

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Popcorn Chicken with Mac and Cheese	474 cal
Chicken Waffles sandwich	377 cal
Black Forest Ham & Cheddar Sandwich	290 cal
Breaded Mozzarella Sticks	411 cal
Mango Splash Vegetable Juice	60 cal
Harvest Treats Veg Juice	50 cal
Shredded Lettuce Cup	10 cal
Harvest Treats Veg Juice - SD	50 cal
Strawberry Cup	80 cal
Applesauce, Strawberry 4.5 oz	50 cal
Assorted Milk	110 cal

6

Philly Cheese Steak Sandwich	605 cal
Philly Cheese Steak Peppers & Onions Sandwich	612 cal
Nachos with Carne Asada & Cheese	516 cal
Butterball Turkey Hot Dog on WG Bun	270 cal
Eisenberg Beef Hot Dog on WG Bun	320 cal
Grilled Cheese Sandwich	309 cal
Sweet Waffle Potato	150 cal
Seasoned Black Beans	144 cal
Pinto Beans, 1/2 cup	163 cal
Pinto Beans	163 cal
Applesauce, Birthday Cake 4.5 oz	70 cal
Applesauce, Blue Razzleberry 4.5 oz	50 cal
Assorted Milk	110 cal

7

Buffalo Chicken Wings, 4 each	462 cal
Ranch Chicken Wings, 4 each	473 cal
WG Cheese Pizza	376 cal
WG Pepperoni Pizza	403 cal
PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
Sweet Brazilian Bun	170 cal
Seasoned Crispy Fries	81 cal
Celery Sticks 1/2 c.	60 cal
Harvest Treats Veg Juice - SD	50 cal
Pineapple, Wedges Frozen	30 cal
Peach Cup	90 cal
Fresh Apple Slices	30 cal
Orange Wedges	76 cal
Assorted Milk	110 cal

1

Sandwich, Meatball Sub	458 cal
Hummus Cup Platter	298 cal
Grilled Cheese Sandwich	309 cal
24 Hour Zesty Pickles	41 cal
Garlic Spinach	94 cal
Fresh Apple Slices	30 cal

2

Sweet and Spicy Chicken Sandwich	411 cal
Chicken Corn Dog	250 cal
Stuffed Cheesy Breadstick	300 cal
Roasted Glazed Carrots	74 cal
Sweet Waffle Potato	150 cal
Red Delicious Apple	75 cal

8

Chicken Tenders with Sweet Brazilian Bun, MS/HS	400 cal
Breaded Drumstick with Sweet Brazilian Bun	380 cal
Turkey Sausage & Cheese on Hamburger Bun	271 cal
Potatoes, Mashed	70 cal
Fresh Cold Broccoli Salad	141 cal
Banana, fresh	146 cal
Tangelos, Fresh	47 cal
Red Delicious Apple	75 cal
Fruit Juice Blend	60 cal
Apple Juice	60 cal
Assorted Milk	110 cal

9

Tangerine Chicken	219 cal
Asian Teriyaki Chicken	180 cal
WG Cheese Pizza	376 cal
Tomato and Basil Bianca Pizza	429 cal
Bento Box with Pepperoni & Cheese	349 cal
Vegetable Fried Brown Rice, 1/2 cup	140 cal
Mandarin Carrot Slaw	67 cal
Italian Blend Vegetables	71 cal
Pineapple, Wedges Frozen	30 cal
Banana, fresh	146 cal
Tangelos, Fresh	47 cal
Red Delicious Apple	75 cal
Golden Delicious Apple	75 cal
Fresh Tangerine	40 cal
Assorted Milk	110 cal

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No menu published	
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13

Butterball Turkey Hot Dog on WG Bun	270 cal
Turkey Sausage & Cheese on Croissant	321 cal
Breaded Mozzarella Sticks	400 cal
Seasoned Black Beans	144 cal
Applesauce, Cinnamon 4.5 oz	90 cal

