

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
★ Chicken Waffles sandwich 377 cal ★ Black Forest Ham & Cheddar Sandwich 290 cal ★ WG Cheese Pizza 376 cal ★ WG Buffalo Chicken Pizza 361 cal ★ Hamburger, 3.0 oz 375 cal ★ Cheeseburger 410 cal ★ Turkey Bacon Cheeseburger 460 cal ★ Popcorn Chicken and Mini Belgium Waffles 413 cal ★ Enjo Fries 130 cal ★ Mango Splash Vegetable Juice 60 cal ★ Harvest Treats Veg Juice 50 cal ★ Mix Fruit Cup 80 cal ★ Fresh Tangerine 40 cal ★ Red Delicious Apple 75 cal ★ Golden Delicious Apple 75 cal	★ Philly Cheese Steak Peppers & Onions Sandwich 612 cal ★ Philly Steak Peppers & Onions Sandwich (No Cheese) 562 cal ★ Nachos with Carne Asada & Cheese 536 cal ★ Romaine Chef Salad with Turkey, Egg & Crackers 353 cal ★ WG Pepperoni Pizza 403 cal ★ Tomato and Basil Bianca Pizza 429 cal ★ PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal ★ Sweet Waffle 150 cal ★ Fresh Steamed Broccoli 54 cal ★ Red Grapes 61 cal ★ Green Grapes 61 cal ★ Fruit Juice Blend 60 cal	★ Cajun Spice Wings 410 cal ★ 4 Chicken Wings Lemon Pepper 482 cal ★ Hummus Platter with Wheat WG Crackers 649 cal ★ WG Cheese Pizza 376 cal ★ WG Pepperoni Pizza 403 cal ★ Butterball Turkey Hot Dog on WG Bun 270 cal ★ Eisenberg Beef Hot Dog on WG Bun 320 cal ★ Dinner Roll 110 cal ★ Cucumber & Carrot Dipper with Ranch Dressing 69 cal ★ Carrot & Celery Dippers with Ranch Dressing 67 cal ★ Vegetarian Baked Beans 192 cal ★ Peach Cup 90 cal ★ Diced Peach Cup 70 cal ★ Fresh Apple Slices 30 cal ★ Red Delicious Apple 75 cal ★ Golden Delicious Apple 75 cal	★ Sandwich, Meatball Sub 458 cal ★ Vegetarian Penne Pasta with Bread Stick 415 cal ★ Romaine Chef Salad with Turkey, Egg & Crackers 353 cal ★ WG Pepperoni Pizza 403 cal ★ Tomato and Basil Bianca Pizza 429 cal ★ Breaded Chicken Sandwich 340 cal ★ Spicy Breaded Chicken Sandwich 340 cal ★ Dark Green Side Salad 21 cal ★ Celery with Ranch Dressing 60 cal ★ Fruit Juice Blend 60 cal ★ Fresh Tangerine 40 cal	★ Sweet and Spicy Chicken Sandwich 411 cal ★ Turkey Melt Sandwich 416 cal ★ Stuffed Cheesy Breadstick 300 cal ★ Chicken Salad on Croissant 310 cal ★ Hamburger, 3.0 oz 375 cal ★ Cheeseburger 410 cal ★ Impossible Burger 311 cal ★ Impossible Cheeseburger 346 cal ★ Butterball Turkey Hot Dog on WG Bun 270 cal ★ Eisenberg Beef Hot Dog on WG Bun 320 cal ★ Seasoned Crispy Fries 81 cal ★ 24 Hour Zesty Pickles 41 cal ★ Celery with Ranch Dressing 60 cal ★ Raisels 27 cal ★ Red Delicious Apple 75 cal ★ Golden Delicious Apple 75 cal
★ Chicken Waffles sandwich 377 cal ★ Black Forest Ham & Cheddar Sandwich 290 cal ★ WG Cheese Pizza 376 cal ★ WG Buffalo Chicken Pizza 361 cal ★ Hamburger, 3.0 oz 375 cal ★ Cheeseburger 410 cal ★ Turkey Bacon Cheeseburger 460 cal ★ Popcorn Chicken and Mini Belgium Waffles 413 cal ★ Enjo Fries 130 cal ★ Mango Splash Vegetable Juice 60 cal ★ Harvest Treats Veg Juice 50 cal ★ Mix Fruit Cup 80 cal ★ Fresh Tangerine 40 cal ★ Red Delicious Apple 75 cal ★ Golden Delicious Apple 75 cal	★ Philly Cheese Steak Peppers & Onions Sandwich 612 cal ★ Philly Steak Peppers & Onions Sandwich (No Cheese) 562 cal ★ Nachos with Carne Asada & Cheese 536 cal ★ Romaine Chef Salad with Turkey, Egg & Crackers 353 cal ★ WG Pepperoni Pizza 403 cal ★ Tomato and Basil Bianca Pizza 429 cal ★ PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal ★ Sweet Waffle 150 cal ★ Fresh Steamed Broccoli 54 cal ★ Red Grapes 61 cal ★ Green Grapes 61 cal ★ Fruit Juice Blend 60 cal	★ Cajun Spice Wings 410 cal ★ 4 Chicken Wings Lemon Pepper 482 cal ★ Hummus Platter with Wheat WG Crackers 649 cal ★ WG Cheese Pizza 376 cal ★ WG Pepperoni Pizza 403 cal ★ Butterball Turkey Hot Dog on WG Bun 270 cal ★ Eisenberg Beef Hot Dog on WG Bun 320 cal ★ Dinner Roll 110 cal ★ Cucumber & Carrot Dipper with Ranch Dressing 69 cal ★ Carrot & Celery Dippers with Ranch Dressing 67 cal ★ Vegetarian Baked Beans 192 cal ★ Peach Cup 90 cal ★ Diced Peach Cup 70 cal ★ Fresh Apple Slices 30 cal ★ Red Delicious Apple 75 cal ★ Golden Delicious Apple 75 cal	★ Chicken Tenders with Sweet Brazilian Bun, MS/HS 400 cal ★ Breaded Drumstick with Sweet Brazilian Bun 300 cal ★ Spinach Cobb Salad 419 cal ★ Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal ★ WG Cheese Pizza 376 cal ★ WG Buffalo Chicken Pizza 361 cal ★ Grilled Cheese Sandwich 309 cal ★ Coleslaw 130 cal ★ Garlic Spinach 94 cal ★ Dark Green Side Salad 21 cal ★ Orange Wedges 76 cal ★ Apple Juice 60 cal ★ Banana, fresh 146 cal	★ Tangerine Chicken 219 cal ★ Asian Teriyaki Chicken 180 cal ★ Turkey & American Sub 311 cal ★ Garlic French Bread Cheese Pizza 383 cal ★ Twisted Garlic French Bread Pepperoni Pizza 416 cal ★ Breaded Chicken Sandwich 340 cal ★ Spicy Breaded Chicken Sandwich 340 cal ★ Vegetable Fried Brown Rice 270 cal ★ Mandarin Carrot Slaw 67 cal ★ Roasted Green Beans 99 cal ★ Applesauce 4.5 oz 60 cal ★ Red Grapes 61 cal ★ Green Grapes 61 cal ★ Red Delicious Apple 75 cal ★ Fresh Tangerine 40 cal ★ Orange Wedges 76 cal ★ Fresh Apple Slices 30 cal
★ No menu published	★ Butterball Turkey Hot Dog on WG Bun 270 cal ★ Sandwich, Cheese Croissant 330 cal ★ Breaded Chicken Sandwich 340 cal ★ Spicy Breaded Chicken Sandwich 340 cal ★ Sweet Waffle 150 cal ★ Mango Splash Vegetable Juice 60 cal ★ Mix Fruit Cup 80 cal ★ Fresh D&D Apple 77 cal ★ Red Delicious Apple 75 cal	★ Herb Roasted Chicken Thigh 344 cal ★ Spinach Cobb Salad 419 cal ★ WG Cheese Pizza 426 cal ★ WG Pepperoni Pizza 403 cal ★ Dinner Roll 110 cal ★ Garlic Spinach 94 cal ★ Seasoned Black Beans 144 cal ★ Strawberry Cup 80 cal ★ Dried Cranberries 110 cal	★ Sandwich, Meatball Sub 458 cal ★ Romaine Chef Salad with Turkey, Egg & Crackers 353 cal ★ PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal ★ Dark Green Side Salad 21 cal ★ Fruit Juice Blend 60 cal ★ Banana, fresh 146 cal	★ Sweet and Spicy Chicken Sandwich 411 cal ★ Stuffed Cheesy Breadstick 300 cal ★ Butterball Turkey Hot Dog on WG Bun 270 cal ★ Cucumber Dippers with Ranch Dressing 61 cal ★ Seasoned Crispy Fries 81 cal ★ Raisels 27 cal ★ Fresh Apple Slices 30 cal
★ Chicken Waffles sandwich 354 cal ★ Black Forest Ham & Cheddar Sandwich 290 cal ★ Hamburger, 3.0 oz 375 cal ★ Sweet Waffle 150 cal ★ Potato 71 cal ★ Mango Splash Vegetable Juice 60 cal ★ Fresh Tangerine 40 cal ★ Mix Fruit Cup 80 cal	★ Philly Cheese Steak Peppers & Onions Rice Bowl 586 cal ★ Spinach Cobb Salad 419 cal ★ Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal ★ PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal ★ Sweet Plantain 262 cal ★ Fresh Steamed Broccoli 54 cal ★ Mixed Berry Fruit Cup 90 cal ★ Fruit Juice Blend 60 cal	★ Honey BBQ Wings 475 cal ★ Ranch Chicken Wings, 4 each 473 cal ★ Hummus Platter with Wheat WG Crackers 649 cal ★ Butterball Turkey Hot Dog on WG Bun 270 cal ★ Sweet Brazilian Bun 170 cal ★ Cucumber & Carrot Dipper with Ranch Dressing 69 cal ★ Vegetarian Baked Beans 192 cal ★ Peach Cup 90 cal ★ Fresh Apple Slices 30 cal	★ Drumstick with Corn Bread 408 cal ★ Romaine Chef Salad with Turkey, Egg & Crackers 353 cal ★ Grilled Cheese Sandwich 309 cal ★ Potatoes, Mashed 48 cal ★ Dark Green Side Salad 21 cal ★ Orange Wedges 76 cal ★ Apple Juice 60 cal	★ Tangerine Chicken 219 cal ★ Garlic French Bread Cheese Pizza 383 cal ★ Twisted Garlic French Bread Pepperoni Pizza 416 cal ★ Breaded Chicken Sandwich 340 cal ★ Spicy Breaded Chicken Sandwich 340 cal ★ Vegetable Fried Brown Rice 270 cal ★ Mandarin Carrot Slaw 67 cal ★ Roasted Green Beans 99 cal ★ Applesauce 4.5 oz 60 cal ★ Fresh Apple Slices 30 cal
★ Turkey Sausage & Cheese on Croissant 321 cal ★ Sandwich, Cheese Croissant 330 cal ★ WG Cheese Pizza 426 cal ★ WG Buffalo Chicken Pizza 414 cal ★ Breaded Chicken Sandwich 340 cal ★ Spicy Breaded Chicken Sandwich 340 cal ★ Black Forest Ham & Cheddar Sandwich 290 cal ★ Sweet Waffle 150 cal ★ Potato 71 cal ★ Mango Splash Vegetable Juice 60 cal ★ Harvest Treats Veg Juice 50 cal ★ Harvest Treats Veg Juice - SD 50 cal ★ Carrot Dippers with Ranch Dressing 81 cal ★ Fresh Apple Slices 30 cal ★ Red Delicious Apple 75 cal ★ Golden Delicious Apple 75 cal ★ Mix Fruit Cup 80 cal ★ Applesauce 4.5 oz 60 cal	★ California Chicken Burrito 454 cal ★ Two California Chicken Tacos 393 cal ★ Turkey Taco Salad 407 cal ★ WG Pepperoni Pizza 403 cal ★ Tomato and Basil Bianca Pizza 429 cal ★ Grilled Cheese Sandwich 309 cal ★ Chicken Salad 120 cal ★ Corn Tortilla Chips 190 cal ★ Pico de Gallo 71 cal ★ Salsa Dipping Cup 25 cal ★ Lettuce & Tomato 36 cal ★ Pineapple, Wedges Frozen 30 cal ★ Fruit Juice Blend 60 cal	★ Sofrito Roasted Chicken Thigh 344 cal ★ Herb Roasted Chicken Thigh 344 cal ★ Spinach Cobb Salad 419 cal ★ Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal ★ WG Cheese Pizza 426 cal ★ WG Pepperoni Pizza 403 cal ★ Hamburger, 3.0 oz 375 cal ★ Cheeseburger 410 cal ★ Impossible Burger 311 cal ★ Impossible Cheeseburger 346 cal ★ Lunch Box, PBJ Sandwich 600 cal ★ Brown Rice 247 cal ★ Garlic Spinach 94 cal ★ Seasoned Black Beans 144 cal ★ Pinto Beans, 1/2 cup 163 cal ★ Pinto Beans 163 cal ★ Black Bean & Corn Salsa - 1 cup 244 cal ★ Strawberry Cup 80 cal ★ Orange Wedges 76 cal ★ Banana, fresh 146 cal	★ Sandwich, Meatball Sub 458 cal ★ Vegetarian Penne Pasta with Bread Stick 415 cal ★ Romaine Chef Salad with Turkey, Egg & Crackers 353 cal ★ WG Cheese Pizza 426 cal ★ WG Buffalo Chicken Pizza 414 cal ★ PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal ★ Dark Green Side Salad 21 cal ★ Celery with Ranch Dressing 60 cal ★ Fresh Steamed Broccoli 54 cal ★ Golden Sun Splash Vegetable Juice 40 cal ★ Fruit Juice Blend 60 cal ★ Banana, fresh 146 cal	★ Seasonal Shaped Nuggets w/Sweet Brazilian Bun 350 cal ★ Chicken Salad on Croissant 310 cal ★ Stuffed Cheesy Breadstick 300 cal ★ Tomato and Basil Bianca Pizza 429 cal ★ Butterball Turkey Hot Dog on WG Bun 270 cal ★ Eisenberg Beef Hot Dog on WG Bun 320 cal ★ Seasoned Crispy Fries 81 cal ★ Coleslaw 130 cal ★ Celery with Ranch Dressing 60 cal ★ Corn Salsa 115 cal ★ Raisels 27 cal ★ Red Delicious Apple 75 cal ★ Golden Delicious Apple 75 cal ★ Fresh Apple Slices 30 cal ★ Pineapple, Wedges Frozen 30 cal ★ Orange Wedges 76 cal ★ Banana, fresh 146 cal

EVERY DAY

Assorted Milk

Menu subject to change.