



# FRESH & FAST OCTOBER 2026

## Atlantic High

Palm Beach County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|                                       |                                                      |                                       |                                                      |                                       |
|---------------------------------------|------------------------------------------------------|---------------------------------------|------------------------------------------------------|---------------------------------------|
|                                       |                                                      |                                       | 1<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal  | 2<br>Chicken Teriyaki<br>Box 499 cal  |
| 5<br>Chicken Teriyaki<br>Box 499 cal  | 6<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal  | 7<br>Chicken Teriyaki<br>Box 499 cal  | 8<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal  | 9<br>Chicken Teriyaki<br>Box 499 cal  |
| 12<br>No menu published               | 13<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal | 14<br>Chicken Teriyaki<br>Box 499 cal | 15<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal | 16<br>Chicken Teriyaki<br>Box 499 cal |
| 19<br>Chicken Teriyaki<br>Box 499 cal | 20<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal | 21<br>Chicken Teriyaki<br>Box 499 cal | 22<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal | 23<br>Chicken Teriyaki<br>Box 499 cal |
| 26<br>Chicken Teriyaki<br>Box 499 cal | 27<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal | 28<br>Chicken Teriyaki<br>Box 499 cal | 29<br>Teriyaki Chicken with<br>Ramen Noodles 515 cal | 30<br>Chicken Teriyaki<br>Box 499 cal |

### EVERY DAY

- 🌮 Cheesy Chorizo and Chips
- 🥙 Jamaican Beef Turnover
- 🥪 Spicy Chicken Patty Sandwich with Pepper Jack Cheese
- 🥪 Dill Chicken Patty Sandwich
- 🍕 Pepperoni Stromboli
- 🍷 offered with
- 🍷 Marinara Dipping Cup
- 🍕 Cheese Pizza

Menu subject to change.

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice