

LUNCH

OCTOBER 2026

Monday

Tuesday

Wednesday

Thursday

Friday

POPCORN CHICKEN 203 cal
Breaded Chicken Nuggets 330 cal
PBJ, 2.6 oz & Cheese 380 cal
Potatoes, Mashed 70 cal
Peas & Carrots 103 cal
Strawberry Kiwi Juice 60 cal
Fruit Juice Blend 60 cal
Apple Juice 60 cal
Orange Juice 60 cal
Breaded Chicken Tenders, K-8 280 cal

TURKEY BARBACOA BIRRIA SOFT TACOS W/SHREDDED CHEES 391 cal
Turkey Barbacoa Birria Nachos w/shredded cheese 414 cal
Yogurt, Cheese, w/ Banana Bread Plate 430 cal
Pinto Beans, 1/2 cup 163 cal
Salsa Dipping Cup 25 cal
Pinto Beans 163 cal
Peach Cup 90 cal
Strawberry Cup 80 cal
Mixed Berry Fruit Cup 90 cal
Two Soft Turkey Tacos w/ Cheese 248 cal

GRILLED CHEESE SANDWICH 309 cal
Buttermilk Pancakes w/ Turkey Sausage 300 cal
Egg, Muffin, Cheese, & Apples Box 420 cal
Tater Tots 113 cal
Coleslaw 130 cal
Fresh Tangerine 40 cal
Fresh Apple Slices 30 cal
Red Delicious Apple 75 cal

MAC AND CHEESE 372 cal
Spaghetti w/ Meatballs 394 cal
Grilled Chicken Breast Salad 196 cal
Popcorn Chicken with Mac and Cheese 474 cal
Spaghetti & Meatballs with Garlic Bread Stick 378 cal
Garlic Spinach 94 cal
Garden Side Salad 16 cal
Strawberry Kiwi Juice 60 cal
Fruit Juice Blend 60 cal
Apple Juice 60 cal
Orange Juice 60 cal

FOUR CHEESE PIZZA WEDGE 330 cal
Breaded Mozzarella Sticks 411 cal
Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 476 cal
Four Cheese Pepperoni Pizza, WW 363 cal
Harvest Treats Veg Juice 50 cal
Harvest Treats Veg Juice - SD 50 cal
Fresh Tangerine 40 cal
Fresh Apple Slices 30 cal
Red Delicious Apple 75 cal
Strawberry Cup 80 cal
Mixed Berry Fruit Cup 90 cal
Applesauce 4.5 oz 60 cal

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Served every day:

Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.