

Monday

Tuesday

Wednesday

Thursday

Friday

5

 POPCORN	203 cal
 CHICKEN	
 Breaded Chicken	330 cal
 Nuggets	
 PBJ, 2.6 oz & Cheese	380 cal
 Breaded Chicken	280 cal
 Tenders, K-8	
 Potatoes, Mashed	70 cal
 Peas & Carrots	103 cal
 Strawberry Kiwi Juice	60 cal
 Fruit Juice Blend	60 cal
 Apple Juice	60 cal
 Orange Juice	60 cal

6

 TURKEY	391 cal
 BARBACOA BIRRIA SOFT TACOS W/SHREDDED CHEES	
 Turkey Barbacoa Birria Nachos w/shredded cheese	414 cal
 Yogurt, Cheese, w/ Banana	
 Bread Plate	430 cal
 Two Soft Turkey Tacos w/ Cheese	248 cal
 Pinto Beans, 1/2 cup	163 cal
 Salsa Dipping Cup	25 cal
 Pinto Beans	163 cal
 Peach Cup	90 cal
 Strawberry Cup	80 cal
 Mixed Berry Fruit Cup	90 cal

7

 GRILLED CHEESE SANDWICH	309 cal
 Buttermilk Pancakes w/ Turkey Sausage	300 cal
 Egg, Muffin, Cheese, & Apples Box	420 cal
 Tater Tots	113 cal
 Coleslaw	130 cal
 Fresh Tangerine	40 cal
 Fresh Apple Slices	30 cal
 Red Delicious Apple	75 cal

8

 MAC AND CHEESE	372 cal
 Spaghetti w/ Meatballs	394 cal
 Grilled Chicken Breast Salad	196 cal
 Popcorn Chicken with Mac and Cheese	474 cal
 Spaghetti & Meatballs with Garlic Bread Stick	378 cal
 Garlic Spinach	94 cal
 Garden Side Salad	16 cal
 Strawberry Kiwi Juice	60 cal
 Fruit Juice Blend	60 cal
 Apple Juice	60 cal
 Orange Juice	60 cal

9

 FOUR CHEESE PIZZA WEDGE	330 cal
 Breaded Mozzarella Sticks	411 cal
 Bento Box	476 cal
 w/Pepperoni, Cheese, Marinara, Flatbread	
 Four Cheese Pepperoni Pizza, WW	363 cal
 Harvest Treats Veg Juice	50 cal
 Harvest Treats Veg Juice - SD	50 cal
 Fresh Tangerine	40 cal
 Fresh Apple Slices	30 cal
 Red Delicious Apple	75 cal
 Strawberry Cup	80 cal
 Mixed Berry Fruit Cup	90 cal
 Applesauce 4.5 oz	60 cal

12

No menu published

13

 HERB ROASTED CHICKEN THIGH	344 cal
 Yogurt & Cheese	390 cal
 Cool Pack	
 Sweet Brazilian Bun	170 cal
 Sweet Plantain Slices	262 cal
 Golden Sun Splash Vegetable Juice	40 cal
 Applesauce, Strawberry 4.5 oz	50 cal
 Applesauce 4.5 oz	60 cal

14

 HAMBURGER, 2.0 OZ	304 cal
 Cheeseburger	339 cal
 PBJ Sandwich Box	480 cal
 Vegetarian Baked Beans	192 cal
 24 Hour Zesty Pickles	41 cal
 Fresh Apple Slices	30 cal
 Fresh Tangerine	40 cal

15

 TANGERINE CHICKEN	219 cal
 Popcorn Chicken Salad	274 cal
 Vegetable Fried Brown Rice, 1/2 cup	135 cal
 Steamed Broccoli	27 cal
 Cucumber Salad	49 cal
 Apple Juice	60 cal

16

 STUFFED CHEESY BREADSTICK	300 cal
 Turkey & American on Bun	251 cal
 PizzaBoli	309 cal
 Garden Side Salad	16 cal
 Fresh Tangerine	40 cal
 Fresh Apple Slices	30 cal

19

 CALZONE, CHEESEBURGER	310 cal
 Yogurt, Cheese, w/ Banana Bread Plate	430 cal
 Salsa Dipping Cup	25 cal
 Carrot Dippers with Ranch Dressing	81 cal
 Fruit Juice Blend	60 cal

20

 CUBAN STYLE MOJO PORK	205 cal
 PBJ, 2.6 oz & Cheese	380 cal
 Seasoned Brown Rice, 1/2 cup	166 cal
 Mini Loaf Banana	161 cal
 Pinto Beans, 1/2 cup	163 cal
 Sweet Plantain Slices	262 cal
 Shredded Lettuce Cup	10 cal
 Pinto Beans	163 cal
 Applesauce 4.5 oz	60 cal
 Mix Fruit Cup	80 cal
 Asian Teriyaki Chicken	180 cal

21

 TURKEY SAUSAGE PATTY, SCRAMBLED EGGS AND CROISSANT	295 cal
 Egg, Muffin, Cheese, & Apples Box	420 cal
 Garlic Spinach	94 cal
 Harvest Treats Veg Juice	50 cal
 Harvest Treats Veg Juice - SD	50 cal
 Fresh Tangerine	40 cal
 Fresh Apple Slices	30 cal

22

 BREADED CHICKEN NUGGETS	267 cal
 Chef Salad w/Turkey, Egg & WG Cracker	299 cal
 Potatoes, Mashed	48 cal
 Garden Side Salad	16 cal
 Apple Juice	60 cal

23

 FOUR CHEESE PIZZA SLICE	330 cal
 Turkey & American Croissant	301 cal
 Italian Blend Vegetables	71 cal
 Strawberry Cup	80 cal

26

 MEATBALL PIZZA SUB	413 cal
 PBJ Sandwich Box	480 cal
 Emoji Fries	130 cal
 Salsa Dipping Cup	25 cal
 Apple Juice	60 cal
 Cheeseburger	339 cal

27

 TANGERINE CHICKEN	219 cal
 Hummus Cup Platter	298 cal
 Brown Rice	109 cal
 Mandarin Carrot Slaw	67 cal
 Mango Splash Vegetable Juice	60 cal
 Mixed Berry Fruit Cup	90 cal
 Strawberry Cup	80 cal

28

 GARLIC FRENCH BREAD CHEESE PIZZA	383 cal
 Turkey & American Sub	311 cal
 Fresh Steamed Broccoli	54 cal
 Fresh Apple Slices	30 cal

29

 CHICKEN CORN DOG	250 cal
 Chicken Fajita Salad w/Flatbread	426 cal
 Vegetarian Baked Beans	192 cal
 Coleslaw	130 cal
 Apple Juice	60 cal

30

 SEASONAL SHAPED NUGGETS	180 cal
 Egg, Cheese & Flatbread Box	290 cal
 Steamed Corn, 1/2 cup	108 cal
 Garden Side Salad	16 cal
 Fresh Apple Slices	30 cal
 Orange Wedges	76 cal

Served every day:

 Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MealViewer