



LUNCH

OCTOBER 2026

Binks Forest Elementary

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5		
🍔	Chicken Patty Sandwich	351 cal
🌭	Hot Dog	309 cal
🥗	offered with	
🥗	Relish	15 cal
🍔	PBJ Grape Sandwich Platter	461 cal
🥗	or	
🍔	Grape Soybuter Sandwich Platter	450 cal
🍟	Sweet Potato Waffle Fries	183 cal

6		
🌮	Walking Taco	367 cal
🥗	offered with	
🥗	Salsa and	25 cal
🥗	Shredded Lettuce	14 cal
🥗	Sour Cream	60 cal
🥗	Taco Sauce	10 cal
🥗	Breaded Mozzarella Cheese Sticks	407 cal
🥗	Marinara Dipping Cup	40 cal
🥗	Chocolate Chip Muffin Platter	417 cal
🥗	Seasoned Black Beans	142 cal

7		
🍔	Orange Chicken	388 cal
🥗	offered with	
🥗	Rice with Veggies	241 cal
🥗	Macaroni and Cheese	350 cal
🥗	Dinner Roll	80 cal
🥗	Garden Salad with Egg & Cheese	142 cal
🥗	Croutons	284 cal
🥗	Broccoli	38 cal

8		
🍔	Pierogies and Kielbasa	313 cal
🥗	offered with	
🥗	Breadstick	110 cal
🥗	Chicken Nuggets	168 cal
🥗	Plant Based Nuggets	214 cal
🥗	PBJ Grape Sandwich Platter	461 cal
🥗	or	
🥗	Grape Soybuter Sandwich Platter	450 cal
🥗	Tuscan Green Beans	48 cal

9		
🍔	Mini Twin Cheeseburgers	316 cal
🍔	Cheese Pizza Crunchers	440 cal
🍔	Chocolate Chip Muffin Platter	417 cal
🍔	Potato Smiles	131 cal

12		
	No menu published	

13		
🍔	Chicken Soft Taco	397 cal
🥗	offered with	
🥗	Black Beans & Rice and	136 cal
🥗	Salsa	25 cal
🥗	Shredded Lettuce	14 cal
🥗	Hamburger	319 cal
🥗	or	
🥗	Cheeseburger	355 cal
🥗	Banana Muffin Platter	387 cal
🥗	Yuca Fries	219 cal

14		
🍔	It's Circus Ring Penne Pasta with Meatballs Today!	
🍔	Penne Pasta with Meatballs	391 cal
🥗	offered with	
🥗	Breadstick	110 cal
🥗	It's Acrobat Breaded Mozzarella Cheese Sticks Today!	
🥗	Breaded Mozzarella Cheese Sticks	407 cal
🥗	Marinara Dipping Cup	40 cal
🥗	Yogurt & Cheese Cube Platter	400 cal
🥗	Green Beans	40 cal

15		
🍔	It's Ringling Chicken & Vegetable Potstickers with Ramen Today!	
🍔	Chicken & Vegetable Potstickers with Ramen	427 cal
🥗	offered with	
🥗	It's Trapeze Deep Dish Cheese Pizza Today!	
🥗	Deep Dish Cheese Pizza	310 cal
🥗	PBJ Grape Sandwich Platter	461 cal
🥗	or	
🥗	Grape Soybuter Sandwich Platter	450 cal
🥗	Asian Broccoli	75 cal

16		
🍔	It's Clown Car Chicken Nuggets Today!	
🍔	Chicken Nuggets	168 cal
🥗	offered with	
🥗	Brazilian Sweet Bread	100 cal
🥗	It's Plant-Powered Clown Car Nuggets Today!	
🥗	Plant Based Nuggets	214 cal
🥗	It's Carnival Corndog Today!	
🥗	Corndog	240 cal
🥗	Banana Muffin Platter	387 cal
🥗	Potato Sticks	100 cal

19		
🍔	BBQ Pulled Pork	300 cal
🥗	offered with	
🥗	Hushpuppies	150 cal
🥗	Macaroni and Cheese	350 cal
🥗	PBJ Grape Sandwich Platter	461 cal
🥗	or	
🥗	Grape Soybuter Sandwich Platter	450 cal
🥗	BBQ Baked Beans	205 cal

20		
🍔	Beef Nachos w/Tortilla Chips	428 cal
🥗	Dill Chicken Bites	236 cal
🥗	offered with	
🥗	Dinner Roll	80 cal
🥗	Chocolate Chip Muffin Platter	417 cal
🥗	Sliced Sweet Plantains	280 cal

21		
🍔	Beef and Broccoli Ramen Bowl	505 cal
🥗	Cheese Pizza	310 cal
🥗	Strawberry Yogurt Parfait	164 cal
🥗	offered with	
🥗	Mini Graham Bite	110 cal
🥗	Chortles	
🥗	Peas and Carrots	74 cal

22		
🍔	Chicken and Mashed Potato Bowl	420 cal
🥗	offered with	
🥗	Classic Whole Grain Biscuit	159 cal
🥗	Grilled Cheese Sandwich	320 cal
🥗	PBJ Grape Sandwich Platter	461 cal
🥗	or	
🥗	Grape Soybuter Sandwich Platter	450 cal
🥗	Corn	80 cal

23		
🍔	Chicken Patty Sandwich	351 cal
🥗	Breaded Mozzarella Cheese Sticks	407 cal
🥗	offered with	
🥗	Marinara Dipping Cup	40 cal
🥗	Chocolate Chip Muffin Platter	417 cal
🥗	Broccoli	38 cal
🥗	Pickle	4 cal

26		
🍔	Asian Chicken Bites	221 cal
🥗	offered with	
🥗	Dinner Roll	80 cal
🥗	Deep Dish Cheese Pizza	310 cal
🥗	PBJ Grape Sandwich Platter	461 cal
🥗	or	
🥗	Grape Soybuter Sandwich Platter	450 cal
🥗	Green Peas	89 cal

27		
🍔	Kielbasa Sub	
🥗	Corndog	240 cal
🥗	Blueberry Muffin Platter	424 cal
🥗	Seasoned Red Beans	166 cal

28		
🍔	Pasta Penne with Meat Sauce	468 cal
🥗	offered with	
🥗	Penne Pasta	262 cal
🥗	offered with	
🥗	Breadstick	110 cal
🥗	Chicken Tenders	292 cal
🥗	Mini Mandarin Popcorn	335 cal
🥗	Chicken Salad	142 cal
🥗	Croutons	142 cal
🥗	Broccoli	38 cal

29		
🍔	Chicken Adobo	383 cal
🥗	offered with	
🥗	Brown Rice	99 cal
🥗	Wild Mike's Cheesy Bites	281 cal
🥗	Marinara Dipping Cup	40 cal
🥗	PBJ Grape Sandwich Platter	461 cal
🥗	or	
🥗	Grape Soybuter Sandwich Platter	450 cal
🥗	Green Beans	40 cal

30		
🍔	Mini Twin Cheeseburgers	316 cal
🍔	Cheese Pizza	310 cal
🍔	Blueberry Muffin Platter	424 cal
🍔	Potato Smiles	131 cal
🍔	Frozen Italian Ice	90 cal

EVERY DAY

🍔 Turkey & Cheese Sandwich

Menu subject to change.