

Westpointe Elementary School

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

- 5**
- Eggs, Bacon & Toast Platter** 230 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 111 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 111 cal
 - ✓ Banana Sliced Bread 260 cal
 - ✓ Blueberry Muffin Top 250 cal
 - ✓ Peach Cup 90 cal
 - ✓ Strawberry Cup 80 cal
 - ✓ Mixed Berry Fruit Cup 90 cal

- 6**
- Mozzarella Cheese Bites, 3 each** 340 cal
 - ✓ WG Double Chocolate Muffin 170 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 111 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 111 cal
 - ✓ Banana Sliced Bread 260 cal
 - ✓ Peach Cup 90 cal
 - ✓ Strawberry Cup 80 cal
 - ✓ Mixed Berry Fruit Cup 90 cal

- 7**
- Pancake Bites** 250 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 111 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 111 cal
 - ✓ Banana, fresh 146 cal
 - ✓ Pineapple, Wedges Frozen 30 cal
 - ✓ Orange Wedges 76 cal

- 1**
- Scrambled Eggs with Cheese & Tater Tots Platter** 211 cal
 - ✓ Blueberry Muffin Top 250 cal
 - ✓ Cinnamon Toast Crunch Bowl 1 oz 120 cal
 - ✓ Cocoa Puffs Bowl 1 oz 120 cal
 - ✓ Apple Juice 60 cal
 - ✓ Fruit Juice Blend 60 cal
 - ✓ Red Delicious Apple 75 cal
 - ✓ Fresh Apple Slices 30 cal

- 2**
- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)** 417 cal
 - ✓ Sweet Potato Swirl 138 cal
 - ✓ Cinnamon Toast Crunch Bowl 1 oz 120 cal
 - ✓ Cocoa Puffs Bowl 1 oz 120 cal
 - ✓ Golden Delicious Apple 75 cal
 - ✓ Applesauce, Strawberry 4.5 oz 50 cal

12

No menu published

- 13**
- Mozzarella Cheese Bites, 3 each** 340 cal
 - ✓ 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal
 - ✓ WG Double Chocolate Muffin 200 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Cocoa Puffs Bowl 1 oz 120 cal
 - ✓ Pineapple, Wedges Frozen 30 cal
 - ✓ Fresh DoD Apple 77 cal

- 14**
- Scrambled Eggs with Cheese & Tater Tots Platter** 245 cal
 - ✓ Pancake Bites 250 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Cocoa Puffs Bowl 1 oz 120 cal
 - ✓ Apple Juice 60 cal
 - ✓ Fruit Juice Blend 60 cal
 - ✓ Fresh Tangerine 40 cal

- 15**
- Stuffed Hashbrown Potato** 245 cal
 - ✓ Blueberry Muffin Top 250 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Cocoa Puffs Bowl 1 oz 120 cal
 - ✓ Orange Wedges 76 cal
 - ✓ Mixed Berry Fruit Cup 90 cal
 - ✓ Fresh Apple Slices 30 cal

- 16**
- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)** 384 cal
 - ✓ Scramble Eggs and Toast 169 cal
 - ✓ Sweet Potato Swirl 140 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Cocoa Puffs Bowl 1 oz 120 cal
 - ✓ Fruit Juice Blend 60 cal
 - ✓ Apple Juice 60 cal
 - ✓ Fresh Apple Slices 30 cal
 - ✓ Applesauce 4.5 oz 60 cal

- 19**
- Eggs, Bacon & Toast Platter** 230 cal
 - ✓ Banana Sliced Bread 260 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Blueberry Muffin Top 250 cal
 - ✓ Peach Cup 90 cal
 - ✓ Mixed Berry Fruit Cup 90 cal

- 20**
- Mozzarella Cheese Bites, 3 each** 340 cal
 - ✓ WG Double Chocolate Muffin 200 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Strawberry Cup 80 cal
 - ✓ Mixed Berry Fruit Cup 90 cal

- 21**
- Pancake Bites** 250 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Pineapple, Wedges Frozen 30 cal
 - ✓ Orange Wedges 76 cal

- 22**
- Power Box with Crackers (no yogurt)** 242 cal
 - ✓ Blueberry Muffin Top 250 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Cheerios Gluten Free Bowl 1 oz 101 cal
 - ✓ Apple Juice 60 cal
 - ✓ Fruit Juice Blend 60 cal
 - ✓ Strawberry Cup 80 cal

- 23**
- Swirl Raspberry** 130 cal
 - ✓ Sweet Potato Swirl 140 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Buttermilk Pancakes, 2 ea 180 cal
 - ✓ Golden Delicious Apple 75 cal
 - ✓ Mixed Berry Fruit Cup 90 cal
 - ✓ Applesauce 4.5 oz 60 cal

- 26**
- Banana Sliced Bread** 260 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Apple Juice 60 cal
 - ✓ Fruit Juice Blend 60 cal
 - ✓ Applesauce, Sour Cherry 4.5 oz 70 cal

- 27**
- Mozzarella Cheese Bites, 3 each** 340 cal
 - ✓ 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal
 - ✓ WG Double Chocolate Muffin 200 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Strawberry Cup 80 cal
 - ✓ Pineapple, Wedges Frozen 30 cal

- 28**
- Scrambled Eggs with Cheese & Tater Tots Platter** 245 cal
 - ✓ Pancake Bites 250 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Apple Juice 60 cal
 - ✓ Fruit Juice Blend 60 cal
 - ✓ Fresh Apple Slices 30 cal

- 29**
- Stuffed Hashbrown Potato** 245 cal
 - ✓ Blueberry Muffin Top 250 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Banana, fresh 146 cal
 - ✓ Pineapple, Wedges Frozen 30 cal

- 30**
- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)** 384 cal
 - ✓ Scramble Eggs and Toast 169 cal
 - ✓ Sweet Potato Swirl 140 cal
 - ✓ Cereal Blueberry Chex Bowl 1 oz 120 cal
 - ✓ Frosted Corn Flakes Bowl 1 oz 110 cal
 - ✓ Fruit Juice Blend 60 cal
 - ✓ Apple Juice 60 cal
 - ✓ Fresh Tangerine 40 cal

Served every day

- ✓ Mozzarella Cheese Stick
- ✓ Rice Chex Gluten Free Bowl 1 oz
- ✓ Trix Cereal Bowl 1 oz
- ✓ NutriGrain Bar, Strawberry
- ✓ Trix Cereal Bar 1.42 oz
- ✓ WG Toast
- ✓ Assorted Milk