

Monday

Tuesday

Wednesday

Thursday

Friday

5	
CHICKEN CORN DOG 250 cal	
Sandwich, Cheese 330 cal	
Croissant 290 cal	
Black Forest Ham & Cheddar Sandwich 54 cal	
Fresh Steamed Broccoli 60 cal	
Mango Splash Vegetable Juice 50 cal	
Harvest Treats Veg 70 cal	
Diced Pear Cup 70 cal	
Diced Peach Cup 80 cal	
Mix Fruit Cup	

6	
BREADED CHICKEN TENDERS, K-8 280 cal	
Pork Rib Sandwich, Onion Rings & Pickles 620 cal	
Sandwich, PBJ 5.3 oz 600 cal	
PBJ, 2.6 oz & Cheese 380 cal	
Seasoned Crispy Fries 81 cal	
Cucumber Dippers with Ranch Dressing 61 cal	
Orange Wedges 76 cal	
Fresh Apple Slices 30 cal	
Fresh Tangerine 40 cal	
Red Delicious Apple 75 cal	
Applesauce, Strawberry 4.5 oz 50 cal	
Applesauce, Cinnamon 90 cal	
Applesauce, 4.5 oz	

7	
CHICKEN WINGS, 4 EACH 418 cal	
Turkey & American on Bun 251 cal	
Sweet Brazilian Bun 170 cal	
Steamed Carrots 69 cal	
Coleslaw 130 cal	
Red Delicious Apple 75 cal	
Banana, fresh 146 cal	
Pineapple, Wedges 30 cal	
Frozen	
Fruit Juice Blend 60 cal	
Apple Juice 60 cal	
Applesauce, Strawberry 4.5 oz 50 cal	
Applesauce, Cinnamon 90 cal	
Applesauce, 4.5 oz	
Applesauce, Birthday Cake 4.5 oz 70 cal	

8	
STUFFED CHEESY BREADSTICK 300 cal	
Rotisserie Chicken and Cheese Sandwich 280 cal	
Fresh Broccoli Dippers with Ranch Dressing 60 cal	
Dark Green Side Salad 21 cal	
Pineapple, Wedges 30 cal	
Frozen	
Fresh Tangerine 40 cal	
Red Delicious Apple 75 cal	
Fresh Apple Slices 30 cal	
Banana, fresh 146 cal	
Orange Wedges 76 cal	

9	
HAMBURGER, 2.0 OZ 304 cal	
Cheeseburger 339 cal	
Turkey & American Sub 311 cal	
Tater Tots 113 cal	
Mandarin Carrot Slaw 67 cal	
Carrot Dippers with Ranch Dressing 81 cal	
Pineapple, Wedges 30 cal	
Frozen	
Fresh Tangerine 40 cal	
Red Delicious Apple 75 cal	
Fresh Apple Slices 30 cal	
Peach Cup 90 cal	
Strawberry Cup 80 cal	
Mixed Berry Fruit Cup 90 cal	

12	
No menu published	

13	
BREADED CHICKEN TENDERS, K-8 230 cal	
Tater Tots 113 cal	
Applesauce, Strawberry 4.5 oz 50 cal	

14	
BREADED MOZZARELLA STICKS 400 cal	
Red Delicious Apple 75 cal	

15	
TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal	
Steamed Carrots, 1/2 cup 70 cal	
Fresh Tangerine 40 cal	

16	
FOUR CHEESE PIZZA SLICE 330 cal	
Fresh Steamed Broccoli 54 cal	
Fresh Apple Slices 30 cal	

19	
CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN 437 cal	
Green Beans 49 cal	
Applesauce 4.5 oz 60 cal	

20	
CHEESE PIZZA RIPPERS 260 cal	
Apple Juice 60 cal	

21	
CHICKEN CORN DOG 250 cal	
Fresh Broccoli Dippers with Ranch Dressing 60 cal	
Red Delicious Apple 75 cal	

22	
POPCORN CHICKEN 261 cal	
Sweet Waffle Potato 150 cal	
Fresh Apple Slices 30 cal	

23	
BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal	
Tater Tots 113 cal	
Peach Cup 90 cal	

26	
BREADED CHICKEN TENDERS, K-8 230 cal	
Tater Tots 113 cal	
Diced Peach Cup 70 cal	

27	
HAMBURGER, 2.0 OZ 304 cal	
Cheeseburger 339 cal	
Sweet Waffle Potato 150 cal	
Fresh Apple Slices 30 cal	

28	
CHICKEN WINGS, 4 EACH 418 cal	
Sweet Brazilian Bun 170 cal	
Fresh Broccoli Dippers with Ranch Dressing 60 cal	
Red Delicious Apple 75 cal	

29	
STUFFED CHEESY BREADSTICK 300 cal	
Fresh Apple Slices 30 cal	

30	
POPCORN CHICKEN 261 cal	
Seasoned Crispy Fries 81 cal	
Peach Cup 90 cal	

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MenuViewer