

Vista Pointe Elementary School

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

- Breaded Chicken Nuggets** 330 cal
- Potatoes, Mashed 70 cal
 - Peas & Carrots 103 cal
 - Strawberry Kiwi Juice 60 cal
 - Breaded Chicken Tenders, K-8 280 cal

- Turkey Barbacoa Birria Nachos w/shredded cheese** 414 cal
- Yogurt, Cheese, w/ Banana Bread Plate 430 cal
 - Pinto Beans, 1/2 cup 163 cal
 - Salsa Dipping Cup 25 cal
 - Pinto Beans 163 cal
 - Peach Cup 90 cal
 - Two Soft Turkey Tacos w/ Cheese 248 cal

- Grilled Cheese Sandwich** 309 cal
- Egg, Muffin, Cheese, & Apples Box 420 cal
 - Tater Tots 113 cal
 - Coleslaw 130 cal
 - Fresh Apple Slices 30 cal
 - Buttermilk Pancakes w/ Turkey Sausage 300 cal

- Chicken Corn Dog** 250 cal
- Chicken Fajita Salad w/ Flatbread 426 cal
 - Vegetarian Baked Beans 192 cal
 - Coleslaw 130 cal
 - Fruit Juice Blend 60 cal
 - Hamburger, 2.0 oz 304 cal
 - Cheeseburger 339 cal

- 6" Personal Cheese Pizza** 328 cal
- Turkey & American Sub 311 cal
 - Fresh Steamed Broccoli 54 cal
 - Fresh Apple Slices 30 cal

- Four Cheese Pizza Wedge** 330 cal
- Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 476 cal
 - Harvest Treats Veg Juice 50 cal
 - Harvest Treats Veg Juice - SD 50 cal
 - Fresh Tangerine 40 cal

No menu published

- Herb Roasted Chicken Thigh** 344 cal
- Yogurt & Cheese Cool Pack 390 cal
 - Sweet Brazilian Bun 170 cal
 - Sweet Plantain Slices 262 cal
 - Golden Sun Splash Vegetable Juice 40 cal

- Hamburger, 2.0 oz** 304 cal
- Cheeseburger 339 cal
 - Soybutter Sandwich Box 460 cal
 - Vegetarian Baked Beans 192 cal
 - 24 Hour Zesty Pickles 41 cal
 - Fresh Apple Slices 30 cal

- Asian Teriyaki Chicken** 180 cal
- Popcorn Chicken Salad 274 cal
 - Vegetable Fried Brown Rice, 1/2 cup 135 cal
 - Steamed Broccoli 27 cal
 - Cucumber Salad 49 cal
 - Strawberry Kiwi Juice 60 cal

- PizzaBoli** 309 cal
- Turkey & American on Bun 251 cal
 - Garden Side Salad 16 cal
 - Applesauce, Birthday Cake 4.5 oz 70 cal

- Calzone, Cheeseburger** 310 cal
- Yogurt, Cheese, w/ Banana Bread Plate 430 cal
 - Salsa Dipping Cup 25 cal
 - Carrot Dippers with Ranch Dressing 81 cal
 - Fruit Juice Blend 60 cal

- Cuban Style Mojo Pork** 205 cal
- Seasoned Brown Rice, 1/2 cup 166 cal
 - Pinto Beans, 1/2 cup 163 cal
 - Sweet Plantain Slices 262 cal
 - Pinto Beans 163 cal
 - Seasoned Chicken Fajita 176 cal
 - Asian Teriyaki Chicken 180 cal
 - Applesauce, Strawberry 4.5 oz 50 cal

- Scrambled Eggs with Cheese & French Toast Platter** 320 cal
- Egg, Muffin, Cheese, & Apples Box 420 cal
 - Garlic Spinach 94 cal
 - Harvest Treats Veg Juice 50 cal
 - Harvest Treats Veg Juice - SD 50 cal
 - Pineapple, Wedges Frozen 30 cal

- Breaded Chicken Nuggets** 267 cal
- Chef Salad w/Turkey, Egg & WG Cracker 299 cal
 - Potatoes, Mashed 48 cal
 - Garden Side Salad 16 cal
 - Strawberry Kiwi Juice 60 cal

- Four Cheese Pizza Slice** 330 cal
- Turkey & American Wrap 301 cal
 - Italian Blend Vegetables 71 cal
 - Strawberry Cup 80 cal

- Meatball Pizza Sub** 413 cal
- Soybutter Sandwich Box 460 cal
 - Emoji Fries 130 cal
 - Orange Juice 60 cal
 - Hamburger, 2.0 oz 304 cal
 - Cheeseburger 339 cal

- Tangerine Chicken** 219 cal
- Hummus Cup Platter 298 cal
 - Brown Rice 109 cal
 - Salsa Dipping Cup 25 cal
 - Mango Splash Vegetable Juice 60 cal
 - Peach Cup 90 cal

- 6" Personal Cheese Pizza** 328 cal
- Turkey & American Sub 311 cal
 - Steamed Broccoli 83 cal
 - Fresh Apple Slices 30 cal
 - Fresh Steamed Broccoli 54 cal

- Chicken Corn Dog** 250 cal
- Chicken Fajita Salad w/Flatbread 426 cal
 - Vegetarian Baked Beans 192 cal
 - Coleslaw 130 cal
 - Apple Juice 60 cal

- Seasonal Shaped Nuggets** 180 cal
- Egg, Cheese & Flatbread Box 290 cal
 - Steamed Corn, 1/2 cup 108 cal
 - Garden Side Salad 16 cal
 - Fresh Apple Slices 30 cal

Served every day

Assorted Milk