

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 211 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Cinnamon Toast Crunch Bowl 1 oz 120 cal Cocoa Puffs Bowl 1 oz 120 cal Nutrigrain Bar, Strawberry 160 cal Apple Juice 60 cal Red Delicious Apple 75 cal Applesauce, Strawberry 4.5 oz 50 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Cinnamon Toast Crunch Bowl 1 oz 120 cal Cocoa Puffs Bowl 1 oz 120 cal Nutrigrain Bar, Strawberry 160 cal Golden Delicious Apple 75 cal Applesauce, Strawberry 4.5 oz 50 cal Apple Juice 50 cal
5	6	7	8	9
EGGS, BACON & TOAST PLATTER 230 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes 111 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal Banana Sliced Bread 260 cal WG Toast 90 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal	MOZZARELLA CHEESE BITES, 3 EACH 340 cal WG Double Chocolate Muffin 170 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes 111 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal	PANCAKE BITES 250 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Banana, fresh 146 cal Pineapple, Wedges Frozen 30 cal Orange Wedges 76 cal	POWER BOX WITH CRACKERS (NO YOGURT) 242 cal Blueberry Muffin Top 250 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes 111 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Apple Juice 60 cal Fruit Juice Blend 60 cal Tangelos, Fresh 47 cal Banana, fresh 146 cal Fresh Apple Slices 30 cal	SWEET POTATO SWIRL 138 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes 111 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal Apple 90 cal Mixed Berry Fruit Cup 90 cal
12	13	14	15	16
No menu published	MOZZARELLA CHEESE BITES, 3 EACH 340 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Peach Cup 90 cal Strawberry Cup 80 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal	SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Nutrigrain Bar, Strawberry 150 cal Apple Juice 60 cal Golden Delicious Apple 75 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal Fresh Tangerine 40 cal	STUFFED HASHBROWN POTATO 245 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Orange Wedges 76 cal Mixed Berry Fruit Cup 90 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal Fresh Apple Slices 30 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Frosted Corn Flakes 110 cal Trix Cereal Bowl 1 oz 110 cal Apple Juice 60 cal Fresh Apple Slices 30 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal
19	20	21	22	23
EGGS, BACON & TOAST PLATTER 230 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Peach Cup 90 cal Strawberry Cup 80 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal	MOZZARELLA CHEESE BITES, 3 EACH 340 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Strawberry Cup 80 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal Apple Juice 60 cal	PANCAKE BITES 250 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Pineapple, Wedges Frozen 30 cal Orange Wedges 76 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal	POWER BOX WITH CRACKERS (NO YOGURT) 242 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Apple Juice 60 cal Strawberry Cup 80 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal	SWIRL RASPBERRY 130 cal Nutrigrain Bar, Strawberry 150 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Orange Wedges 76 cal Mixed Berry Fruit Cup 90 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal
26	27	28	29	30
BANANA SLICED BREAD 260 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Apple Juice 60 cal Fresh Apple Slices 30 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal	MOZZARELLA CHEESE BITES, 3 EACH 340 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Strawberry Cup 80 cal Pineapple, Wedges Frozen 30 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal	SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Nutrigrain Bar, Strawberry 150 cal Apple Juice 60 cal Orange Wedges 76 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal Fresh Apple Slices 30 cal	STUFFED HASHBROWN POTATO 245 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Pineapple, Wedges Frozen 30 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal Fresh Apple Slices 30 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Frosted Corn Flakes 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Apple Juice 60 cal Fresh Tangerine 40 cal Applesauce, Strawberry 4.5 oz 50 cal Dried Cranberries 110 cal Fresh Apple Slices 30 cal

Served every day:
 Mozzarella Cheese Stick Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.