

Monday

Tuesday

Wednesday

Thursday

Friday

5	
EGGS, BACON & TOAST PLATTER	230 cal
Mozzarella Cheese Stick	80 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Banana Sliced Bread	260 cal
WG Toast	90 cal
Peach Cup	90 cal
Strawberry Cup	80 cal
Mixed Berry Fruit Cup	90 cal

6	
MOZZARELLA CHEESE BITES, 3 EACH	340 cal
Mozzarella Cheese Stick	80 cal
WG Double Chocolate Muffin	170 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
WG Toast	90 cal
Peach Cup	90 cal
Strawberry Cup	80 cal
Mixed Berry Fruit Cup	90 cal

7	
PANCAKE BITES	250 cal
Mozzarella Cheese Stick	80 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
WG Toast	90 cal
Banana, fresh	146 cal
Pineapple, Wedges	30 cal
Orange Wedges	76 cal

8	
POWER BOX WITH CRACKERS (NO YOGURT)	242 cal
Mozzarella Cheese Stick	80 cal
Blueberry Muffin Top	250 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
WG Toast	90 cal
Apple Juice	60 cal
Fruit Juice Blend	60 cal
Tangelos, Fresh	47 cal
Banana, fresh	146 cal
Fresh Apple Slices	30 cal

9	
MOZZARELLA CHEESE STICK	80 cal
Sweet Potato Swirl	138 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
WG Toast	90 cal
Orange Wedges	76 cal
Golden Delicious Apple	75 cal
Mixed Berry Fruit Cup	90 cal

12	
No menu published	

13	
MOZZARELLA CHEESE BITES, 3 EACH	340 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Cheerios Gluten Free Bowl 1 oz	101 cal
Cocoa Puffs Bowl 1 oz	120 cal
Fresh Orange	76 cal
Applesauce 4.5 oz	60 cal
Apple Juice	50 cal
Raisels	27 cal

14	
SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER	245 cal
Mozzarella Cheese Stick	80 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Fresh Apple Slices	30 cal
Apple Juice	60 cal
Fruit Juice Blend	60 cal

15	
STUFFED HASHBROWN POTATO	245 cal
Mozzarella Cheese Stick	80 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Orange Wedges	76 cal
Dried Cranberries	110 cal

16	
PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON)	384 cal
Mozzarella Cheese Stick	80 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Fruit Juice Blend	60 cal
Apple Juice	60 cal
Fresh Apple Slices	30 cal

19	
EGGS, BACON & TOAST PLATTER	230 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
WG Toast	90 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Applesauce, Strawberry 4.5 oz	50 cal
Dried Cranberries	110 cal

20	
MOZZARELLA CHEESE BITES, 3 EACH	340 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
WG Toast	90 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Apple Juice	60 cal
Fruit Juice Blend	60 cal

21	
PANCAKE BITES	250 cal
Mozzarella Cheese Stick	80 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal

22	
POWER BOX WITH CRACKERS (NO YOGURT)	242 cal
Mozzarella Cheese Stick	80 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Apple Juice	60 cal
Fruit Juice Blend	60 cal
Dried Cranberries	110 cal

23	
MOZZARELLA CHEESE STICK	80 cal
Swirl Raspberry	130 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Orange Wedges	76 cal

26	
MOZZARELLA CHEESE STICK	80 cal
Banana Sliced Bread	260 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Apple Juice	60 cal
Fruit Juice Blend	60 cal
Applesauce, Blue Razzleberry 4.5 oz	50 cal

27	
MOZZARELLA CHEESE BITES, 3 EACH	340 cal
Mozzarella Cheese Stick	80 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal

28	
SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER	245 cal
Mozzarella Cheese Stick	80 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Apple Juice	60 cal
Fruit Juice Blend	60 cal
Fresh Apple Slices	30 cal

29	
STUFFED HASHBROWN POTATO	245 cal
Mozzarella Cheese Stick	80 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Orange Wedges	76 cal

30	
MOZZARELLA CHEESE STICK	80 cal
Sweet Potato Swirl	140 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Fruit Juice Blend	60 cal
Apple Juice	60 cal
Fresh Apple Slices	30 cal

Served every day:

Trix Cereal Bowl 1 oz · Nutrigrain Bar, Strawberry · Trix Cereal Bar 1.42 oz · Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MenuView