

| Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <ul style="list-style-type: none"> <li>STRAWBERRY YOGURT CUP W/ BEAR GRAHAM 212 cal</li> <li>Sweet Potato Swirl 138 cal</li> <li>Cinnamon Toast Crunch Bowl 1 oz 120 cal</li> <li>Cocoa Puffs Bowl 1 oz 120 cal</li> <li>Trix Cereal Bar 1.42 oz 160 cal</li> <li>Apple Juice 60 cal</li> <li>Pineapple, Wedges Frozen 30 cal</li> </ul>                                                                                                                                                                                                                        | <ul style="list-style-type: none"> <li>SWEET POTATO SWIRL WITH POPCORN CHICKEN 240 cal</li> <li>Pancake Bites 250 cal</li> <li>Cinnamon Toast Crunch Bowl 1 oz 120 cal</li> <li>Cocoa Puffs Bowl 1 oz 120 cal</li> <li>Nutrigrain Bar, Strawberry 160 cal</li> <li>Fruit Juice Blend 60 cal</li> <li>Fresh Apple Slices 30 cal</li> </ul>                                                                                                                                  |
| 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 7                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 8                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 9                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <ul style="list-style-type: none"> <li>WG DOUBLE CHOCOLATE MUFFIN WITH CHEESE 250 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 111 cal</li> <li>Frosted Corn Flakes 111 cal</li> <li>Rice Chex Gluten Free Bowl 1 oz 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 160 cal</li> <li>Trix Cereal Bar 1.42 oz 160 cal</li> <li>Applesauce, Birthday Cake 4.5 oz 70 cal</li> <li>Applesauce, Sour Cherry 4.5 oz 70 cal</li> <li>Applesauce, Peach 4.5 oz 60 cal</li> <li>Applesauce, Blue Razzleberry 4.5 oz 50 cal</li> </ul> | <ul style="list-style-type: none"> <li>EGG &amp; CHEESE BREAKFAST QUESADILLA 378 cal</li> <li>Yogurt Cup with Granola 224 cal</li> <li>Strawberry Yogurt Cup w/ Bear Graham 212 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 111 cal</li> <li>Frosted Corn Flakes 111 cal</li> <li>Rice Chex Gluten Free Bowl 1 oz 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 160 cal</li> <li>Trix Cereal Bar 1.42 oz 160 cal</li> <li>WG Toast 90 cal</li> <li>Fruit Juice Blend 60 cal</li> <li>Apple Juice 60 cal</li> <li>Applesauce 4.5 oz 60 cal</li> <li>Applesauce, Strawberry 4.5 oz 50 cal</li> </ul> | <ul style="list-style-type: none"> <li>CHICKEN WAFFLES SANDWICH 377 cal</li> <li>Vanilla Yogurt Cup 90 cal</li> <li>Strawberry Yogurt Cup 90 cal</li> <li>Rolls, Cinnamon 302 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 111 cal</li> <li>Frosted Corn Flakes 111 cal</li> <li>Rice Chex Gluten Free Bowl 1 oz 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 160 cal</li> <li>Trix Cereal Bar 1.42 oz 160 cal</li> <li>WG Toast 90 cal</li> <li>Tangelos, Fresh 47 cal</li> <li>Orange Wedges 76 cal</li> </ul> | <ul style="list-style-type: none"> <li>CHICKEN AND CHEESE ON CROISSANT 323 cal</li> <li>Banana Sliced Bread 260 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 111 cal</li> <li>Frosted Corn Flakes 111 cal</li> <li>Rice Chex Gluten Free Bowl 1 oz 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 160 cal</li> <li>Trix Cereal Bar 1.42 oz 160 cal</li> <li>WG Toast 90 cal</li> <li>Fruit Juice Blend 60 cal</li> <li>Apple Juice 60 cal</li> <li>Red Delicious Apple 75 cal</li> <li>Dried Cranberries 110 cal</li> </ul> | <ul style="list-style-type: none"> <li>PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 111 cal</li> <li>Frosted Corn Flakes 111 cal</li> <li>Rice Chex Gluten Free Bowl 1 oz 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 160 cal</li> <li>Trix Cereal Bar 1.42 oz 160 cal</li> <li>WG Toast 90 cal</li> <li>Orange Wedges 76 cal</li> <li>Golden Delicious Apple 75 cal</li> </ul> |
| 12                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 13                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 14                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 15                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 16                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| No menu published                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <ul style="list-style-type: none"> <li>POWER BOX WITH YOGURT, GRAHAM &amp; CHEESE 332 cal</li> <li>Egg Patty &amp; Chicken Sausage on Croissant 333 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 120 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 150 cal</li> <li>WG Cheddar Goldfish Crackers 100 cal</li> <li>Fruit Juice Blend 60 cal</li> <li>Applesauce, Peach 4.5 oz 60 cal</li> </ul>                                                                                                                                                                                                          | <ul style="list-style-type: none"> <li>MOZZARELLA CHEESE BITES, 3 EACH 340 