

BREAKFAST

OCTOBER 2026

Monday

Tuesday

Wednesday

Thursday

Friday



- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 211 cal
- Cinnamon Toast Crunch Bowl 1 oz 120 cal
- Cocoa Puffs Bowl 1 oz 120 cal
- Trix Cereal Bowl 1 oz 110 cal
- WG Toast 90 cal
- Apple Juice 60 cal
- Red Delicious Apple 75 cal



- RICE CHEX GLUTEN FREE BOWL 1 OZ 110 cal
- Cinnamon Toast Crunch Bowl 1 oz 120 cal
- Cocoa Puffs Bowl 1 oz 120 cal
- Trix Cereal Bowl 1 oz 110 cal
- WG Toast 90 cal
- Orange Wedges 76 cal
- Apple Juice 60 cal



- EGGS, BACON & TOAST PLATTER 230 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal



- MOZZARELLA CHEESE BITES, 3 EACH 340 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Strawberry Cup 80 cal
- Apple Juice 60 cal



- PANCAKE BITES 250 cal
- Mozzarella Cheese Stick 80 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Orange Wedges 76 cal
- Banana, fresh 146 cal



- POWER BOX WITH CRACKERS (NO YOGURT) 242 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Tangelos, Fresh 47 cal



- MOZZARELLA CHEESE STICK 80 cal
- Sweet Potato Swirl 138 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal



No menu published



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Served every day:

Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.