

Monday

Tuesday

Wednesday

Thursday

Friday

5

EGGS, BACON & TOAST PLATTER 230 cal

- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Banana Sliced Bread 260 cal
- WG Toast 90 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

6

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

- WG Double Chocolate Muffin 170 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- WG Toast 90 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

7

PANCAKE BITES 250 cal

- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- WG Toast 90 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Wedges 76 cal

8

POWER BOX WITH CRACKERS (NO YOGURT) 242 cal

- Blueberry Muffin Top 250 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- WG Toast 90 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Tangelos, Fresh 47 cal
- Banana, fresh 146 cal
- Fresh Apple Slices 30 cal

9

SWEET POTATO SWIRL 138 cal

- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- WG Toast 90 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal

No menu published

13

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

- WG Double Chocolate Muffin 200 cal
- Trix Cereal Bowl 1 oz 110 cal
- Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal
- Cocoa Puffs Bowl 1 oz 120 cal
- Nutrigrain Bar, Apple Cinnamon 143 cal
- Applesauce, Strawberry 4.5 oz 50 cal

14

SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal

- Pancake Bites 250 cal
- Trix Cereal Bowl 1 oz 110 cal
- Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal
- Cocoa Puffs Bowl 1 oz 120 cal
- Nutrigrain Bar, Apple Cinnamon 143 cal
- Cherry G-Force Bar 200 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Orange Wedges 76 cal

15

STUFFED HASHBROWN POTATO 245 cal

- Blueberry Muffin Top 250 cal
- Trix Cereal Bowl 1 oz 110 cal
- Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal
- Cocoa Puffs Bowl 1 oz 120 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal

16

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal

- Sweet Potato Swirl 140 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Fruit Juice Blend 60 cal
- Fresh Apple Slices 30 cal

19

EGGS, BACON & TOAST PLATTER 230 cal

- Banana Sliced Bread 260 cal
- Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal
- Cocoa Puffs Bowl 1 oz 120 cal
- WG Double Chocolate Muffin 200 cal
- Peach Cup 90 cal
- Fresh DoD Apple 77 cal

20

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

- WG Double Chocolate Muffin 200 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Strawberry Cup 80 cal
- Fruit Juice Blend 60 cal

21

PANCAKE BITES 250 cal

- Frosted Corn Flakes Bowl 1 oz 110 cal
- Banana, fresh 146 cal
- Orange Wedges 76 cal

22

POWER BOX WITH CRACKERS (NO YOGURT) 242 cal

- Blueberry Muffin Top 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Apple Juice 60 cal

23

SWIRL RASPBERRY 130 cal

- Sweet Potato Swirl 140 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Orange Wedges 76 cal
- Applesauce, Strawberry 4.5 oz 50 cal

26

BANANA SLICED BREAD 260 cal

- Frosted Corn Flakes Bowl 1 oz 110 cal
- WG Double Chocolate Muffin 200 cal
- Apple Juice 60 cal

27

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

- WG Double Chocolate Muffin 200 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal

28

SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal

- Pancake Bites 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Fresh Apple Slices 30 cal

29

STUFFED HASHBROWN POTATO 245 cal

- Blueberry Muffin Top 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- WG Double Chocolate Muffin 200 cal
- Banana, fresh 146 cal
- Orange Wedges 76 cal

30

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal

- Mini Blueberry Donut Hole Cup 260 cal
- Sweet Potato Swirl 140 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Fruit Juice Blend 60 cal
- Fresh Apple Slices 30 cal

Served every day:

• Mozzarella Cheese Stick • Nutrigrain Bar, Strawberry • Trix Cereal Bar 1.42 oz • Assorted Milk • Cereal Blueberry Chex Bowl 1 oz

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change.

Calories are per serving, as Orange County Public Schools publishes them.