

Riverdale Elementary School

Snack · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Egg Box 270 cal
Chocolate No Nut Butter Cup 324 cal
Cheddar Goldfish Crackers 100 cal
Assorted Milk 110 cal

Vanilla Yogurt Cup 90 cal
Strawberry Yogurt Cup 90 cal
Cracker, Sweet Educationa 130 cal

Chocolate No Nut Butter Cup 324 cal
Snack Mix, Cheddar Chex 110 cal
Apple Juice 90 cal
Assorted Milk 110 cal

Mozzarella Cheese Stick 80 cal
Snack Mix, Cheddar Chex 110 cal

Peanut Butter cup 185 cal
Savory Cracker, WG 180 cal

No menu published

Strawberry Yogurt Cup 90 cal
Bear Grahams 120 cal

Peanut Butter cup 185 cal
Savory Cracker, WG 180 cal

Scooby Doo Grahams 132 cal
Assorted Milk 110 cal

Cheddar Cubes 90 cal
Goldfish Pretzels 90 cal

Chocolate No Nut Butter Cup 324 cal
Baked Lays Chips, Sour Cream & Onion 109 cal
Assorted Milk 110 cal

Strawberry Yogurt Cup 90 cal
Cheddar Goldfish Crackers 100 cal

Snack Mix, Strawberry Creme Chex 124 cal
Assorted Milk 110 cal

Cheddar Cubes 90 cal
Cracker, Sweet Educationa 130 cal

Peanut Butter cup 185 cal
Savory Cracker, WG 180 cal

Chocolate No Nut Butter Cup 324 cal
Cheez IT Crackers 100 cal
Assorted Milk 110 cal

Mozzarella Cheese Stick 80 cal
Snack Mix, Cheddar Chex 110 cal

Bear Grahams 120 cal
Assorted Milk 110 cal

Cheddar Cubes 90 cal
Goldfish Pretzels 90 cal

Peanut Butter cup 185 cal
Savory Cracker, WG 180 cal