

Monday

Tuesday

Wednesday

Thursday

Friday

5

EGGS, BACON & TOAST PLATTER 230 cal
Cereal Blueberry Chex Bowl 1 oz 111 cal
Frosted Corn Flakes Bowl 1 oz 111 cal
Banana Sliced Bread 260 cal
Blueberry Muffin Top 250 cal
Peach Cup 90 cal
Strawberry Cup 80 cal
Mixed Berry Fruit Cup 90 cal

6

MOZZARELLA CHEESE BITES, 3 EACH 340 cal
WG Double Chocolate Muffin 170 cal
Cereal Blueberry Chex Bowl 1 oz 111 cal
Frosted Corn Flakes Bowl 1 oz 111 cal
Banana Sliced Bread 260 cal
Peach Cup 90 cal
Strawberry Cup 80 cal
Mixed Berry Fruit Cup 90 cal

7

PANCAKE BITES 250 cal
Cereal Blueberry Chex Bowl 1 oz 111 cal
Frosted Corn Flakes Bowl 1 oz 111 cal
Banana, fresh 146 cal
Pineapple, Wedges Frozen 30 cal
Orange Wedges 76 cal

8

POWER BOX WITH CRACKERS (NO YOGURT) 242 cal
Blueberry Muffin Top 250 cal
Cereal Blueberry Chex Bowl 1 oz 111 cal
Frosted Corn Flakes Bowl 1 oz 111 cal
Apple Juice 60 cal
Fruit Juice Blend 60 cal
Tangelos, Fresh 47 cal
Banana, fresh 146 cal
Fresh Apple Slices 30 cal

9

OATMEAL 190 cal
Sweet Potato Swirl 138 cal
Cereal Blueberry Chex Bowl 1 oz 111 cal
Frosted Corn Flakes Bowl 1 oz 111 cal
Orange Wedges 76 cal
Golden Delicious Apple 75 cal
Mixed Berry Fruit Cup 90 cal
Fresh Apple Slices 30 cal

12

No menu published

13

MOZZARELLA CHEESE BITES, 3 EACH 340 cal
Sunflower Seeds 204 cal
WG Double Chocolate Muffin 200 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Cheddar Goldfish Crackers 100 cal
Goldfish Pretzels 90 cal
Cheerios Gluten Free Bowl 1 oz 101 cal
Applesauce, Blue Razzleberry 4.5 oz 50 cal
Applesauce, Cinnamon 4.5 oz 90 cal
Diced Peach Cup 70 cal

14

SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Apple Juice 60 cal
Fruit Juice Blend 60 cal
Fresh Apple Slices 30 cal

15

STUFFED HASHBROWN POTATO 245 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Orange Wedges 76 cal
Golden Delicious Apple 75 cal

16

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Fruit Juice Blend 60 cal
Apple Juice 60 cal
Fresh Apple Slices 30 cal

19

EGGS, BACON & TOAST PLATTER 230 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal

20

MOZZARELLA CHEESE BITES, 3 EACH 340 cal
WG Double Chocolate Muffin 200 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal

21

PANCAKE BITES 250 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Banana, fresh 146 cal
Applesauce, Blue Razzleberry 4.5 oz 50 cal

22

POWER BOX WITH CRACKERS (NO YOGURT) 242 cal
Blueberry Muffin Top 250 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Apple Juice 60 cal
Fruit Juice Blend 60 cal

23

SWIRL RASPBERRY 130 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Orange Wedges 76 cal
Golden Delicious Apple 75 cal

26

BANANA SLICED BREAD 260 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Apple Juice 60 cal
Fruit Juice Blend 60 cal
Applesauce, Blue Razzleberry 4.5 oz 50 cal

27

MOZZARELLA CHEESE BITES, 3 EACH 340 cal
WG Double Chocolate Muffin 200 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal

28

SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Apple Juice 60 cal
Fresh Apple Slices 30 cal
Apple Cherry Juice 50 cal

29

STUFFED HASHBROWN POTATO 245 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Banana, fresh 146 cal
Orange Wedges 76 cal

30

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal
Cereal Blueberry Chex Bowl 1 oz 120 cal
Frosted Corn Flakes Bowl 1 oz 110 cal
Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
Cocoa Puffs Bowl 1 oz 120 cal
Apple Juice 60 cal
Fresh Tangerine 40 cal
Apple Cherry Juice 50 cal
Orange Juice 60 cal

Served every day:

Mozzarella Cheese Stick Rice Chex Gluten Free Bowl 1 oz Trix Cereal Bowl 1 oz Nutrigrain Bar, Strawberry Trix Cereal Bar 1.42 oz WG Toast Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change.
Calories are per serving, as Orange County Public Schools publishes them.