

Piedmont Lakes Middle School

Snack · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

Chocolate No Nut Butter Cup 324 cal
Cheddar Goldfish Crackers 100 cal
Assorted Milk 110 cal

6

Vanilla Yogurt Cup 90 cal
Strawberry Yogurt Cup 90 cal
Cracker, Sweet Educationa 130 cal

7

Chocolate No Nut Butter Cup 324 cal
Snack Mix, Cheddar Chex 110 cal
Assorted Milk 110 cal

8

Mozzarella Cheese Stick 80 cal
Bear Grahams 122 cal

9

Chocolate No Nut Butter Cup 324 cal
Savory Cracker, WG 180 cal
Assorted Milk 110 cal

12

No menu published

13

Vanilla Yogurt Cup 90 cal
Strawberry Yogurt Cup 90 cal
Bear Grahams 120 cal

14

Peanut Butter cup 185 cal
Chocolate No Nut Butter Cup 320 cal
Savory Cracker, WG 180 cal

15

Scooby Doo Grahams 132 cal
Assorted Milk 110 cal

16

Cheddar Cubes 90 cal
Chocolate No Nut Butter Cup 324 cal
Goldfish Pretzels 90 cal

19

Chocolate No Nut Butter Cup 324 cal
Cheddar Goldfish Crackers 100 cal
Assorted Milk 110 cal

20

Vanilla Yogurt Cup 90 cal
Strawberry Yogurt Cup 90 cal
Cheddar Goldfish Crackers 100 cal

21

Chocolate No Nut Butter Cup 324 cal
Snack Mix, Cheddar Chex 110 cal
Assorted Milk 110 cal

22

Cheddar Cubes 90 cal
Cracker, Sweet Educationa 130 cal

23

Chocolate No Nut Butter Cup 320 cal
Peanut Butter cup 185 cal
Savory Cracker, WG 180 cal

26

Chocolate No Nut Butter Cup 324 cal
Cheez IT Crackers 100 cal
Assorted Milk 110 cal

27

Mozzarella Cheese Stick 80 cal
Snack Mix, Cheddar Chex 110 cal

28

Chocolate No Nut Butter Cup 324 cal
Bear Grahams 120 cal
Assorted Milk 110 cal

29

Cheddar Cubes 90 cal
Goldfish Pretzels 90 cal

30

Chocolate No Nut Butter Cup 320 cal
Peanut Butter cup 185 cal
Savory Cracker, WG 180 cal