

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 211 cal Cinnamon Toast Crunch Bowl 1 oz 120 cal Cocoa Puffs Bowl 1 oz 120 cal Cheerios Gluten Free Bowl 1 oz 101 cal Reese's Puff Bowl 1 oz 120 cal Apple Juice 60 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal Cinnamon Toast Crunch Bowl 1 oz 120 cal Cocoa Puffs Bowl 1 oz 120 cal Cheerios Gluten Free Bowl 1 oz 101 cal Reese's Puff Bowl 1 oz 120 cal Orange Wedges 76 cal Applesauce, Strawberry 4.5 oz 50 cal
5	6	7	8	9
EGGS, BACON & TOAST PLATTER 230 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal Banana Sliced Bread 260 cal WG Toast 90 cal Blueberry Muffin Top 250 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal	MOZZARELLA CHEESE BITES, 3 EACH 340 cal WG Double Chocolate Muffin 170 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Banana Sliced Bread 260 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal	PANCAKE BITES 250 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Banana, fresh 146 cal Pineapple, Wedges Frozen 30 cal Orange Wedges 76 cal	POWER BOX WITH CRACKERS (NO YOGURT) 242 cal Blueberry Muffin Top 250 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Apple Juice 60 cal Fruit Juice Blend 60 cal Tangelos, Fresh 47 cal Banana, fresh 146 cal Fresh Apple Slices 30 cal	OATMEAL 190 cal Sweet Potato Swirl 138 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Nutrigrain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal WG Toast 90 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal Mixed Berry Fruit Cup 90 cal Fresh Apple Slices 30 cal
12	13	14	15	16
No menu published	2 MOZZARELLA CHEESE BITES WITH MARINARA SAUCE 267 cal WG Double Chocolate Muffin 200 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Peach Cup 90 cal Applesauce, Strawberry 4.5 oz 50 cal	SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal Pancake Bites 250 cal Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Apple Juice 60 cal Fresh Tangerine 40 cal	STUFFED HASHBROWN POTATO 245 cal Blueberry Muffin Top 250 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal Fresh Apple Slices 30 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Sweet Potato Swirl 140 cal Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Apple Juice 60 cal Scramble Eggs and Toast 169 cal Applesauce 4.5 oz 60 cal
19	20	21	22	23
EGGS, BACON & TOAST PLATTER 230 cal Banana Sliced Bread 260 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Blueberry Muffin Top 250 cal Peach Cup 90 cal	2 MOZZARELLA CHEESE BITES WITH MARINARA SAUCE 267 cal WG Double Chocolate Muffin 200 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Peach Cup 90 cal Strawberry Cup 80 cal	PANCAKE BITES 250 cal Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Banana, fresh 146 cal Orange Wedges 76 cal	POWER BOX WITH CRACKERS (NO YOGURT) 242 cal Blueberry Muffin Top 250 cal Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Apple Juice 60 cal Peach Cup 90 cal	SWIRL RASPBERRY 130 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal Buttermilk Pancakes, 2 ea 180 cal
26	27	28	29	30
BANANA SLICED BREAD 260 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Apple Juice 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal	2 MOZZARELLA CHEESE BITES WITH MARINARA SAUCE 267 cal WG Double Chocolate Muffin 200 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Peach Cup 90 cal	SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal Pancake Bites 250 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Fruit Juice Blend 60 cal Fresh Apple Slices 30 cal	STUFFED HASHBROWN POTATO 245 cal Blueberry Muffin Top 250 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Banana, fresh 146 cal Orange Wedges 76 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Sweet Potato Swirl 140 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cocoa Puffs Bowl 1 oz 120 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Fruit Juice Blend 60 cal Scramble Eggs and Toast 169 cal Fresh Apple Slices 30 cal

Served every day:

Mozzarella Cheese Stick · Rice Chex Gluten Free Bowl 1 oz · Trix Cereal Bowl 1 oz · Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.