

Monday	Tuesday	Wednesday	Thursday	Friday
★ POPCORN CHICKEN 203 cal Breaded Chicken Nuggets 330 cal PBJ, 2.6 oz & Cheese 380 cal Potatoes, Mashed 70 cal Peas & Carrots 103 cal Strawberry Kiwi Juice 60 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Orange Juice 60 cal	★ TURKEY BARBACOA BIRRIA SOFT TACOS W/SHREDDED CHEESE 391 cal Turkey Barbacoa Birria Nachos w/shredded cheese 414 cal Yogurt, Cheese, w/ Banana Bread Plate 430 cal Pinto Beans, 1/2 cup 163 cal Salsa Dipping Cup 25 cal Pinto Beans 163 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal	★ GRILLED CHEESE SANDWICH 309 cal Buttermilk Pancakes w/ Turkey Sausage 300 cal Egg, Muffin, Cheese, & Apples Box 420 cal Tater Tots 113 cal Coleslaw 130 cal Fresh Tangerine 40 cal Fresh Apple Slices 30 cal Red Delicious Apple 75 cal	★ CHICKEN CORN DOG 250 cal Butterball Turkey Hot Dog on WG Bun 270 cal Eisenberg Beef Hot Dog on WG Bun 320 cal Chicken Fajita Salad w/ Flatbread 426 cal Breaded Chicken Sandwich 340 cal Spicy Breaded Chicken Sandwich 340 cal Vegetarian Baked Beans 192 cal Coleslaw 130 cal Strawberry Kiwi Juice 60 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Orange Juice 60 cal	★ 6" PERSONAL CHEESE PIZZA 328 cal Garlic French Bread Cheese Pizza 383 cal Turkey & American Sub 311 cal Four Cheese Pepperoni Pizza, WW 363 cal Fresh Steamed Broccoli 54 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Fresh Apple Slices 30 cal Pineapple, Wedges Frozen 30 cal Orange Wedges 76 cal Applesauce, Strawberry 4.5 oz 50 cal Strawberry Cup 80 cal Peach Cup 90 cal Mixed Berry Fruit Cup 90 cal
★ POPCORN CHICKEN 203 cal Breaded Chicken Nuggets 330 cal PBJ, 2.6 oz & Cheese 380 cal Potatoes, Mashed 70 cal Peas & Carrots 103 cal Strawberry Kiwi Juice 60 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Orange Juice 60 cal	★ TURKEY BARBACOA BIRRIA SOFT TACOS W/SHREDDED CHEESE 391 cal Turkey Barbacoa Birria Nachos w/shredded cheese 414 cal Yogurt, Cheese, w/ Banana Bread Plate 430 cal Pinto Beans, 1/2 cup 163 cal Salsa Dipping Cup 25 cal Pinto Beans 163 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal	★ GRILLED CHEESE SANDWICH 309 cal Buttermilk Pancakes w/ Turkey Sausage 300 cal Egg, Muffin, Cheese, & Apples Box 420 cal Tater Tots 113 cal Coleslaw 130 cal Fresh Tangerine 40 cal Fresh Apple Slices 30 cal Red Delicious Apple 75 cal	★ MAC AND CHEESE 372 cal Spaghetti w/ Meatballs 394 cal Grilled Chicken Breast Salad 196 cal Popcorn Chicken with Mac and Cheese 474 cal Spaghetti & Meatballs with Garlic Bread Stick 378 cal Garlic Spinach 94 cal Garden Side Salad 16 cal Strawberry Kiwi Juice 60 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Orange Juice 60 cal	★ FOUR CHEESE PIZZA WEDGE 330 cal Breaded Mozzarella Sticks 411 cal Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 476 cal Four Cheese Pepperoni Pizza, WW 363 cal Harvest Treats Veg Juice 50 cal Harvest Treats Veg Juice - SD 50 cal Fresh Tangerine 40 cal Fresh Apple Slices 30 cal Red Delicious Apple 75 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal
★ No menu published	★ TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal Breaded Mozzarella Sticks 400 cal Pinto Beans, 1/2 cup 163 cal Applesauce, Strawberry 4.5 oz 50 cal	★ BBQ CHICKEN DRUMSTICK 227 cal WG Buffalo Chicken Pizza 414 cal Dinner Roll 110 cal 24 Hour Zesty Pickles 41 cal Garlic Spinach 94 cal Pineapple, Wedges Frozen 30 cal	★ VEGETARIAN PENNE PASTA WITH BREAD STICK 415 cal Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 386 cal Dark Green Side Salad 21 cal Golden Delicious Apple 75 cal	★ HAMBURGER, 3.0 OZ 375 cal Cheeseburger 410 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Lettuce & Tomato Cup 16 cal Seasoned Crispy Fries 81 cal Orange Wedges 76 cal
★ POPCORN CHICKEN WITH MAC AND CHEESE 503 cal Breaded Mozzarella Sticks 400 cal Fresh Steamed Broccoli 54 cal Applesauce, Strawberry 4.5 oz 50 cal	★ SEASONED RICE CUBAN STYLE MOJO PORK BOWL 371 cal Grilled Cheese Sandwich 309 cal Sweet Plantain Slices 262 cal Celery Sticks 1/2 c. 60 cal Peach Cup 90 cal	★ BUFFALO CHICKEN WINGS, 4 EACH 455 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Sweet Brazilian Bun 170 cal Sweet Waffle Potato 150 cal Seasoned Black Beans 144 cal Fresh Apple Slices 30 cal	★ TURKEY SAUSAGE & CHEESE ON HAMBURGER BUN 271 cal Breaded Chicken Nuggets w/ Brazilian Bun 437 cal Potatoes, Mashed 48 cal Mango Splash Vegetable Juice 60 cal Banana, fresh 146 cal	★ TANGERINE CHICKEN 219 cal WG Cheese Pizza 426 cal Tomato and Basil Bianca Pizza 429 cal Brown Rice 109 cal Mandarin Carrot Slaw 67 cal TomatoDippers 25 cal Fresh Apple Slices 30 cal
★ BREADED MOZZARELLA STICKS 400 cal Mango Splash Vegetable Juice 60 cal Applesauce, Strawberry 4.5 oz 50 cal	★ TWO CALIFORNIA CHICKEN TACOS 393 cal Grilled Cheese Sandwich 309 cal Salsa Dipping Cup 25 cal Celery Sticks 1/2 c. 60 cal Pineapple, Wedges Frozen 30 cal	★ HERB ROASTED CHICKEN 174 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Brown Rice 109 cal Lettuce & Tomato Cup 16 cal Pinto Beans, 1/2 cup 163 cal Diced Pear Cup 70 cal	★ CHICKEN CORN DOG 250 cal Butterball Turkey Hot Dog on WG Bun 270 cal Eisenberg Beef Hot Dog on WG Bun 320 cal Chicken Fajita Salad w/Flatbread 426 cal Breaded Chicken Sandwich 340 cal Spicy Breaded Chicken Sandwich 340 cal Vegetarian Baked Beans 192 cal Coleslaw 130 cal Strawberry Kiwi Juice 60 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Orange Juice 60 cal	★ SEASONAL SHAPED NUGGETS 180 cal Egg, Cheese & Flatbread Box 290 cal Four Cheese Pepperoni Slice 363 cal Steamed Corn, 1/2 cup 108 cal Garden Side Salad 16 cal Fresh Apple Slices 30 cal Pineapple, Wedges Frozen 30 cal Orange Wedges 76 cal Applesauce, Strawberry 4.5 oz 50 cal

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MenuViewer