

BREAKFAST

OCTOBER 2026

Waterbridge Elementary School

Orange County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5

- EGGS, BACON & TOAST PLATTER** 230 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Banana Sliced Bread 260 cal
- WG Toast 90 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

6

- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
- WG Double Chocolate Muffin 170 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

7

- PANCAKE BITES** 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Wedges 76 cal

8

- POWER BOX WITH CRACKERS (NO YOGURT)** 242 cal
- Blueberry Muffin Top 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Tangelos, Fresh 47 cal
- Banana, fresh 146 cal
- Fresh Apple Slices 30 cal

9

- SWEET POTATO SWIRL** 138 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal

12

No menu published

13

- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Cocoa Puffs Bowl 1 oz 120 cal
- Pineapple, Wedges Frozen 30 cal
- Applesauce, Strawberry 4.5 oz 50 cal

14

- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER** 245 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Apple Juice 60 cal
- Orange Wedges 76 cal

15

- STUFFED HASHBROWN POTATO** 245 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Trix Cereal Bowl 1 oz 110 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal

16

- PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON)** 384 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Apple Juice 60 cal
- Fresh Tangerine 40 cal

19

- EGGS, BACON & TOAST PLATTER** 230 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal

20

- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Mixed Berry Fruit Cup 90 cal

21

- PANCAKE BITES** 250 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal

22

- POWER BOX WITH CRACKERS (NO YOGURT)** 242 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Fruit Juice Blend 60 cal
- Strawberry Cup 80 cal

23

- SWIRL RASPBERRY** 130 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Orange Wedges 76 cal
- Mixed Berry Fruit Cup 90 cal

26

- BANANA SLICED BREAD** 260 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Fruit Juice Blend 60 cal
- Applesauce, Blue Razzleberry 4.5 oz 50 cal

27

- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Pineapple, Wedges Frozen 30 cal

28

- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER** 245 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Orange Wedges 76 cal

29

- STUFFED HASHBROWN POTATO** 245 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal

30

- PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON)** 384 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Fruit Juice Blend 60 cal
- Fresh Apple Slices 30 cal

Served every day:

- Mozzarella Cheese Stick
- Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.