

Monday	Tuesday	Wednesday	Thursday	Friday
			1  FOUR CHEESE PIZZA WEDGE 330 cal  Fresh Steamed Broccoli 54 cal  Orange Wedges 76 cal	2  BREADED CHICKEN TENDERS, K-8 280 cal  Tater Tots 113 cal  Strawberry Cup 80 cal
5  CHICKEN CORN DOG 250 cal  Fresh Steamed Broccoli 54 cal  Applesauce, Strawberry 4.5 oz 50 cal	6  BREADED CHICKEN TENDERS, K-8 280 cal  Seasoned Crispy Fries 81 cal  Orange Wedges 76 cal	7  CHICKEN WINGS, 4 EACH 418 cal  Sweet Brazilian Bun 170 cal  Steamed Carrots 69 cal  Red Delicious Apple 75 cal	8  STUFFED CHEESY BREADSTICK 300 cal  Rotisserie Chicken and Cheese Sandwich 280 cal  Fresh Broccoli Dippers with Ranch Dressing 60 cal  Dark Green Side Salad 21 cal  Pineapple, Wedges Frozen 30 cal  Fresh Tangerine 40 cal  Red Delicious Apple 75 cal  Fresh Apple Slices 30 cal  Banana, fresh 146 cal  Orange Wedges 76 cal	9  HAMBURGER, 2.0 OZ 304 cal  Cheeseburger 339 cal  Turkey & American Sub 311 cal  Tater Tots 113 cal  Mandarin Carrot Slaw 67 cal  Carrot Dippers with Ranch Dressing 81 cal  Pineapple, Wedges Frozen 30 cal  Fresh Tangerine 40 cal  Red Delicious Apple 75 cal  Fresh Apple Slices 30 cal  Peach Cup 90 cal  Strawberry Cup 80 cal  Mixed Berry Fruit Cup 90 cal
12 No menu published	13  BREADED CHICKEN TENDERS, K-8 230 cal  Tater Tots 113 cal  Fresh Red Apple 77 cal	14  BREADED MOZZARELLA STICKS 400 cal  Fresh Apple Slices 30 cal	15  TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal  Steamed Carrots, 1/2 cup 70 cal  Fresh Tangerine 40 cal	16  FOUR CHEESE PIZZA SLICE 330 cal  Fresh Steamed Broccoli 54 cal  Banana, fresh 146 cal
19  CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN 437 cal  Green Beans 49 cal  Applesauce, Strawberry 4.5 oz 50 cal	20  CHEESE PIZZA RIPPERS 260 cal  Apple Juice 60 cal	21  CHICKEN CORN DOG 250 cal  Fresh Broccoli Dippers with Ranch Dressing 60 cal  Red Delicious Apple 75 cal	22  POPCORN CHICKEN 261 cal  Sweet Waffle Potato 150 cal  Dried Cranberries 110 cal	23  BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal  Tater Tots 113 cal  Peach Cup 90 cal
26  BREADED CHICKEN TENDERS, K-8 230 cal  Tater Tots 113 cal  Diced Peach Cup 70 cal	27  HAMBURGER, 2.0 OZ 304 cal  Cheeseburger 339 cal  Sweet Waffle Potato 150 cal  Pineapple, Wedges Frozen 30 cal	28  CHICKEN WINGS, 4 EACH 418 cal  Sweet Brazilian Bun 170 cal  Fresh Broccoli Dippers with Ranch Dressing 60 cal  Red Delicious Apple 75 cal	29  STUFFED CHEESY BREADSTICK 300 cal  Fresh Tangerine 40 cal	30  POPCORN CHICKEN 261 cal  Seasoned Crispy Fries 81 cal  Strawberry Cup 80 cal

Served every day:

-  Wheat Crackers
-  Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.