



# Beacon Cove Intermediate

Lunch · October 2026

**Monday****Tuesday****Wednesday****Thursday****Friday**

- 5**
- Chicken Patty Sandwich** 351 cal
  - Hot Dog 309 cal
  - offered with
  - Relish 15 cal
  - PBJ Grape Sandwich Platter 461 cal
  - or
  - Grape Soybuter Sandwich Platter 450 cal
  - Sweet Potato Waffle Fries 183 cal

- 6**
- Walking Taco** 367 cal
  - offered with
  - Salsa 25 cal
  - and
  - Shredded Lettuce 14 cal
  - Sour Cream 60 cal
  - Taco Sauce 10 cal
  - Breaded Mozzarella Cheese Sticks 407 cal
  - Marinara Dipping Cup 40 cal
  - Chocolate Chip Muffin Platter 417 cal
  - Seasoned Black Beans 142 cal

- 7**
- Orange Chicken** 388 cal
  - offered with
  - Rice with Veggies 241 cal
  - Macaroni and Cheese 350 cal
  - Dinner Roll 80 cal
  - Garden Salad with Egg & Cheese 142 cal
  - Croutons 284 cal
  - Broccoli 38 cal

- 1**
- Hamburger** 319 cal
  - or
  - Cheeseburger 355 cal
  - Cheese Pizza 440 cal
  - Crunchers
  - PBJ Grape Sandwich Platter 461 cal
  - Grape Soybuter Sandwich Platter 450 cal
  - Potato Sticks 100 cal
  - Pickle 4 cal

- 2**
- Chicken and Waffle** 530 cal
  - Wild Mike's Cheesy Bites 281 cal
  - offered with
  - Marinara Dipping Cup 40 cal
  - Blueberry Muffin Platter 424 cal
  - Corn 80 cal

- 8**
- Pierogies and Kielbasa** 313 cal
  - offered with
  - Breadstick 110 cal
  - Chicken Nuggets 168 cal
  - Plant Based Nuggets 214 cal
  - PBJ Grape Sandwich Platter 461 cal
  - or
  - Grape Soybuter Sandwich Platter 450 cal
  - Tuscan Green Beans 48 cal

- 9**
- Mini Twin Cheeseburgers** 316 cal
  - Cheese Pizza 440 cal
  - Crunchers
  - Chocolate Chip Muffin Platter 417 cal
  - Potato Smiles 131 cal

No menu published

- 13**
- Chicken Soft Taco** 397 cal
  - offered with
  - Black Beans & Rice 136 cal
  - and
  - Salsa 25 cal
  - Shredded Lettuce 14 cal
  - Hamburger 319 cal
  - or
  - Cheeseburger 355 cal
  - Banana Muffin Platter 387 cal
  - Yuca Fries 219 cal

- 14**
- It's Circus Ring Penne Pasta with Meatballs Today!** 391 cal
  - Penne Pasta with Meatballs
  - offered with
  - Breadstick 110 cal
  - It's Acrobat Breaded Mozzarella Cheese Sticks Today!
  - Breaded Mozzarella Cheese Sticks 407 cal
  - Marinara Dipping Cup 40 cal
  - Yogurt & Cheese 400 cal
  - Cube Platter
  - Green Beans 40 cal

- 15**
- It's Ringling Chicken & Vegetable Potstickers with Ramen Today!** 427 cal
  - Chicken & Vegetable Potstickers with Ramen
  - It's Trapeze Deep Dish Cheese Pizza Today!
  - Deep Dish Cheese Pizza 310 cal
  - PBJ Grape Sandwich Platter 461 cal
  - or
  - Grape Soybuter Sandwich Platter 450 cal
  - Asian Broccoli 75 cal

- 16**
- It's Clown Car Chicken Nuggets Today!** 168 cal
  - Chicken Nuggets
  - offered with
  - Brazilian Sweet Bread 100 cal
  - It's Plant-Powered Clown Car Nuggets Today!
  - Plant Based Nuggets 214 cal
  - It's Carnival Corndog Today!
  - Cornog 240 cal
  - Banana Muffin Platter 387 cal
  - Potato Sticks 100 cal

- 19**
- BBQ Pulled Pork** 300 cal
  - offered with
  - Hushpuppies 150 cal
  - Macaroni and Cheese 350 cal
  - PBJ Grape Sandwich Platter 461 cal
  - or
  - Grape Soybuter Sandwich Platter 450 cal
  - BBQ Baked Beans 205 cal

- 20**
- Beef Nachos w/Tortilla Chips** 428 cal
  - Dill Chicken Bites 236 cal
  - offered with
  - Dinner Roll 80 cal
  - Chocolate Chip Muffin Platter 417 cal
  - Sliced Sweet Plantains 280 cal

- 21**
- Beef and Broccoli Ramen Bowl** 505 cal
  - Cheese Pizza 310 cal
  - Strawberry Yogurt Parfait 164 cal
  - offered with
  - Mini Graham Bite 110 cal
  - Chortles
  - Peas and Carrots 74 cal

- 22**
- Chicken and Mashed Potato Bowl** 420 cal
  - offered with
  - Classic Whole Grain Biscuit 159 cal
  - Grilled Cheese Sandwich 320 cal
  - PBJ Grape Sandwich Platter 461 cal
  - or
  - Grape Soybuter Sandwich Platter 450 cal
  - Corn 80 cal

- 23**
- Chicken Patty Sandwich** 351 cal
  - Breaded Mozzarella Cheese Sticks 407 cal
  - offered with
  - Marinara Dipping Cup 40 cal
  - Chocolate Chip Muffin Platter 417 cal
  - Broccoli 38 cal
  - Pickle 4 cal

- 26**
- Asian Chicken Bites** 221 cal
  - offered with
  - Dinner Roll 80 cal
  - Deep Dish Cheese Pizza 310 cal
  - PBJ Grape Sandwich Platter 461 cal
  - or
  - Grape Soybuter Sandwich Platter 450 cal
  - Green Peas 89 cal

- 27**
- Kielbasa Sub** 240 cal
  - Cornog 240 cal
  - Blueberry Muffin Platter 424 cal
  - Seasoned Red Beans 166 cal

- 28**
- Pasta Penne with Meat Sauce** 468 cal
  - or
  - Penne Pasta 262 cal
  - offered with
  - Breadstick 110 cal
  - Chicken Tenders 292 cal
  - Mini Mandarin Popcorn 335 cal
  - Chicken Salad
  - Croutons 142 cal
  - Broccoli 38 cal

- 29**
- Chicken Adobo** 383 cal
  - offered with
  - Brown Rice 99 cal
  - Wild Mike's Cheesy Bites 281 cal
  - Marinara Dipping Cup 40 cal
  - PBJ Grape Sandwich Platter 461 cal
  - or
  - Grape Soybuter Sandwich Platter 450 cal
  - Green Beans 40 cal

- 30**
- Mini Twin Cheeseburgers** 316 cal
  - Cheese Pizza 310 cal
  - Blueberry Muffin Platter 424 cal
  - Potato Smiles 131 cal
  - Frozen Italian Ice 90 cal

**Served every day**

- Turkey & Cheese Sandwich