cal
 - Breaded Mozzarella Cheese Sticks 493 cal
 - Marinara Dipping Cup 40 cal
 - Grilled Chicken Salad 199 cal
 - Croutons 284 cal
 - Chocolate Chip Muffin Platter 417 cal
 - Seasoned Black Beans 142 cal

- 7**
- ORANGE CHICKEN** 388 cal
 - Rice with Veggies 241 cal
 - Macaroni and Cheese 350 cal
 - Dinner Roll 80 cal
 - Garden Salad with Egg & Cheese 142 cal
 - Croutons 284 cal
 - Broccoli 38 cal

- 1**
- HAMBURGER** 319 cal
 - or
 - Cheeseburger 355 cal
 - Cheese Pizza 661 cal
 - Crunchers 312 cal
 - Popcorn Chicken Salad 142 cal
 - Croutons 142 cal
 - Potato Sticks 100 cal
 - Pickle 4 cal

- 2**
- CHICKEN PATTY SANDWICH** 351 cal
 - Wild Mike's Cheesy Bites 420 cal
 - Marinara Dipping Cup 40 cal
 - Blueberry Muffin Platter 424 cal
 - Corn 80 cal

12

No menu published

- 13**
- CHICKEN SOFT TACO** 397 cal
 - Black Beans & Rice and Salsa 136 cal
 - Shredded Lettuce 25 cal
 - Taco Sauce 14 cal
 - High offering: Sliced Jalapenos 10 cal
 - Meat Lovers Stromboli 310 cal
 - Marinara Dipping Cup 40 cal
 - Grilled Chicken Caesar Salad 158 cal
 - Croutons 284 cal
 - Caesar Dressing 340 cal
 - Banana Muffin Platter 387 cal
 - Seasoned Black Beans 142 cal

- 14**
- PENNE PASTA WITH MEATBALLS** 391 cal
 - Breadstick 110 cal
 - Breaded Mozzarella Cheese Sticks 493 cal
 - Marinara Dipping Cup 40 cal
 - Italian Sub 416 cal
 - Yogurt & Cheese Cube Platter 400 cal
 - Green Beans 40 cal

- 15**
- CHICKEN AND VEGETABLE POTSTICKERS** 465 cal
 - Deep Dish Cheese Pizza 310 cal
 - Chicken Tenders Salad 290 cal
 - Croutons 142 cal
 - Grape PB&J Sandwich 590 cal
 - or
 - Grape Soybutter Sandwich Platter 450 cal
 - Asian Broccoli 75 cal

- 16**
- CHICKEN NUGGETS** 236 cal
 - Brazilian Sweet Bread 100 cal
 - Plant-Based Nuggets 256 cal
 - Meat Trio Pizza Wedge 350 cal
 - Banana Muffin Platter 387 cal
 - Potato Sticks 100 cal

- 19**
- BBQ PULLED PORK** 300 cal
 - Hushpuppies 301 cal
 - Macaroni and Cheese 350 cal
 - Turkey and Cheese Sub 337 cal
 - Grape PB&J Sandwich 590 cal
 - or
 - Grape Soybutter Sandwich Platter 450 cal
 - BBQ Baked Beans 205 cal

- 20**
- BEEF NACHOS W/TORTILLA CHIPS** 428 cal
 - Dill Chicken Bites 378 cal
 - Dinner Roll 80 cal
 - Popcorn Chicken Salad 312 cal
 - Croutons 142 cal
 - Chocolate Chip Muffin Platter 417 cal
 - Sliced Sweet Plantains 280 cal

- 21**
- BEEF AND BROCCOLI RAMEN BOWL** 505 cal
 - Individual Cheese Pizza 330 cal
 - Nashville Hot Chicken Wrap 466 cal
 - Strawberry Yogurt Parfait 277 cal
 - High offering: Mini Graham Bite 220 cal
 - Chortles 74 cal
 - Peas and Carrots 74 cal

- 22**
- CHICKEN AND MASHED POTATO BOWL** 420 cal
 - Classic Whole Grain Biscuit 159 cal
 - Jamaican Beef Patty 460 cal
 - Taco Sauce 10 cal
 - Chef Salad with Turkey and Egg 208 cal
 - Croutons 284 cal
 - Grape PB&J Sandwich 590 cal
 - or
 - Grape Soybutter Sandwich Platter 450 cal
 - Corn 80 cal

- 23**
- CHICKEN PATTY SANDWICH** 351 cal
 - Breaded Mozzarella Cheese Sticks 407 cal
 - Marinara Dipping Cup 40 cal
 - Chocolate Chip Muffin Platter 417 cal
 - Broccoli 38 cal
 - Pickle 4 cal

- 26**
- ASIAN CHICKEN BITES** 331 cal
 - Dinner Roll 80 cal
 - Spicy Chicken Sandwich 350 cal
 - Italian Sub 416 cal
 - Grape PB&J Sandwich 590 cal
 - or
 - Grape Soybutter Sandwich Platter 450 cal
 - Green Peas 89 cal

- 27**
- CHICKEN FAJITA** 400 cal
 - Spanish Rice 230 cal
 - Corndog 240 cal
 - Blueberry Muffin Platter 424 cal
 - Seasoned Red Beans 166 cal

- 28**
- PASTA PENNE WITH MEAT SAUCE** 468 cal
 - or
 - Penne Pasta 262 cal
 - Breadstick 110 cal
 - Chicken Tenders 439 cal
 - Turkey and Cheese Sub 337 cal
 - Mini Mandarin Popcorn Chicken Salad 335 cal
 - Croutons 142 cal
 - Broccoli 38 cal

- 29**
- CHICKEN ADOBO** 383 cal
 - Brown Rice 99 cal
 - Wild Mike's Cheesy Bites 281 cal
 - Marinara Dipping Cup 40 cal
 - Chicken Tender Wrap 461 cal
 - PBJ Grape Sandwich Platter 461 cal
 - or
 - Grape Soybutter Sandwich Platter 450 cal
 - Green Beans 40 cal

- 30**
- MINI TWIN CHEESEBURGERS** 316 cal
 - Cheese Pizza 310 cal
 - Blueberry Muffin Platter 424 cal
 - Potato Smiles 131 cal
 - Frozen Italian Ice 90 cal

Served every day:
• offered with

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrilisce