

LUNCH

OCTOBER 2026

Sunshine Elementary School

Orange County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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Popcorn Chicken 203 cal
Breaded Chicken Nuggets 330 cal
PBJ, 2.6 oz & Cheese 380 cal
Breaded Chicken Tenders, K-8 280 cal
Potatoes, Mashed 70 cal
Peas & Carrots 103 cal
Strawberry Kiwi Juice 60 cal
Fruit Juice Blend 60 cal
Apple Juice 60 cal
Orange Juice 60 cal

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Turkey Barbacoa Birria Soft Tacos w/shredded cheese 391 cal
Turkey Barbacoa Birria Nachos w/shredded cheese 414 cal
Yogurt, Cheese, w/ Banana Bread Plate 430 cal
Two Soft Turkey Tacos w/ Cheese 248 cal
Pinto Beans, 1/2 cup 163 cal
Salsa Dipping Cup 25 cal
Pinto Beans 163 cal
Peach Cup 90 cal
Strawberry Cup 80 cal
Mixed Berry Fruit Cup 90 cal

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Grilled Cheese Sandwich 309 cal
Buttermilk Pancakes w/ Turkey Sausage 300 cal
Egg, Muffin, Cheese, & Apples Box 420 cal
Tater Tots 113 cal
Coleslaw 130 cal
Fresh Tangerine 40 cal
Fresh Apple Slices 30 cal
Red Delicious Apple 75 cal

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Mac and Cheese 372 cal
Spaghetti w/ Meatballs 394 cal
Grilled Chicken Breast Salad 196 cal
Popcorn Chicken with Mac and Cheese 474 cal
Spaghetti & Meatballs with Garlic Bread Stick 378 cal
Garlic Spinach 94 cal
Garden Side Salad 16 cal
Strawberry Kiwi Juice 60 cal
Fruit Juice Blend 60 cal
Apple Juice 60 cal
Orange Juice 60 cal

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Four Cheese Pizza Wedge 330 cal
Breaded Mozzarella Sticks 411 cal
Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 476 cal
Four Cheese Pepperoni Pizza, WW 363 cal
Harvest Treats Veg Juice 50 cal
Harvest Treats Veg Juice - SD 50 cal
Fresh Tangerine 40 cal
Fresh Apple Slices 30 cal
Red Delicious Apple 75 cal
Strawberry Cup 80 cal
Mixed Berry Fruit Cup 90 cal
Applesauce 4.5 oz 60 cal

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No menu published

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Yogurt & Cheese Cool Pack 390 cal
Sofrito Roasted Drumstick 175 cal
Sweet Brazilian Bun 170 cal
Sweet Plantain Slices 262 cal
Golden Sun Splash Vegetable Juice 40 cal
Applesauce, Strawberry 4.5 oz 50 cal

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Hamburger, 2.0 oz 304 cal
Cheeseburger 339 cal
PBJ Sandwich Box 480 cal
Vegetarian Baked Beans 192 cal
24 Hour Zesty Pickles 41 cal
Fresh Apple Slices 30 cal

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Popcorn Chicken Salad 274 cal
Asian Teriyaki Chicken 180 cal
Brown Rice 109 cal
Fresh Steamed Broccoli 54 cal
Cucumber Salad 49 cal
Apple Juice 60 cal

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PizzaBoli 309 cal
Turkey & American on Bun 251 cal
Garden Side Salad 16 cal
Fresh Apple Slices 30 cal

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Empanada, Chicken Enchilada 300 cal
Yogurt, Cheese, w/ Banana Bread Plate 430 cal
Salsa Dipping Cup 25 cal
Carrot Dippers with Ranch Dressing 81 cal
Apple Juice 60 cal

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Cuban Style Mojo Pork 205 cal
PBJ, 2.6 oz & Cheese 380 cal
Seasoned Brown Rice, 1/2 cup 166 cal
Pinto Beans, 1/2 cup 163 cal
Sweet Plantain Slices 262 cal
Applesauce, Strawberry 4.5 oz 50 cal
Asian Teriyaki Chicken 180 cal

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Scrambled Eggs with Cheese & French Toast Platter 320 cal
Egg, Muffin, Cheese, & Apples Box 420 cal
Garlic Spinach 94 cal
Harvest Treats Veg Juice 50 cal
Fresh Apple Slices 30 cal

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Chef Salad w/Turkey, Egg & WG Cracker 299 cal
Breaded Chicken Tenders, K-8 230 cal
Potatoes, Mashed 48 cal
Garden Side Salad 16 cal
Apple Juice 60 cal

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Four Cheese Pizza Slice 330 cal
Turkey & American Wrap 301 cal
Italian Blend Vegetables 71 cal
Peach Cup 90 cal

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Meatball Pizza Sub 413 cal
PBJ Sandwich Box 480 cal
Emoji Fries 130 cal
Apple Juice 60 cal
Cheeseburger 339 cal

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Seasoned Chicken Fajita 177 cal
Hummus Cup Platter 298 cal
Brown Rice 109 cal
Salsa Dipping Cup 25 cal
Mango Splash Vegetable Juice 60 cal
Peach Cup 90 cal

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6" Personal Cheese Pizza 328 cal
Turkey & American Sub 311 cal
Fresh Steamed Broccoli 54 cal
Fresh Apple Slices 30 cal

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Chicken Corn Dog 250 cal
Chicken Fajita Salad w/Flatbread 426 cal
Vegetarian Baked Beans 192 cal
Coleslaw 130 cal
Apple Juice 60 cal

- ★
Seasonal Shaped Nuggets 180 cal
Egg, Cheese & Flatbread Box 290 cal
Steamed Corn, 1/2 cup 108 cal
Garden Side Salad 16 cal
Fresh Apple Slices 30 cal

EVERY DAY

Assorted Milk

Menu subject to change.