

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

FOUR CHEESE PIZZA WEDGE 330 cal
Fresh Steamed Broccoli 54 cal
Orange Wedges 76 cal

BREADED CHICKEN TENDERS, K-8 280 cal
Tater Tots 113 cal
Strawberry Cup 80 cal

5

6

7

8

9

CHICKEN CORN DOG 250 cal
Sandwich, Cheese Croissant 330 cal
Black Forest Ham & Cheddar Sandwich 290 cal
Fresh Steamed Broccoli 54 cal
Mango Splash Vegetable Juice 60 cal
Harvest Treats Veg Juice 50 cal
Diced Pear Cup 70 cal
Diced Peach Cup 70 cal
Mix Fruit Cup 80 cal

BREADED CHICKEN TENDERS, K-8 280 cal
Pork Rib Sandwich, Onion Rings & Pickles 620 cal
Sandwich, PBJ 5.3 oz 600 cal
PBJ, 2.6 oz & Cheese 380 cal
Seasoned Crispy Fries 81 cal
Cucumber Dippers with Ranch Dressing 61 cal
Orange Wedges 76 cal
Fresh Apple Slices 30 cal
Fresh Tangerine 40 cal
Red Delicious Apple 75 cal
Applesauce, Strawberry 4.5 oz 50 cal
Applesauce, Cinnamon 4.5 oz 90 cal

CHICKEN WINGS, 4 EACH 418 cal
Turkey & American on Bun 251 cal
Sweet Brazilian Bun 170 cal
Steamed Carrots 69 cal
Coleslaw 130 cal
Red Delicious Apple 75 cal
Banana, fresh 146 cal
Pineapple, Wedges Frozen 30 cal
Fruit Juice Blend 60 cal
Apple Juice 60 cal
Applesauce, Strawberry 4.5 oz 50 cal
Applesauce, Cinnamon 4.5 oz 90 cal
Applesauce 4.5 oz 60 cal
Applesauce, Birthday Cake 4.5 oz 70 cal

STUFFED CHEESY BREADSTICK 300 cal
Rotisserie Chicken and Cheese Sandwich 280 cal
Fresh Broccoli Dippers with Ranch Dressing 60 cal
Dark Green Side Salad 21 cal
Pineapple, Wedges Frozen 30 cal
Fresh Tangerine 40 cal
Red Delicious Apple 75 cal
Fresh Apple Slices 30 cal
Banana, fresh 146 cal
Orange Wedges 76 cal

HAMBURGER, 2.0 OZ 304 cal
Cheeseburger 339 cal
Turkey & American Sub 311 cal
Tater Tots 113 cal
Mandarin Carrot Slaw 67 cal
Carrot Dippers with Ranch Dressing 81 cal
Pineapple, Wedges Frozen 30 cal
Fresh Tangerine 40 cal
Red Delicious Apple 75 cal
Fresh Apple Slices 30 cal
Peach Cup 90 cal
Strawberry Cup 80 cal
Mixed Berry Fruit Cup 90 cal

12

13

14

15

16

No menu published

BREADED CHICKEN TENDERS, K-8 230 cal
Tater Tots 113 cal
Diced Peach Cup 70 cal

BREADED MOZZARELLA STICKS 400 cal
Fresh Apple Slices 30 cal

TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal
Steamed Carrots, 1/2 cup 70 cal
Pineapple, Wedges Frozen 30 cal

FOUR CHEESE PIZZA SLICE 330 cal
Fresh Steamed Broccoli 54 cal
Fresh Apple Slices 30 cal

19

20

21

22

23

CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN 437 cal
Green Beans 49 cal
Applesauce, Strawberry 4.5 oz 50 cal

CHEESE PIZZA RIPPERS 260 cal
Fruit Juice Blend 60 cal

CHICKEN CORN DOG 250 cal
Fresh Broccoli Dippers with Ranch Dressing 60 cal
Pineapple, Wedges Frozen 30 cal

POPCORN CHICKEN 261 cal
Sweet Waffle Potato 150 cal
Fresh Apple Slices 30 cal

BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal
Tater Tots 113 cal
Peach Cup 90 cal

26

27

28

29

30

BREADED CHICKEN TENDERS, K-8 230 cal
Tater Tots 113 cal
Diced Peach Cup 70 cal

HAMBURGER, 2.0 OZ 304 cal
Cheeseburger 339 cal
Sweet Waffle Potato 150 cal
Fresh Apple Slices 30 cal

CHICKEN WINGS, 4 EACH 418 cal
Sweet Brazilian Bun 170 cal
Fresh Broccoli Dippers with Ranch Dressing 60 cal
Fresh Apple Slices 30 cal

STUFFED CHEESY BREADSTICK 300 cal
Pineapple, Wedges Frozen 30 cal

POPCORN CHICKEN 261 cal
Seasoned Crispy Fries 81 cal
Peach Cup 90 cal

Served every day:

Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MealViewer