

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			- SANDWICH, MEATBALL SUB 458 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - Tomato and Basil Bianca Pizza 429 cal - Spicy Breaded Chicken Sandwich 340 cal - Dark Green Side Salad 21 cal - Fruit Juice Blend 60 cal - Fresh Tangerine 40 cal	- SWEET AND SPICY CHICKEN SANDWICH 411 cal - Stuffed Cheesy Breadstick 300 cal - Cheeseburger 410 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Seasoned Crispy Fries 81 cal 24 Hour Zesty Pickles 41 cal - Raisels 27 cal - Red Delicious Apple 75 cal
5	6	7	8	9
- CHICKEN WAFFLES SANDWICH 377 cal - Black Forest Ham & Cheddar Sandwich 290 cal - WG Cheese Pizza 376 cal - WG Buffalo Chicken Pizza 361 cal - Hamburger, 3.0 oz 375 cal - Cheeseburger 410 cal - Turkey Bacon Cheeseburger 460 cal - Chocolate No Nut Butter Cup 324 cal - Popcorn Chicken and Mini Belgium Waffles 413 cal - Cheddar Goldfish Crackers 100 cal - Emoji Fries 130 cal - Mango Splash Vegetable Juice 60 cal - Harvest Treats Veg Juice 50 cal - Harvest Treats Veg Juice - SD 50 cal - Sweet Waffle Potato 150 cal - Mix Fruit Cup 80 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Golden Delicious Apple 75 cal	- PHILLY CHEESE STEAK PEPPERS & ONIONS SANDWICH 612 cal - Philly Steak Peppers & Onions Sandwich (No Cheese) 562 cal - Nachos with Carne Asada & Cheese 516 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - Tomato and Basil Bianca Pizza 429 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Vanilla Yogurt Cup 90 cal - Strawberry Yogurt Cup 90 cal - Philly Cheese Steak Sandwich 605 cal - Garlic French Bread Cheese Pizza 383 cal - Twisted Garlic French Bread Pepperoni Pizza 416 cal - Cracker, Sweet Educationa 130 cal - Sweet Waffle Potato 150 cal - Fresh Steamed Broccoli 54 cal - Lettuce & Tomato Cup 16 cal - Red Grapes 61 cal - Green Grapes 61 cal - Fruit Juice Blend 60 cal - Raisels 27 cal	- CAJUN SPICE WINGS 418 cal 4 Chicken Wings Lemon Pepper 482 cal - Hummus Platter with Wheat WG Crackers 649 cal - WG Cheese Pizza 376 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Eisenberg Beef Hot Dog on WG Bun 320 cal - Tomato and Basil Bianca Pizza 429 cal - Chocolate No Nut Butter Cup 324 cal - Dinner Roll 110 cal - Snack Mix, Cheddar Chex 110 cal - Sweet Brazilian Bun 170 cal - Cucumber & Carrot Dipper with Ranch Dressing 69 cal - Carrot & Celery Dippers with Ranch Dressing 67 cal - Vegetarian Baked Beans 192 cal - Peach Cup 90 cal - Diced Peach Cup 70 cal - Fresh Apple Slices 30 cal - Red Delicious Apple 75 cal - Golden Delicious Apple 75 cal	- CHICKEN TENDERS WITH SWEET BRAZILIAN BUN, MS/HS 400 cal - Breaded Drumstick with Sweet Brazilian Bun 380 cal - Spinach Cobb Salad 419 cal - Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal - WG Cheese Pizza 376 cal - WG Buffalo Chicken Pizza 361 cal - Grilled Cheese Sandwich 309 cal - Mozzarella Cheese Stick 80 cal - Bear Grahams 122 cal - Coleslaw 130 cal - Garlic Spinach 94 cal - Dark Green Side Salad 21 cal - Orange Wedges 76 cal - Apple Juice 60 cal - Banana, fresh 146 cal	- TANGERINE CHICKEN 219 cal - Asian Teriyaki Chicken 180 cal - Turkey & American Sub 311 cal - Garlic French Bread Cheese Pizza 383 cal - Twisted Garlic French Bread Pepperoni Pizza 416 cal - Breaded Chicken Sandwich 340 cal - Spicy Breaded Chicken Sandwich 340 cal - Stuffed Cheesy Breadstick 300 cal - Chocolate No Nut Butter Cup 324 cal - Vegetable Fried Brown Rice 270 cal - Savory Cracker, WG 180 cal - Mandarin Carrot Slaw 67 cal - Roasted Green Beans 99 cal - Applesauce 4.5 oz 60 cal - Red Grapes 61 cal - Green Grapes 61 cal - Red Delicious Apple 75 cal - Fresh Tangerine 40 cal - Orange Wedges 76 cal - Fresh Apple Slices 30 cal
12	13	14	15	16
