

Monday

Tuesday

Wednesday

Thursday

Friday

5
EGGS, BACON & TOAST PLATTER 230 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 101 cal Blueberry Muffin Top 250 cal Peach Cup 90 cal Strawberry Cup 80 cal

6
MOZZARELLA CHEESE BITES, 3 EACH 340 cal Cocoa Puffs Bowl 1 oz 120 cal Cheerios Gluten Free Bowl 1 oz 101 cal Banana Sliced Bread 260 cal Peach Cup 90 cal Mixed Berry Fruit Cup 90 cal

7
PANCAKE BITES 250 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 101 cal Banana, fresh 146 cal Orange Wedges 76 cal Pineapple, Wedges Frozen 30 cal

8
POWER BOX WITH CRACKERS (NO YOGURT) 242 cal Blueberry Muffin Top 250 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Apple Juice 60 cal Fruit Juice Blend 60 cal Tangelos, Fresh 47 cal Banana, fresh 146 cal Fresh Apple Slices 30 cal

9
OATMEAL 190 cal Sweet Potato Swirl 138 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Orange Wedges 76 cal Golden Delicious 75 cal Apple 90 cal Mixed Berry Fruit Cup 30 cal

12
No menu published

13
BREADED MOZZARELLA STICKS 400 cal Mozzarella Cheese Bites, 2 each 227 cal Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Pineapple, Wedges Frozen 30 cal Dried Cranberries 110 cal

14
SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 142 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Apple Juice 60 cal Fruit Juice Blend 60 cal Fresh Tangerine 40 cal Pineapple, Wedges Frozen 30 cal

15
STUFFED HASHBROWN POTATO 245 cal Frosted Corn Flakes Bowl 1 oz 110 cal Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal Cocoa Puffs Bowl 1 oz 120 cal Orange Wedges 76 cal Golden Delicious 75 cal Apple 60 cal Fresh Apple Slices 30 cal

16
PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Scramble Eggs and Toast 169 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Fresh Tangerine 40 cal

19
EGGS, BACON & TOAST PLATTER 230 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Blueberry Muffin Top 250 cal Peach Cup 90 cal Strawberry Cup 80 cal

20
MOZZARELLA CHEESE BITES, 3 EACH 340 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Peach Cup 90 cal Strawberry Cup 80 cal

21
PANCAKE BITES 250 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Pineapple, Wedges Frozen 30 cal Orange Wedges 76 cal

22
POWER BOX WITH CRACKERS (NO YOGURT) 242 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Cheerios Gluten Free Bowl 1 oz 101 cal Fruit Juice Blend 60 cal Strawberry Cup 80 cal Strawberry Kiwi Juice 60 cal

23
SWIRL RASPBERRY 130 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Buttermilk Pancakes, 2 ea 180 cal Orange Wedges 76 cal Golden Delicious 75 cal Apple 60 cal Applesauce 4.5 oz 60 cal

26
BANANA SLICED BREAD 260 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Apple Juice 60 cal Fruit Juice Blend 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal

27
MOZZARELLA CHEESE BITES, 3 EACH 340 cal 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Strawberry Cup 80 cal Pineapple, Wedges Frozen 30 cal

28
SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Apple Juice 60 cal Fruit Juice Blend 60 cal Fresh Apple Slices 30 cal

29
STUFFED HASHBROWN POTATO 245 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Banana, fresh 146 cal Orange Wedges 76 cal

30
PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Scramble Eggs and Toast 169 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes Bowl 1 oz 110 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Fresh Tangerine 40 cal

Served every day:

Mozzarella Cheese Stick • Trix Cereal Bowl 1 oz • Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MenuViewer