

Monday

Tuesday

Wednesday

Thursday

Friday

5		
	POPCORN	203 cal
	CHICKEN	
	Breaded Chicken	330 cal
	Nuggets	
	PBJ, 2.6 oz & Cheese	380 cal
	Potatoes, Mashed	70 cal
	Peas & Carrots	103 cal
	Strawberry Kiwi Juice	60 cal
	Fruit Juice Blend	60 cal
	Apple Juice	60 cal
	Orange Juice	60 cal
	Breaded Chicken Tenders, K-8	280 cal

6		
	TURKEY	391 cal
	BARBACOA BIRRIA SOFT TACOS W/SHREDDED CHEESE	
	Turkey Barbacoa Birria Nachos w/shredded cheese	414 cal
	Yogurt, Cheese, w/ Banana Bread Plate	430 cal
	Pinto Beans, 1/2 cup	163 cal
	Salsa Dipping Cup	25 cal
	Pinto Beans	163 cal
	Peach Cup	90 cal
	Strawberry Cup	80 cal
	Mixed Berry Fruit Cup	90 cal
	Two Soft Turkey Tacos w/ Cheese	248 cal

7		
	GRILLED CHEESE SANDWICH	309 cal
	Buttermilk Pancakes w/ Turkey Sausage	300 cal
	Egg, Muffin, Cheese, & Apples Box	420 cal
	Tater Tots	113 cal
	Coleslaw	130 cal
	Fresh Tangerine	40 cal
	Fresh Apple Slices	30 cal
	Red Delicious Apple	75 cal

8		
	MAC AND CHEESE	372 cal
	Spaghetti w/ Meatballs	394 cal
	Grilled Chicken Breast Salad	196 cal
	Popcorn Chicken with Mac and Cheese	474 cal
	Spaghetti & Meatballs with Garlic Bread Stick	378 cal
	Garlic Spinach	94 cal
	Garden Side Salad	16 cal
	Strawberry Kiwi Juice	60 cal
	Fruit Juice Blend	60 cal
	Apple Juice	60 cal
	Orange Juice	60 cal

9		
	FOUR CHEESE PIZZA WEDGE	330 cal
	Breaded Mozzarella Sticks	411 cal
	Bento Box w/Pepperoni, Cheese, Marinara, Flatbread	476 cal
	Four Cheese Pepperoni Pizza, WW	363 cal
	Harvest Treats Veg Juice	50 cal
	Harvest Treats Veg Juice - SD	50 cal
	Fresh Tangerine	40 cal
	Fresh Apple Slices	30 cal
	Red Delicious Apple	75 cal
	Strawberry Cup	80 cal
	Mixed Berry Fruit Cup	90 cal
	Applesauce 4.5 oz	60 cal

12		
	No menu published	

13		
	HERB ROASTED CHICKEN THIGH	344 cal
	Yogurt & Cheese	390 cal
	Cool Pack	
	Sweet Brazilian Bun	170 cal
	Sweet Plantain Slices	262 cal
	Golden Sun Splash Vegetable Juice	40 cal
	Applesauce, Birthday Cake 4.5 oz	70 cal

14		
	HAMBURGER, 2.0 OZ	304 cal
	Cheeseburger	339 cal
	PBJ Sandwich Box	480 cal
	Vegetarian Baked Beans	192 cal
	24 Hour Zesty Pickles	41 cal
	Fresh Apple Slices	30 cal

15		
	ASIAN TERIYAKI CHICKEN	180 cal
	Popcorn Chicken Salad	274 cal
	Brown Rice	109 cal
	Fresh Broccoli Dippers with Ranch Dressing	60 cal
	Cucumber Salad	49 cal
	Strawberry Kiwi Juice	60 cal
	Fruit Juice Blend	60 cal
	Vegetable Fried Brown Rice, 1/2 cup	135 cal

16		
	PIZZABOLI	309 cal
	Turkey & American on Bun	251 cal
	Garden Side Salad	16 cal
	Applesauce 4.5 oz	60 cal

19		
	CALZONE, CHEESEBURGER	310 cal
	Yogurt, Cheese, w/ Banana Bread Plate	430 cal
	Salsa Dipping Cup	25 cal
	Carrot Dippers with Ranch Dressing	81 cal
	Strawberry Kiwi Juice	60 cal
	Fruit Juice Blend	60 cal

20		
	CUBAN STYLE MOJO PORK	205 cal
	PBJ, 2.6 oz & Cheese	380 cal
	Seasoned Brown Rice, 1/2 cup	166 cal
	Pinto Beans, 1/2 cup	163 cal
	Sweet Plantain Slices	262 cal
	Applesauce 4.5 oz	60 cal
	Tangerine Chicken	219 cal

21		
	SCRAMBLED EGGS WITH CHEESE & FRENCH TOAST PLATTER	320 cal
	Egg, Muffin, Cheese, & Apples Box	420 cal
	Garlic Spinach	94 cal
	Harvest Treats Veg Juice	50 cal
	Fresh Tangerine	40 cal
	Orange Wedges	76 cal

22		
	BREADED CHICKEN BREAST TENDERS	230 cal
	Chef Salad w/Turkey, Egg & WG Cracker	299 cal
	Potatoes, Mashed	48 cal
	Garden Side Salad	16 cal
	Strawberry Kiwi Juice	60 cal
	Fruit Juice Blend	60 cal

23		
	FOUR CHEESE PIZZA SLICE	330 cal
	Turkey & American Croissant	301 cal
	Italian Blend	71 cal
	Vegetables	
	Strawberry Cup	80 cal

26		
	MEATBALL PIZZA SUB	413 cal
	PBJ Sandwich Box	480 cal
	Emoji Fries	130 cal
	Salsa Dipping Cup	25 cal
	Strawberry Kiwi Juice	60 cal
	Fruit Juice Blend	60 cal
	Hamburger, 2.0 oz	304 cal
	Cheeseburger	339 cal

27		
	TANGERINE CHICKEN	219 cal
	Hummus Cup Platter	298 cal
	Brown Rice	109 cal
	Salsa Dipping Cup	25 cal
	Mango Splash Vegetable Juice	60 cal
	Peach Cup	90 cal

28		
	GARLIC FRENCH BREAD CHEESE PIZZA	383 cal
	Turkey & American Sub	311 cal
	Fresh Steamed Broccoli	54 cal
	Pineapple, Wedges Frozen	30 cal
	Fresh Broccoli Dippers with Ranch Dressing	60 cal

29		
	CHICKEN CORN DOG	250 cal
	Chicken Fajita Salad w/Flatbread	426 cal
	Vegetarian Baked Beans	192 cal
	Coleslaw	130 cal
	Strawberry Kiwi Juice	60 cal
	Fruit Juice Blend	60 cal

30		
	SEASONAL SHAPED NUGGETS	180 cal
	Egg, Cheese & Flatbread Box	290 cal
	Steamed Corn, 1/2 cup	108 cal
	Garden Side Salad	16 cal
	Applesauce, Strawberry 4.5 oz	50 cal

Served every day:
 Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MenuViewer