

| Monday                                                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                                                                              |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                        | ★<br>1<br>FOUR CHEESE PIZZA WEDGE 330 cal<br>Turkey & American Sub 311 cal<br>Fresh Steamed Broccoli 54 cal<br>Fresh Broccoli Dippers with Ranch Dressing 60 cal<br>Dark Green Side Salad 21 cal<br>Fresh Apple Slices 30 cal<br>Orange Wedges 76 cal<br>Banana, fresh 146 cal<br>Applesauce, Strawberry 4.5 oz 50 cal<br>Applesauce, Cinnamon 4.5 oz 90 cal<br>Applesauce 4.5 oz 60 cal<br>Applesauce, Birthday Cake 4.5 oz 70 cal             | ★<br>2<br>BREADED CHICKEN TENDERS, K-8 280 cal<br>Breaded Chicken Breast Tenders 230 cal<br>Chicken Fajita Wrap 417 cal<br>Tater Tots 113 cal<br>Salsa Dipping Cup 25 cal<br>Peach Cup 90 cal<br>Strawberry Cup 80 cal<br>Mixed Berry Fruit Cup 90 cal<br>Pineapple, Wedges Frozen 30 cal                                                                                                           |
| ★<br>CHICKEN CORN DOG 250 cal<br>Sandwich, Cheese Croissant 330 cal<br>Black Forest Ham & Cheddar Sandwich 290 cal<br>Fresh Steamed Broccoli 54 cal<br>Mango Splash Vegetable Juice 60 cal<br>Harvest Treats Veg Juice 50 cal<br>Diced Pear Cup 70 cal<br>Diced Peach Cup 70 cal<br>Mix Fruit Cup 80 cal | ★<br>BREADED CHICKEN TENDERS, K-8 280 cal<br>Pork Rib Sandwich, Onion Rings & Pickles 620 cal<br>Sandwich, PBJ 5.3 oz 600 cal<br>PBJ, 2.6 oz & Cheese 380 cal<br>Seasoned Crispy Fries 81 cal<br>Cucumber Dippers with Ranch Dressing 61 cal<br>Orange Wedges 76 cal<br>Fresh Apple Slices 30 cal<br>Fresh Tangerine 40 cal<br>Red Delicious Apple 75 cal<br>Applesauce, Strawberry 4.5 oz 50 cal<br>Applesauce, Cinnamon 4.5 oz 90 cal | ★<br>CHICKEN WINGS, 4 EACH 418 cal<br>Turkey & American on Bun 251 cal<br>Sweet Brazilian Bun 170 cal<br>Steamed Carrots 69 cal<br>Coleslaw 130 cal<br>Red Delicious Apple 75 cal<br>Banana, fresh 146 cal<br>Pineapple, Wedges Frozen 30 cal<br>Fruit Juice Blend 60 cal<br>Apple Juice 60 cal<br>Applesauce, Strawberry 4.5 oz 50 cal<br>Applesauce, Cinnamon 4.5 oz 90 cal<br>Applesauce 4.5 oz 60 cal<br>Applesauce, Birthday Cake 4.5 oz 70 cal   | ★<br>3<br>STUFFED CHEESY BREADSTICK 300 cal<br>Rotisserie Chicken and Cheese Sandwich 280 cal<br>Fresh Broccoli Dippers with Ranch Dressing 60 cal<br>Dark Green Side Salad 21 cal<br>Pineapple, Wedges Frozen 30 cal<br>Fresh Tangerine 40 cal<br>Red Delicious Apple 75 cal<br>Fresh Apple Slices 30 cal<br>Banana, fresh 146 cal<br>Orange Wedges 76 cal                                                                                     | ★<br>4<br>HAMBURGER, 2.0 OZ 304 cal<br>Cheeseburger 339 cal<br>Turkey & American Sub 311 cal<br>Tater Tots 113 cal<br>Mandarin Carrot Slaw 67 cal<br>Carrot Dippers with Ranch Dressing 81 cal<br>Pineapple, Wedges Frozen 30 cal<br>Fresh Tangerine 40 cal<br>Red Delicious Apple 75 cal<br>Fresh Apple Slices 30 cal<br>Peach Cup 90 cal<br>Strawberry Cup 80 cal<br>Mixed Berry Fruit Cup 90 cal |
| ★<br>12<br>No menu published                                                                                                                                                                                                                                                                             | ★<br>13<br>BREADED CHICKEN TENDERS, K-8 230 cal<br>Tater Tots 113 cal<br>Applesauce, Peach 4.5 oz 60 cal                                                                                                                                                                                                                                                                                                                                | ★<br>14<br>BREADED MOZZARELLA STICKS 400 cal<br>Red Delicious Apple 75 cal                                                                                                                                                                                                                                                                                                                                                                             | ★<br>15<br>TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal<br>Steamed Carrots, 1/2 cup 70 cal<br>Fresh Apple Slices 30 cal                                                                                                                                                                                                                                                                                                                         | ★<br>16<br>FOUR CHEESE PIZZA SLICE 330 cal<br>Fresh Steamed Broccoli 54 cal<br>Orange Wedges 76 cal                                                                                                                                                                                                                                                                                                 |
