

BREAKFAST

OCTOBER 2026

Orange Center Elementary School

Orange County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5

- EGGS, BACON & TOAST PLATTER** 230 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Trix Cereal Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - Banana Sliced Bread 260 cal
 - WG Toast 90 cal
 - Blueberry Muffin Top 250 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal
 - Mixed Berry Fruit Cup 90 cal

6

- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
- WG Double Chocolate Muffin 170 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Trix Cereal Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - WG Toast 90 cal
 - Banana Sliced Bread 260 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal
 - Mixed Berry Fruit Cup 90 cal

7

- PANCAKE BITES** 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Trix Cereal Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - WG Toast 90 cal
 - Banana, fresh 146 cal
 - Pineapple, Wedges Frozen 30 cal
 - Orange Wedges 76 cal

8

- POWER BOX WITH CRACKERS (NO YOGURT)** 242 cal
- Blueberry Muffin Top 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Trix Cereal Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - WG Toast 90 cal
 - Apple Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Tangelos, Fresh 47 cal
 - Banana, fresh 146 cal
 - Fresh Apple Slices 30 cal

9

- OATMEAL** 190 cal
- Sweet Potato Swirl 138 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Trix Cereal Bowl 1 oz 110 cal
 - Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Nutrigrain Bar, Strawberry 160 cal
 - Trix Cereal Bar 1.42 oz 160 cal
 - WG Toast 90 cal
 - Orange Wedges 76 cal
 - Golden Delicious Apple 75 cal
 - Mixed Berry Fruit Cup 90 cal
 - Fresh Apple Slices 30 cal

12

No menu published

13

- COLBY CHEESE STICK** 90 cal
- 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal
 - WG Double Chocolate Muffin 200 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Dried Cranberries 110 cal
 - Applesauce 4.5 oz 60 cal

14

- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER** 142 cal
- Apple Cherry Juice 50 cal
 - Fresh Tangerine 40 cal

15

- STUFFED HASHBROWN POTATO** 245 cal
- Mixed Berry Fruit Cup 90 cal
 - Fresh Apple Slices 30 cal

16

- SCRAMBLE EGGS AND TOAST** 169 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
 - Apple Juice 60 cal
 - Applesauce 4.5 oz 60 cal

19

- BANANA SLICED BREAD** 260 cal
- Blueberry Muffin Top 250 cal
 - Peach Cup 90 cal

20

- WG DOUBLE CHOCOLATE MUFFIN** 200 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal

21

- PANCAKE BITES** 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
 - Banana, fresh 146 cal

22

- BLUEBERRY MUFFIN TOP** 250 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal
 - Apple Juice 60 cal
 - Strawberry Cup 80 cal

23

- SWIRL RASPBERRY** 130 cal
- Buttermilk Pancakes, 2 ea 180 cal
 - Golden Delicious Apple 75 cal
 - Applesauce 4.5 oz 60 cal

26

- BANANA SLICED BREAD** 260 cal
- Apple Juice 60 cal
 - Applesauce, Birthday Cake 4.5 oz 70 cal

27

- 2 MOZZARELLA CHEESE BITES WITH MARINARA SAUCE** 267 cal
- WG Double Chocolate Muffin 200 cal
 - Dried Cranberries 110 cal
 - Peach Cup 90 cal

28

- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER** 142 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
 - Apple Juice 60 cal
 - Fresh Apple Slices 30 cal

29

- STUFFED HASHBROWN POTATO** 245 cal
- Blueberry Muffin Top 250 cal
 - Applesauce, Strawberry 4.5 oz 50 cal
 - Banana, fresh 146 cal

30

- SCRAMBLE EGGS AND TOAST** 169 cal
- Apple Juice 60 cal
 - Fresh Tangerine 40 cal

Served every day:

-  Mozzarella Cheese Stick
-  Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MealViewer