

Ocoee Middle School

Supper · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

Four Cheese Pizza Wedge

Fresh Steamed Broccoli 54 cal
Fresh Apple Slices 30 cal

2

Breaded Chicken Tenders, K-8

Tater Tots 113 cal
Mixed Berry Fruit Cup 90 cal

5

Chicken Corn Dog

Fresh Steamed Broccoli 54 cal
Diced Pear Cup 70 cal

6

Breaded Chicken Tenders, K-8

Seasoned Crispy Fries 81 cal
Orange Wedges 76 cal

7

Chicken Wings, 4 each

Sweet Brazilian Bun 170 cal
Steamed Carrots 69 cal
Banana, fresh 146 cal

8

Stuffed Cheesy Breadstick

Fresh Tangerine 40 cal

9

Hamburger, 2.0 oz

Cheeseburger 339 cal
Tater Tots 113 cal
Fresh Apple Slices 30 cal

12

No menu published

13

Breaded Chicken Tenders, K-8

Tater Tots 113 cal
Diced Peach Cup 70 cal

14

Breaded Mozzarella Sticks

Fresh Apple Slices 30 cal

15

Turkey Sausage & Cheese on Croissant

Steamed Carrots, 1/2 cup 70 cal
Pineapple, Wedges Frozen 30 cal

16

Four Cheese Pizza Slice

Fresh Steamed Broccoli 54 cal
Banana, fresh 146 cal

19

Chicken Nuggets with Sweet Brazilian Bun

Green Beans 49 cal
Applesauce 4.5 oz 60 cal

20

Cheese Pizza Rippers

Fruit Juice Blend 60 cal

21

Chicken Corn Dog

Fresh Broccoli Dippers with Ranch Dressing 60 cal
Banana, fresh 146 cal

22

Popcorn Chicken

Sweet Waffle Potato 150 cal
Fresh Apple Slices 30 cal

23

Eisenberg Beef Hot Dog on WG Bun

Tater Tots 113 cal
Mixed Berry Fruit Cup 90 cal

26

No menu published

27

Hamburger, 2.0 oz

Cheeseburger 339 cal
Sweet Waffle Potato 150 cal
Fresh Apple Slices 30 cal

28

Chicken Wings, 4 each

Sweet Brazilian Bun 170 cal
Fresh Broccoli Dippers with Ranch Dressing 60 cal
Fresh Tangerine 40 cal

29

Stuffed Cheesy Breadstick

Pineapple, Wedges Frozen 30 cal

30

Popcorn Chicken

Seasoned Crispy Fries 81 cal
Mixed Berry Fruit Cup 90 cal

Served every day

Assorted Milk