

Timber Springs Middle School

Supper · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Corn Dog 250 cal
Fresh Steamed Broccoli 54 cal
Fresh Red Apple 77 cal

Breaded Chicken Tenders, K-8 280 cal
Seasoned Crispy Fries 81 cal
Orange Wedges 76 cal

Chicken Wings, 4 each 418 cal
Sweet Brazilian Bun 170 cal
Steamed Carrots 69 cal
Apple Juice 60 cal

Four Cheese Pizza Wedge 330 cal
Fresh Steamed Broccoli 54 cal
Orange Wedges 76 cal

Breaded Chicken Tenders, K-8 280 cal
Tater Tots 113 cal
Peach Cup 90 cal

No menu published

Breaded Chicken Tenders, K-8 230 cal
Tater Tots 113 cal
Fresh Orange 76 cal

Breaded Mozzarella Sticks 400 cal
Fresh Apple Slices 30 cal

Turkey Sausage & Cheese on Croissant 321 cal
Steamed Carrots, 1/2 cup 70 cal
Fresh Apple Slices 30 cal

Four Cheese Pizza Slice 330 cal
Fresh Steamed Broccoli 54 cal
Orange Wedges 76 cal

Chicken Nuggets with Sweet Brazilian Bun 437 cal
Green Beans 49 cal
Applesauce 4.5 oz 60 cal

Cheese Pizza Rippers 260 cal
Apple Juice 60 cal

Chicken Corn Dog 250 cal
Fresh Broccoli Dippers with Ranch Dressing 60 cal
Red Delicious Apple 75 cal

Popcorn Chicken 261 cal
Sweet Waffle Potato 150 cal
Fresh Apple Slices 30 cal

No menu published

Breaded Chicken Tenders, K-8 230 cal
Tater Tots 113 cal
Red Delicious Apple 75 cal

Hamburger, 2.0 oz 304 cal
Cheeseburger 339 cal
Sweet Waffle Potato 150 cal
Red Delicious Apple 75 cal

Chicken Wings, 4 each 418 cal
Sweet Brazilian Bun 170 cal
Fresh Broccoli Dippers with Ranch Dressing 60 cal
Red Delicious Apple 75 cal

Stuffed Cheesy Breadstick 300 cal
Fresh Apple Slices 30 cal

Popcorn Chicken 261 cal
Seasoned Crispy Fries 81 cal
Peach Cup 90 cal

Served every day

Assorted Milk