

SNACK

OCTOBER 2026

Southwood Elementary School

Orange County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			★ 1 MOZZARELLA CHEESE STICK 80 cal Snack Mix, Cheddar Chex 110 cal	★ 2 PEANUT BUTTER CUP 185 cal Savory Cracker, WG 180 cal
★ 5 BREAKFAST EGG BOX 270 cal Chocolate No Nut Butter Cup 324 cal Cheddar Goldfish Crackers 100 cal Assorted Milk 110 cal	★ 6 VANILLA YOGURT CUP 90 cal Strawberry Yogurt Cup 90 cal Cracker, Sweet Educationa 130 cal	★ 7 CHOCOLATE NO NUT BUTTER CUP 324 cal Snack Mix, Cheddar Chex 110 cal Apple Juice 90 cal Assorted Milk 110 cal	★ 8 MOZZARELLA CHEESE STICK 80 cal Bear Grahams 122 cal Assorted Milk 110 cal	★ 9 CHOCOLATE NO NUT BUTTER CUP 324 cal Savory Cracker, WG 180 cal Orange Juice 60 cal Assorted Milk 110 cal
★ No menu published	★ VANILLA YOGURT CUP 90 cal Bear Grahams 120 cal	★ PEANUT BUTTER CUP 185 cal Savory Cracker, WG 180 cal	★ SCOOBY DOO GRAHAMS 132 cal Assorted Milk 110 cal	★ CHEDDAR CUBES 90 cal Goldfish Pretzels 90 cal
★ 19 SOUR CREAM & ONION, GOLDFISH CRACKERS 97 cal Assorted Milk 110 cal	★ 20 VANILLA YOGURT CUP 90 cal Cheddar Goldfish Crackers 100 cal	★ 21 SNACK MIX, STRAWBERRY CREME CHEX 124 cal Assorted Milk 110 cal	★ 22 CHEDDAR CUBES 90 cal Cracker, Sweet Educationa 130 cal	★ 23 PEANUT BUTTER CUP 185 cal Savory Cracker, WG 180 cal
★ 26 CHEEZ IT CRACKERS 100 cal Assorted Milk 110 cal	★ 27 MOZZARELLA CHEESE STICK 80 cal Snack Mix, Cheddar Chex 110 cal	★ 28 BEAR GRAHAMS 120 cal Assorted Milk 110 cal	★ 29 CHEDDAR CUBES 90 cal Goldfish Pretzels 90 cal	★ 30 PEANUT BUTTER CUP 185 cal Savory Cracker, WG 180 cal

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Orange County Public Schools publishes them.