

SNACK

OCTOBER 2026

Spring Lake Elementary School

Orange County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5 CHEDDAR GOLDFISH CRACKERS 100 cal Assorted Milk 110 cal	6 STRAWBERRY YOGURT CUP 90 cal Cracker, Sweet Educationa 130 cal	7 SNACK MIX, CHEDDAR CHEX 110 cal Assorted Milk 110 cal	1 MOZZARELLA CHEESE STICK 80 cal Snack Mix, Cheddar Chex 110 cal	2 PEANUT BUTTER CUP 185 cal Savory Cracker,WG 180 cal
12 No menu published	13 STRAWBERRY YOGURT CUP 90 cal Bear Grahams 120 cal	14 PEANUT BUTTER CUP 185 cal Savory Cracker,WG 180 cal	8 MOZZARELLA CHEESE STICK 80 cal Bear Grahams 122 cal	9 SAVORY CRACKER,WG 180 cal Assorted Milk 110 cal
19 ASSORTED MILK 110 cal	20 STRAWBERRY YOGURT CUP 90 cal Cheddar Goldfish Crackers 100 cal	21 SNACK MIX, STRAWBERRY CREME CHEX 124 cal Assorted Milk 110 cal	15 SCOOBY DOO GRAHAMS 132 cal Assorted Milk 110 cal	16 CHEDDAR CUBES 90 cal Goldfish Pretzels 90 cal
26 CHEEZ IT CRACKERS 100 cal Assorted Milk 110 cal	27 MOZZARELLA CHEESE STICK 80 cal Snack Mix, Cheddar Chex 110 cal	28 BEAR GRAHAMS 120 cal Assorted Milk 110 cal	22 CHEDDAR CUBES 90 cal Cracker, Sweet Educationa 130 cal	23 PEANUT BUTTER CUP 185 cal Savory Cracker,WG 180 cal