

Monday	Tuesday	Wednesday	Thursday	Friday
			1 - STUFFED CHEESY BREADSTICK 300 cal - Garlic French Bread Cheese Pizza 383 cal - Twisted Garlic French Bread Pepperoni Pizza 416 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Dark Green Side Salad 21 cal - Fruit Juice Blend 60 cal - Fresh Tangerine 40 cal - Applesauce 4.5 oz 60 cal	2 - BREADED CHICKEN SANDWICH 340 cal - Spicy Breaded Chicken Sandwich 340 cal - Breaded Chicken Nuggets 330 cal - Sandwich, Cheese Croissant 330 cal - Sweet Brazilian Bun 170 cal - Coleslaw 130 cal - Cucumber Dippers with Ranch Dressing 61 cal - Raisels 27 cal - Red Delicious Apple 75 cal - Applesauce 4.5 oz 60 cal
5 - CHICKEN WAFFLES SANDWICH 377 cal - Black Forest Ham & Cheddar Sandwich 290 cal - WG Cheese Pizza 376 cal - WG Buffalo Chicken Pizza 361 cal - Hamburger, 3.0 oz 375 cal - Cheeseburger 410 cal - Turkey Bacon Cheeseburger 460 cal - Popcorn Chicken and Mini Belgium Waffles 413 cal - Emoji Fries 130 cal - Mango Splash Vegetable Juice 60 cal - Harvest Treats Veg Juice 50 cal - Harvest Treats Veg Juice - SD 50 cal - Mix Fruit Cup 80 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Golden Delicious Apple 75 cal	6 - PHILLY CHEESE STEAK PEPPERS & ONIONS SANDWICH 612 cal - Philly Steak Peppers & Onions Sandwich (No Cheese) 516 cal - Nachos with Carne Asada & Cheese 516 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - WG Pepperoni Pizza 403 cal - Tomato and Basil Bianca Pizza 429 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Sweet Waffle Potato 150 cal - Fresh Steamed Broccoli 54 cal - Red Grapes 61 cal - Green Grapes 61 cal - Fruit Juice Blend 60 cal	7 - CAJUN SPICE WINGS 418 cal 4 Chicken Wings Lemon Pepper 482 cal - Hummus Platter with Wheat WG Crackers 649 cal - WG Cheese Pizza 376 cal - WG Pepperoni Pizza 403 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Eisenberg Beef Hot Dog on WG Bun 320 cal - Dinner Roll 110 cal - Cucumber & Carrot Dipper with Ranch Dressing 69 cal - Carrot & Celery Dippers with Ranch Dressing 67 cal - Vegetarian Baked Beans 192 cal - Peach Cup 90 cal - Diced Peach Cup 70 cal - Fresh Apple Slices 30 cal - Red Delicious Apple 75 cal - Golden Delicious Apple 75 cal	8 - CHICKEN TENDERS WITH SWEET BRAZILIAN BUN, MS/HS 400 cal - Breaded Drumstick with Sweet Brazilian Bun 380 cal - Spinach Cobb Salad 419 cal - Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal - WG Cheese Pizza 376 cal - WG Buffalo Chicken Pizza 361 cal - Grilled Cheese Sandwich 309 cal - Coleslaw 130 cal - Garlic Spinach 94 cal - Dark Green Side Salad 21 cal - Orange Wedges 76 cal - Apple Juice 60 cal - Banana, fresh 146 cal	9 - TANGERINE CHICKEN 219 cal - Asian Teriyaki Chicken 180 cal - Turkey & American Sub 311 cal - Garlic French Bread Cheese Pizza 383 cal - Twisted Garlic French Bread Pepperoni Pizza 416 cal - Breaded Chicken Sandwich 340 cal - Spicy Breaded Chicken Sandwich 340 cal - Vegetable Fried Brown Rice 270 cal - Mandarin Carrot Slaw 67 cal - Roasted Green Beans 99 cal - Applesauce 4.5 oz 60 cal - Red Grapes 61 cal - Green Grapes 61 cal - Red Delicious Apple 75 cal - Fresh Tangerine 40 cal - Orange Wedges 76 cal - Fresh Apple Slices 30 cal
12 No menu published	13 No menu published	14 No menu published	15 No menu published	16 No menu published
19 No menu published	20 No menu published	21 No menu published	22 No menu published	23 No menu published
26 No menu published	27 No menu published	28 No menu published	29 No menu published	30 No menu published

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change.
Calories are per serving, as Orange County Public Schools publishes them.