

Orange County Public Schools Wedgefield K-8 School

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

- Eggs, Bacon & Toast Platter** 230 cal
- Cereal Blueberry Chex Bowl 1 oz** 111 cal
- Frosted Corn Flakes Bowl 1 oz** 111 cal
- Banana Sliced Bread** 260 cal
- Strawberry Cup** 80 cal
- Blueberry Muffin Top** 250 cal

6

- Mozzarella Cheese Bites, 3 each** 340 cal
- WG Double Chocolate Muffin** 170 cal
- Peach Cup** 90 cal
- Strawberry Cup** 80 cal
- Banana Sliced Bread** 260 cal

7

- Pancake Bites** 250 cal
- Pineapple, Wedges Frozen** 30 cal
- Orange Wedges** 76 cal

1

- Scrambled Eggs with Cheese & Tater Tots Platter** 211 cal
- Blueberry Muffin Top** 250 cal
- Cinnamon Toast Crunch Bowl 1 oz** 120 cal
- Cocoa Puffs Bowl 1 oz** 120 cal
- Apple Juice** 60 cal
- Dried Cranberries** 110 cal
- Fresh Apple Slices** 30 cal

2

- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)** 417 cal
- Sweet Potato Swirl** 138 cal
- Cinnamon Toast Crunch Bowl 1 oz** 120 cal
- Cocoa Puffs Bowl 1 oz** 120 cal
- Orange Wedges** 76 cal
- Golden Delicious Apple** 75 cal
- Applesauce, Strawberry 4.5 oz** 50 cal

12

No menu published

13

- Mozzarella Cheese Bites, 3 each** 340 cal
- WG Double Chocolate Muffin** 200 cal
- Cinnamon Toast Crunch Bowl RS, 1 oz** 110 cal
- Mix Fruit Cup** 80 cal
- Diced Peach Cup** 70 cal

14

- Scrambled Eggs with Cheese & Tater Tots Platter** 245 cal
- Pancake Bites** 250 cal
- Apple Juice** 60 cal
- Fresh Apple Slices** 30 cal
- Pineapple, Wedges Frozen** 30 cal

15

- Stuffed Hashbrown Potato** 245 cal
- Blueberry Muffin Top** 250 cal
- Fresh Apple Slices** 30 cal

16

- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)** 384 cal
- Sweet Potato Swirl** 140 cal
- Apple Juice** 60 cal
- Scramble Eggs and Toast** 169 cal
- Applesauce 4.5 oz** 60 cal

19

- Eggs, Bacon & Toast Platter** 230 cal
- Banana Sliced Bread** 260 cal
- Blueberry Muffin Top** 250 cal
- Peach Cup** 90 cal

20

- Mozzarella Cheese Bites, 3 each** 340 cal
- WG Double Chocolate Muffin** 200 cal
- Strawberry Cup** 80 cal

21

- Pancake Bites** 250 cal
- Orange Wedges** 76 cal

22

- Power Box with Crackers (no yogurt)** 242 cal
- Apple Juice** 60 cal
- Cheerios Gluten Free Bowl 1 oz** 101 cal
- Strawberry Cup** 80 cal

23

- Swirl Raspberry** 130 cal
- Sweet Potato Swirl** 140 cal
- Buttermilk Pancakes, 2 ea** 180 cal
- Applesauce 4.5 oz** 60 cal

26

- Banana Sliced Bread** 260 cal
- Apple Juice** 60 cal
- Applesauce, Birthday Cake 4.5 oz** 70 cal

27

- Mozzarella Cheese Bites, 3 each** 340 cal
- WG Double Chocolate Muffin** 200 cal
- Strawberry Cup** 80 cal
- Pineapple, Wedges Frozen** 30 cal

28

- Scrambled Eggs with Cheese & Tater Tots Platter** 245 cal
- Pancake Bites** 250 cal
- Apple Juice** 60 cal
- Fresh Apple Slices** 30 cal

29

- Stuffed Hashbrown Potato** 245 cal
- Blueberry Muffin Top** 250 cal
- Pineapple, Wedges Frozen** 30 cal

30

- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)** 384 cal
- Sweet Potato Swirl** 140 cal
- Apple Juice** 60 cal
- Scramble Eggs and Toast** 169 cal
- Fresh Apple Slices** 30 cal

Served every day

Mozzarella Cheese Stick · **Rice Chex Gluten Free Bowl 1 oz** · **Trix Cereal Bowl 1 oz** · **Nutrigrain Bar, Strawberry** · **Trix Cereal Bar 1.42 oz** · **Assorted Milk**