No menu published	- BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal - Sandwich, Cheese Croissant 330 cal - WG Cheese Pizza 426 cal - Spicy Breaded Chicken Sandwich 340 cal - Sweet Waffle Potato 150 cal - Harvest Treats Veg Juice 50 cal - Fresh Apple Slices 30 cal - Mix Fruit Cup 80 cal	- HERB ROASTED CHICKEN THIGH 344 cal - Spinach Cobb Salad 419 cal - WG Cheese Pizza 426 cal - Cheeseburger 410 cal - Garlic Bread Stick 100 cal - Garlic Spinach 94 cal - Seasoned Black Beans 144 cal - Strawberry Cup 80 cal - Orange Wedges 76 cal	- SANDWICH, MEATBALL SUB 458 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - WG Cheese Pizza 426 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Dark Green Side Salad 21 cal - Fruit Juice Blend 60 cal - Banana, fresh 146 cal	- SWEET AND SPICY CHICKEN SANDWICH 411 cal - Stuffed Cheesy Breadstick 300 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Cucumber Dippers with Ranch Dressing 61 cal - Seasoned Crispy Fries 81 cal - Raisels 27 cal - Red Delicious Apple 75 cal
19	20	21	22	23
- CHICKEN WAFFLES SANDWICH 354 cal - Black Forest Ham & Cheddar Sandwich 290 cal - WG Cheese Pizza 426 cal - Cheeseburger 410 cal - Sweet Waffle Potato 150 cal - Mango Splash Vegetable Juice 60 cal - Fresh Tangerine 40 cal - Mix Fruit Cup 80 cal	- PHILLY CHEESE STEAK PEPPERS & ONIONS RICE BOWL 586 cal - Spinach Cobb Salad 419 cal - Tomato and Basil Bianca Pizza 429 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Sweet Plantain Slices 262 cal - Fresh Steamed Broccoli 54 cal - Mixed Berry Fruit Cup 90 cal - Fruit Juice Blend 60 cal	- HONEY BBQ WINGS 475 cal - Hummus Platter with Wheat WG Crackers 649 cal - WG Cheese Pizza 426 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Sweet Brazilian Bun 170 cal - Cucumber & Carrot Dipper with Ranch Dressing 69 cal - Vegetarian Baked Beans 192 cal - Peach Cup 90 cal - Fresh Apple Slices 30 cal	- DRUMSTICK WITH CORN BREAD 498 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - WG Cheese Pizza 426 cal - Grilled Cheese Sandwich 309 cal - Potatoes, Mashed 48 cal - Dark Green Side Salad 21 cal - Orange Wedges 76 cal - Apple Juice 60 cal	- TANGERINE CHICKEN 219 cal - Garlic French Bread Cheese Pizza 383 cal - Twisted Garlic French Bread Pepperoni Pizza 416 cal - Spicy Breaded Chicken Sandwich 340 cal - Vegetable Fried Brown Rice 270 cal - Mandarin Carrot Slaw 67 cal - Roasted Green Beans 99 cal - Applesauce 4.5 oz 60 cal - Fresh Tangerine 40 cal
26	27	28	29	30
- SANDWICH, CHEESE CROISSANT 330 cal - WG Cheese Pizza 426 cal - Spicy Breaded Chicken Sandwich 340 cal - Sweet Waffle Potato 150 cal - Harvest Treats Veg Juice 50 cal - Fresh Apple Slices 30 cal - Mix Fruit Cup 80 cal	- CALIFORNIA CHICKEN BURRITO 454 cal - Turkey Taco Salad 407 cal - Tomato and Basil Bianca Pizza 429 cal - Grilled Cheese Sandwich 309 cal - Salsa Dipping Cup 25 cal - Lettuce & Tomato Cup 16 cal - Pineapple, Wedges Frozen 30 cal - Fruit Juice Blend 60 cal	- HERB ROASTED CHICKEN THIGH 344 cal - Spinach Cobb Salad 419 cal - WG Cheese Pizza 426 cal - Cheeseburger 410 cal - Brown Rice 247 cal - Garlic Spinach 94 cal - Seasoned Black Beans 144 cal - Strawberry Cup 80 cal - Orange Wedges 76 cal	- SANDWICH, MEATBALL SUB 458 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - WG Cheese Pizza 426 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Dark Green Side Salad 21 cal - Fruit Juice Blend 60 cal - Banana, fresh 146 cal	- SEASONAL SHAPED NUGGETS W/SWEET BRAZILIAN BUN 350 cal - Stuffed Cheesy Breadstick 300 cal - Tomato and Basil Bianca Pizza 429 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Seasoned Crispy Fries 81 cal - Coleslaw 130 cal - Raisels 27 cal - Fresh Apple Slices 30 cal

Served every day:

WG Pepperoni Pizza • Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.