| ★<br>18<br>CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN 437 cal<br>Green Beans 49 cal<br>Applesauce, Strawberry 4.5 oz 50 cal                                                                                                                                                                                | ★<br>19<br>CHEESE PIZZA RIPPERS 260 cal<br>Apple Juice 60 cal                                                                                                                                                                                                                                                                                                                                                                           | ★<br>21<br>CHICKEN CORN DOG 250 cal<br>Fresh Broccoli Dippers with Ranch Dressing 60 cal<br>Pineapple, Wedges Frozen 30 cal                                                                                                                                                                                                                                                                                                                            | ★<br>22<br>POPCORN CHICKEN 261 cal<br>Sweet Waffle Potato 150 cal<br>Fresh Apple Slices 30 cal                                                                                                                                                                                                                                                                                                                                                  | ★<br>23<br>BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal<br>Tater Tots 113 cal<br>Peach Cup 90 cal                                                                                                                                                                                                                                                                                                    |
| ★<br>25<br>BREADED CHICKEN TENDERS, K-8 230 cal<br>Tater Tots 113 cal<br>Diced Peach Cup 70 cal                                                                                                                                                                                                          | ★<br>27<br>HAMBURGER, 2.0 OZ 304 cal<br>Cheeseburger 339 cal<br>Chicken Salad 120 cal<br>Chicken Fajita Salad w/Flatbread 426 cal<br>Corn Tortilla Chips 190 cal<br>Sweet Waffle Potato 150 cal<br>Lettuce & Tomato Cup 16 cal<br>Pineapple, Wedges Frozen 30 cal<br>Fresh Tangerine 40 cal<br>Red Delicious Apple 75 cal<br>Fresh Apple Slices 30 cal<br>Orange Juice 60 cal<br>Fruit Juice Blend 60 cal<br>Apple Juice 60 cal         | ★<br>28<br>CHICKEN WINGS, 4 EACH 418 cal<br>Rotisserie Chicken and Cheese Sandwich 280 cal<br>Black Forest Ham & Cheddar Sandwich 290 cal<br>Sweet Brazilian Bun 170 cal<br>Fresh Broccoli Dippers with Ranch Dressing 60 cal<br>Garden Side Salad 16 cal<br>Coleslaw 130 cal<br>Pineapple, Wedges Frozen 30 cal<br>Fresh Tangerine 40 cal<br>Red Delicious Apple 75 cal<br>Fresh Apple Slices 30 cal<br>Orange Wedges 76 cal<br>Banana, fresh 146 cal | ★<br>29<br>STUFFED CHEESY BREADSTICK 300 cal<br>Turkey & American Sub 311 cal<br>Fresh Broccoli Dippers with Ranch Dressing 60 cal<br>Dark Green Side Salad 21 cal<br>Pineapple, Wedges Frozen 30 cal<br>Fresh Tangerine 40 cal<br>Red Delicious Apple 75 cal<br>Fresh Apple Slices 30 cal<br>Applesauce, Strawberry 4.5 oz 50 cal<br>Applesauce, Cinnamon 4.5 oz 90 cal<br>Applesauce 4.5 oz 60 cal<br>Applesauce, Birthday Cake 4.5 oz 70 cal | ★<br>30<br>POPCORN CHICKEN 261 cal<br>Chicken Fajita Wrap 417 cal<br>Seasoned Crispy Fries 81 cal<br>Salsa Dipping Cup 25 cal<br>Peach Cup 90 cal<br>Strawberry Cup 80 cal<br>Mixed Berry Fruit Cup 90 cal                                                                                                                                                                                          |

Served every day:  
Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.  
Calories are per serving, as Orange County Public Schools publishes them.