

Wyndham Lakes Elementary School

Supper · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

- Chicken Corn Dog** 250 cal
- Sandwich, Cheese Croissant 330 cal
- Black Forest Ham & Cheddar Sandwich 290 cal
- Fresh Steamed Broccoli 54 cal
- Mango Splash Vegetable Juice 60 cal
- Harvest Treats Veg Juice 50 cal
- Diced Pear Cup 70 cal
- Diced Peach Cup 70 cal
- Mix Fruit Cup 80 cal
- Cheeseburger 339 cal
- Hamburger, 2.0 oz 304 cal

6

- Breaded Chicken Tenders, K-8** 280 cal
- Pork Rib Sandwich, Onion Rings & Pickles 620 cal
- Sandwich, PBJ 5-3 oz 600 cal
- PBJ, 2.6 oz & Cheese 380 cal
- Seasoned Crispy Fries 81 cal
- Cucumber Dippers with Ranch Dressing 61 cal
- Orange Wedges 76 cal
- Fresh Apple Slices 30 cal
- Fresh Tangerine 40 cal
- Red Delicious Apple 75 cal
- Applesauce, Strawberry 4.5 oz 50 cal
- Applesauce, Cinnamon 4.5 oz 90 cal

7

- Chicken Wings, 4 each** 418 cal
- Turkey & American on Bun 251 cal
- Sweet Brazilian Bun 170 cal
- Steamed Carrots 69 cal
- Coleslaw 130 cal
- Red Delicious Apple 75 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal
- Fruit Juice Blend 60 cal
- Apple Juice 60 cal
- Applesauce, Strawberry 4.5 oz 50 cal
- Applesauce, Cinnamon 4.5 oz 90 cal
- Applesauce 4.5 oz 60 cal
- Applesauce, Birthday Cake 4.5 oz 70 cal
- Breaded Chicken Nuggets 330 cal

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- Four Cheese Pizza Wedge** 330 cal
- Fresh Steamed Broccoli 54 cal
- Fresh Apple Slices 30 cal

2

- Breaded Chicken Tenders, K-8** 280 cal
- Tater Tots 113 cal
- Peach Cup 90 cal
- Pineapple, Wedges Frozen 30 cal

8

- Stuffed Cheesy Breadstick** 300 cal
- Rotisserie Chicken and Cheese Sandwich 280 cal
- Fresh Broccoli Dippers with Ranch Dressing 60 cal
- Dark Green Side Salad 21 cal
- Pineapple, Wedges Frozen 30 cal
- Fresh Tangerine 40 cal
- Red Delicious Apple 75 cal
- Fresh Apple Slices 30 cal
- Banana, fresh 146 cal
- Orange Wedges 76 cal
- Grilled Cheese Sandwich 309 cal

9

- Hamburger, 2.0 oz** 304 cal
- Cheeseburger 339 cal
- Turkey & American Sub 311 cal
- Tater Tots 113 cal
- Mandarin Carrot Slaw 67 cal
- Carrot Dippers with Ranch Dressing 81 cal
- Pineapple, Wedges Frozen 30 cal
- Fresh Tangerine 40 cal
- Red Delicious Apple 75 cal
- Fresh Apple Slices 30 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

12

No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

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No menu published

Served every day

Assorted Milk