

Monday	Tuesday	Wednesday	Thursday	Friday
			1 YOGURT CUP WITH GRANOLA 224 cal Strawberry Yogurt Cup w/ Bear Graham 212 cal Mozzarella Cheese Stick 80 cal Sweet Potato Swirl 138 cal Cinnamon Toast Crunch Bowl 1 oz 120 cal Cocoa Puffs Bowl 1 oz 120 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Banana, fresh 146 cal Pineapple, Wedges Frozen 30 cal	2 SWEET POTATO SWIRL WITH POPCORN CHICKEN 240 cal Pancake Bites 250 cal Mozzarella Cheese Stick 80 cal Cinnamon Toast Crunch Bowl 1 oz 120 cal Cocoa Puffs Bowl 1 oz 120 cal WG Toast 90 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Fresh Tangerine 40 cal Strawberry Cup 80 cal Fresh Apple Slices 30 cal
5 MOZZARELLA CHEESE STICK 80 cal WG Double Chocolate Muffin with Cheese 250 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Applesauce, Birthday Cake 4.5 oz 70 cal Applesauce, Sour Cherry 4.5 oz 70 cal Applesauce, Peach 4.5 oz 60 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal	6 EGG & CHEESE BREAKFAST QUESADILLA 378 cal Yogurt Cup with Granola 224 cal Strawberry Yogurt Cup w/ Bear Graham 212 cal Mozzarella Cheese Stick 80 cal Cereal Blueberry Chex Bowl 1 oz 111 cal WG Toast 90 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Applesauce 4.5 oz 60 cal Applesauce, Strawberry 4.5 oz 50 cal	7 CHICKEN WAFFLES SANDWICH 377 cal Vanilla Yogurt Cup 90 cal Strawberry Yogurt Cup 90 cal Mozzarella Cheese Stick 80 cal Rolls, Cinnamon 302 cal Cereal Blueberry Chex Bowl 1 oz 111 cal WG Toast 90 cal Tangelos, Fresh 47 cal Orange Wedges 76 cal	8 CHICKEN AND CHEESE ON CROISSANT 323 cal Mozzarella Cheese Stick 80 cal Banana Sliced Bread 260 cal Cereal Blueberry Chex Bowl 1 oz 111 cal WG Toast 90 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Red Delicious Apple 75 cal Dried Cranberries 110 cal	9 PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal Mozzarella Cheese Stick 80 cal Cereal Blueberry Chex Bowl 1 oz 111 cal WG Toast 90 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal
12 No menu published	13 POWER BOX WITH YOGURT, GRAHAM & CHEESE 332 cal Egg Patty & Chicken Sausage on Croissant 333 cal Cheddar Cheese Cubes 90 cal Reese's Puff Bowl 1 oz 120 cal Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal Fruit Juice Blend 60 cal Applesauce 4.5 oz 60 cal Apple Juice 60 cal	14 MOZZARELLA CHEESE BITES, 3 EACH 340 cal Mozzarella Cheese Stick 80 cal Banana, fresh 146 cal Applesauce, Sour Cherry 4.5 oz 70 cal	15	16 MOZZARELLA CHEESE STICK 80 cal Sweet Potato Swirl 140 cal Red Delicious Apple 75 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal
19 MOZZARELLA CHEESE STICK 80 cal WG Double Chocolate Muffin with Cheese 280 cal Applesauce, Birthday Cake 4.5 oz 70 cal Fresh Orange 76 cal	20 EGG & CHEESE BREAKFAST QUESADILLA 422 cal Yogurt Cup with Granola 210 cal Cheddar Cheese Cubes 90 cal Fruit Juice Blend 60 cal Applesauce 4.5 oz 60 cal	21 STRAWBERRY YOGURT CUP 90 cal Cheddar Cubes 90 cal Rolls, Cinnamon 250 cal Cinnamon Bun 241 cal Fresh Orange 76 cal	22 CHEDDAR CUBES 90 cal Banana Sliced Bread 260 cal Apple Juice 60 cal	23 PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Cheddar Cubes 90 cal Fresh DoD Apple 77 cal
26 MOZZARELLA CHEESE STICK 80 cal Rolls, Cinnamon 250 cal Applesauce, Birthday Cake 4.5 oz 70 cal	27 POWER BOX WITH YOGURT, GRANOLA & CHEESE 330 cal Mozzarella Cheese Stick 80 cal Egg Patty & Chicken Sausage on Croissant 333 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal Apple Juice 60 cal	28 MOZZARELLA CHEESE BITES, 3 EACH 340 cal Sandwich, PBJ 2.6 oz 300 cal Mozzarella Cheese Stick 80 cal Tangelos, Fresh 47 cal Applesauce, Sour Cherry 4.5 oz 70 cal	29 CHICKEN AND EGG BISCUIT 350 cal Mozzarella Cheese Stick 80 cal Apple Juice 60 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal	30 MOZZARELLA CHEESE STICK 80 cal Sweet Potato Swirl 140 cal Red Delicious Apple 75 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal

Served every day:

Rice Chex Gluten Free Bowl 1 oz ·
 Trix Cereal Bowl 1 oz ·
 Nutrigrain Bar, Strawberry ·
 Trix Cereal Bar 1.42 oz ·
 Assorted Milk ·
 Frosted Corn Flakes Bowl 1 oz

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.