



LUNCH OCTOBER 2026

A.W. Dreyfoos High

Palm Beach County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Chicken Patty Sandwich	351 cal
Hot Dog	309 cal
Relish	15 cal
Buffalo Chicken Bites	419 cal
Italian Sub	416 cal
Sweet Potato Waffle Fries	183 cal

6

Walking Taco	367 cal
Salsa	25 cal
Shredded Lettuce	14 cal
Sliced Jalapenos	40 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Dill Chicken Patty Sandwich	351 cal
Grilled Chicken Salad	199 cal
Croutons	284 cal
Chocolate Chip Muffin Platter	417 cal
Seasoned Black Beans	142 cal

7

Orange Chicken	388 cal
Rice with Veggies	241 cal
Macaroni and Cheese	350 cal
Dinner Roll	80 cal
Jamaican Beef Patty	460 cal
Chicken Tender Wrap	142 cal
Garden Salad with Egg & Cheese	284 cal
Croutons	142 cal
Broccoli	38 cal

1

Hamburger	319 cal
Cheeseburger	355 cal
Cheese Pizza Crunchers	661 cal
Cheezy Hotz Chicken Bites	217 cal
Dinner Roll	80 cal
Popcorn Chicken Salad	312 cal
Croutons	142 cal
Potato Sticks	100 cal
Pickle	4 cal

2

Southern Hot Chicken and Waffle	564 cal
Wild Mike's Cheesy Bites	422 cal
Marinara Dipping Cup	40 cal
Jamaican Beef Patty	460 cal
Blueberry Muffin Platter	424 cal
Corn	80 cal

8

Pierogies and Kielbasa	313 cal
Breadstick	110 cal
Chicken Nuggets	236 cal
Plant-Based Nuggets	256 cal
Wild Mike's Cheesy Bites	422 cal
Marinara Dipping Cup	40 cal
Buffalo Chicken Bites Salad	329 cal
Croutons	142 cal
Tuscan Green Beans	48 cal

9

Mini Twin Cheeseburgers	316 cal
Cheese Pizza Crunchers	661 cal
Meat Lovers Stromboli	310 cal
Marinara Dipping Cup	40 cal
Chocolate Chip Muffin Platter	417 cal
Potato Smiles	196 cal

12

No menu published

13

Chicken Soft Taco	397 cal
Black Beans & Rice	136 cal
Salsa	25 cal
Shredded Lettuce	14 cal
Sliced Jalapenos	40 cal
Hamburger	319 cal
Cheeseburger	355 cal
Meat Lovers Stromboli	310 cal
Marinara Dipping Cup	40 cal
Grilled Chicken Caesar Salad	158 cal
Croutons	284 cal
Caesar Dressing	340 cal
Banana Muffin Platter	387 cal
Yuca Fries	219 cal

14

Penne Pasta with Meatballs	391 cal
Breadstick	110 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Spicy Chicken Sandwich	350 cal
Italian Sub	416 cal
Yogurt & Cheese Cube Platter	400 cal
Green Beans	40 cal

15

Chicken and Vegetable Potstickers	465 cal
Deep Dish Cheese Pizza	310 cal
Buffalo Chicken Bites	419 cal
Chicken Tenders Salad	290 cal
Croutons	142 cal
Asian Broccoli	75 cal

16

Chicken Nuggets	236 cal
Brazilian Sweet Bread	100 cal
Plant-Based Nuggets	256 cal
Corndog	240 cal
Meat Trio Pizza Wedge	350 cal
Banana Muffin Platter	387 cal
Potato Sticks	100 cal

19

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Macaroni and Cheese	350 cal
Jamaican Beef Patty	460 cal
Turkey and Cheese Sub	337 cal
Turkey and Cheese Wrap	367 cal
BBQ Baked Beans	205 cal

20

Beef Nachos w/Tortilla Chips	428 cal
Cheezy Hotz Chicken Bites	217 cal
Dinner Roll	80 cal
Dill Chicken Bites	378 cal
Popcorn Chicken Salad	312 cal
Croutons	142 cal
Chocolate Chip Muffin Platter	417 cal
Sliced Sweet Plantains	280 cal

21

Beef and Broccoli Ramen Bowl	505 cal
Cheese Stuffed Crust Wedge Pizza	309 cal
Pepperoni Stuffed Crust Wedge Pizza	310 cal
Spicy Chicken Sandwich	350 cal
Nashville Hot Chicken Wrap	466 cal
Strawberry Yogurt Parfait	277 cal
Mini Graham Bite Chortles	220 cal
Peas and Carrots	74 cal

22

Chicken and Mashed Potato Bowl	420 cal
Classic Whole Grain Biscuit	159 cal
Grilled Cheese Sandwich	320 cal
Meat Lovers Stromboli	310 cal
Marinara Dipping Cup	40 cal
Chef Salad with Turkey and Egg	208 cal
Croutons	284 cal
Corn	80 cal

23

Chicken Patty Sandwich	351 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Fiesta Pizza	360 cal
Chocolate Chip Muffin Platter	417 cal
Broccoli	38 cal
Pickle	4 cal

26

Asian Chicken Bites	331 cal
Dinner Roll	80 cal
Spicy Chicken Sandwich	350 cal
Deep Dish Cheese Pizza	310 cal
Italian Sub	416 cal
Green Peas	89 cal

27

Kielbasa Sub	
Chicken Fajita	400 cal
Spanish Rice	230 cal
Corndog	240 cal
Grilled Chicken Caesar Salad	158 cal
Croutons	284 cal
Caesar Dressing	340 cal
Blueberry Muffin Platter	424 cal
Seasoned Red Beans	166 cal

28

Pasta Penne with Meat Sauce	468 cal
Penne Pasta	262 cal
Breadstick	110 cal
Chicken Tenders	439 cal
Meat Lovers Stromboli	310 cal
Marinara Dipping Cup	40 cal
Mandarin Chicken Salad	338 cal
Croutons	142 cal
Turkey and Cheese Sub	337 cal
Turkey and Cheese Wrap	367 cal
Broccoli	38 cal

29

Chicken Adobo	383 cal
Brown Rice	99 cal
Wild Mike's Cheesy Bites	422 cal
Marinara Dipping Cup	40 cal
Jamaican Beef Patty	460 cal
Chicken Tender Wrap	142 cal
Green Beans	40 cal

30

Mini Twin Cheeseburgers	316 cal
Cheese Stuffed Crust Wedge Pizza	309 cal
Pepperoni Stuffed Crust Wedge Pizza	310 cal
Cheezy Hotz Chicken Bites	217 cal
Dinner Roll	80 cal
Blueberry Muffin Platter	424 cal
Potato Smiles	196 cal
Frozen Italian Ice	90 cal

EVERY DAY

- or
- offered with
- Turkey & Cheese Sandwich
- Grape PB&J Sandwich
- Grape Soybutter Sandwich Platter

Menu subject to change.