14

BBQ Chicken Drumstick	227 cal
WG Buffalo Chicken Pizza	414 cal
Breaded Chicken Sandwich	340 cal
Spicy Breaded Chicken Sandwich	340 cal
Dinner Roll	110 cal
24 Hour Zesty Pickles	41 cal
Garlic Spinach	94 cal
Pineapple, Wedges Frozen	30 cal

15

Spaghetti w/ Meatballs	384 cal
PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
Bento Box w/Pepperoni, Cheese, Marinara, Flatbread	386 cal
Dark Green Side Salad	21 cal
Fresh Apple Slices	30 cal

16

Hamburger, 3.0 oz	375 cal
Cheeseburger	410 cal
WG Cheese Pizza	426 cal
WG Pepperoni Pizza	403 cal
PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
Lettuce & Tomato Cup	16 cal
Seasoned Crispy Fries	81 cal
Raisels	27 cal

19

Chicken Waffles sandwich	354 cal
Black Forest Ham & Cheddar Sandwich	290 cal
Breaded Mozzarella Sticks	400 cal
Fresh Steamed Broccoli	54 cal
Applesauce, Strawberry 4.5 oz	50 cal

20

Seasoned Rice Cuban Style Mojo Pork Bowl	371 cal
Grilled Cheese Sandwich	309 cal
Bento Box with Pepperoni & Cheese	349 cal
Sweet Plantain Slices	262 cal
Celery Sticks 1/2 c.	60 cal
Pineapple, Wedges Frozen	30 cal

21

Buffalo Chicken Wings, 4 each	455 cal
WG Cheese Pizza	426 cal
WG Pepperoni Pizza	403 cal
PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
Sweet Brazilian Bun	170 cal
Sweet Waffle Potato	150 cal
Seasoned Black Beans	144 cal
Fresh Apple Slices	30 cal

22

Breaded Drumstick with Sweet Brazilian Bun	380 cal
Turkey Sausage & Cheese on Hamburger Bun	271 cal
Turkey & Cheese Pinwheel Box	408 cal
Potatoes, Mashed	48 cal
Harvest Treats Veg Juice	50 cal
Red Delicious Apple	75 cal

23

Tangerine Chicken	219 cal
WG Cheese Pizza	426 cal
Tomato and Basil Bianca Pizza	429 cal
Turkey Sausage & Cheese on Biscuit	321 cal
Mandarin Carrot Slaw	67 cal
TomatoDippers	25 cal
Fresh Apple Slices	30 cal

26

Black Forest Ham & Cheddar Sandwich	290 cal
WG Cheese Pizza	426 cal
WG Pepperoni Pizza	403 cal
Breaded Mozzarella Sticks	400 cal
Mango Splash Vegetable Juice	60 cal
Applesauce, Strawberry 4.5 oz	50 cal

27

Two California Chicken Tacos	393 cal
Grilled Cheese Sandwich	309 cal
Pineapple, Wedges Frozen	30 cal

28

BBQ Chicken Drumstick	227 cal
Beef Philly Steak Pizza	519 cal
WG Buffalo Chicken Pizza	414 cal
PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
WG Cheese Pizza	426 cal
Brown Rice	109 cal
Lettuce & Tomato Cup	16 cal
Seasoned Black Beans	144 cal
Diced Pear Cup	70 cal

29

Sandwich, Meatball Sub	458 cal
Impossible Burger	311 cal
Bento Box w/Pepperoni, Cheese, Marinara, Flatbread	386 cal
Garlic Spinach	94 cal
Banana, fresh	146 cal

30

Seasonal Shaped Nuggets w/Sweet Brazilian Bun	350 cal
Breaded Chicken Sandwich	340 cal
Spicy Breaded Chicken Sandwich	340 cal
Seasoned Crispy Fries	81 cal
Coleslaw	130 cal
Fresh Apple Slices	30 cal