

Monday

Tuesday

Wednesday

Thursday

Friday

- 5**
- EGGS, BACON & TOAST PLATTER** 230 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - Banana Sliced Bread 260 cal
 - WG Toast 90 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal
 - Mixed Berry Fruit Cup 90 cal

- 6**
- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
 - WG Double Chocolate Muffin 170 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - WG Toast 90 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal
 - Mixed Berry Fruit Cup 90 cal

- 7**
- PANCAKE BITES** 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - WG Toast 90 cal
 - Banana, fresh 146 cal
 - Pineapple, Wedges Frozen 30 cal
 - Orange Wedges 76 cal

- 8**
- POWER BOX WITH CRACKERS (NO YOGURT)** 242 cal
 - Blueberry Muffin Top 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - WG Toast 90 cal
 - Apple Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Tangelos, Fresh 47 cal
 - Banana, fresh 146 cal
 - Fresh Apple Slices 30 cal

- 9**
- SWEET POTATO SWIRL** 138 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - WG Toast 90 cal
 - Orange Wedges 76 cal
 - Golden Delicious Apple 75 cal
 - Mixed Berry Fruit Cup 90 cal

No menu published

- 13**
- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
 - WG Double Chocolate Muffin 170 cal
 - Cinnamon Toast Crunch Bowl 1 oz 110 cal
 - Cocoa Puffs Bowl 1 oz 120 cal
 - Fresh Apple Slices 30 cal
 - Fresh DoD Apple 77 cal

- 14**
- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER** 245 cal
 - Pancake Bites 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Apple Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Fresh Apple Slices 30 cal

- 15**
- STUFFED HASHBROWN POTATO** 245 cal
 - Blueberry Muffin Top 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Orange Wedges 76 cal
 - Golden Delicious Apple 75 cal
 - Mixed Berry Fruit Cup 90 cal

- 16**
- PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON)** 384 cal
 - Sweet Potato Swirl 140 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal
 - Fresh Apple Slices 30 cal

- 19**
- EGGS, BACON & TOAST PLATTER** 230 cal
 - Banana Sliced Bread 260 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Mixed Berry Fruit Cup 90 cal

- 20**
- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
 - WG Double Chocolate Muffin 170 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Mixed Berry Fruit Cup 90 cal

- 21**
- PANCAKE BITES** 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Orange Wedges 76 cal

- 22**
- POWER BOX WITH CRACKERS (NO YOGURT)** 242 cal
 - Blueberry Muffin Top 250 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Apple Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Mixed Berry Fruit Cup 90 cal

- 23**
- SWIRL RASPBERRY** 130 cal
 - Sweet Potato Swirl 140 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Orange Wedges 76 cal
 - Golden Delicious Apple 75 cal
 - Mixed Berry Fruit Cup 90 cal

- 26**
- BANANA SLICED BREAD** 260 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Apple Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Applesauce, Birthday Cake 4.5 oz 70 cal

- 27**
- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
 - WG Double Chocolate Muffin 170 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal

- 28**
- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER** 245 cal
 - Pancake Bites 250 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Apple Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Orange Wedges 76 cal
 - Fresh Apple Slices 30 cal

- 29**
- STUFFED HASHBROWN POTATO** 245 cal
 - Blueberry Muffin Top 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Orange Wedges 76 cal

- 30**
- PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON)** 384 cal
 - Sweet Potato Swirl 140 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal
 - Fresh Apple Slices 30 cal

Served every day:

Mozzarella Cheese Stick · Trix Cereal Bowl 1 oz · Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.