

Timber Springs Middle School

Snack · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Chocolate No Nut Butter Cup 324 cal

- Cheddar Goldfish Crackers 100 cal
- Assorted Milk 110 cal

Vanilla Yogurt Cup 90 cal

- Strawberry Yogurt Cup 90 cal
- Cracker, Sweet Educationa 130 cal

Chocolate No Nut Butter Cup 324 cal

- Snack Mix, Cheddar Chex 110 cal
- Assorted Milk 110 cal

Mozzarella Cheese Stick 80 cal

- Bear Grahams 122 cal

Chocolate No Nut Butter Cup 324 cal

- Savory Cracker, WG 180 cal
- Assorted Milk 110 cal

No menu published

Vanilla Yogurt Cup 90 cal

- Strawberry Yogurt Cup 90 cal
- Bear Grahams 120 cal

Peanut Butter cup 185 cal

- Chocolate No Nut Butter Cup 320 cal
- Savory Cracker, WG 180 cal

Scooby Doo Grahams 132 cal

- Assorted Milk 110 cal

Cheddar Cubes 90 cal

- Chocolate No Nut Butter Cup 324 cal
- Goldfish Pretzels 90 cal

Chocolate No Nut Butter Cup 324 cal

- Cheddar Goldfish Crackers 100 cal
- Assorted Milk 110 cal

Vanilla Yogurt Cup 90 cal

- Strawberry Yogurt Cup 90 cal
- Cheddar Goldfish Crackers 100 cal

Chocolate No Nut Butter Cup 324 cal

- Snack Mix, Cheddar Chex 110 cal
- Assorted Milk 110 cal

Cheddar Cubes 90 cal

- Cracker, Sweet Educationa 130 cal

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- Assorted Milk 110 cal

Mozzarella Cheese Stick 80 cal

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