cal</li> <li>Sandwich, PBJ 2.6 oz 300 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Cheddar Goldfish Crackers 100 cal</li> <li>Banana, fresh 146 cal</li> <li>Applesauce, Sour Cherry 4.5 oz 70 cal</li> </ul>                                                                                                                                                                          | <ul style="list-style-type: none"> <li>CHICKEN AND EGG BISCUIT 350 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Cheddar Goldfish Crackers 100 cal</li> <li>Fruit Juice Blend 60 cal</li> <li>Golden Delicious Apple 75 cal</li> </ul>                                                                                                                                                                                                                                      | <ul style="list-style-type: none"> <li>SWEET POTATO SWIRL 140 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 120 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 150 cal</li> <li>Cheddar Goldfish Crackers 100 cal</li> <li>Red Delicious Apple 75 cal</li> <li>Applesauce, Blue Razzleberry 4.5 oz 50 cal</li> </ul>                                                                                   |
| 19                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 20                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 21                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 22                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 23                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <ul style="list-style-type: none"> <li>WG DOUBLE CHOCOLATE MUFFIN WITH CHEESE 280 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 150 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Cheddar Goldfish Crackers 100 cal</li> <li>Applesauce, Birthday Cake 4.5 oz 70 cal</li> <li>Applesauce, Blue Razzleberry 4.5 oz 50 cal</li> </ul>                                                                                                                                                | <ul style="list-style-type: none"> <li>EGG &amp; CHEESE BREAKFAST QUESADILLA 422 cal</li> <li>Strawberry Yogurt Cup w/ Bear Graham 210 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 120 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Cheddar Goldfish Crackers 100 cal</li> <li>Fruit Juice Blend 60 cal</li> <li>Applesauce 4.5 oz 60 cal</li> </ul>                                                                                                                                                                                                                                        | <ul style="list-style-type: none"> <li>CHICKEN WAFFLES SANDWICH 354 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 150 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Orange Wedges 76 cal</li> <li>Applesauce, Strawberry 4.5 oz 50 cal</li> </ul>                                                                                                                                                                                                                        | <ul style="list-style-type: none"> <li>BANANA SLICED BREAD 260 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 120 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Fruit Juice Blend 60 cal</li> <li>Red Delicious Apple 75 cal</li> </ul>                                                                                                                                                                                                                                                                              | <ul style="list-style-type: none"> <li>PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 120 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 150 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Orange Wedges 76 cal</li> <li>Golden Delicious Apple 75 cal</li> </ul>                                                                           |
| 26                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 27                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 28                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 29                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 30                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <ul style="list-style-type: none"> <li>ROLLS, CINNAMON 250 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 120 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 150 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Cheddar Goldfish Crackers 100 cal</li> <li>Applesauce, Birthday Cake 4.5 oz 70 cal</li> <li>Applesauce, Blue Razzleberry 4.5 oz 50 cal</li> </ul>                                                                                                                                                           | <ul style="list-style-type: none"> <li>POWER BOX WITH YOGURT, GRANOLA &amp; CHEESE 330 cal</li> <li>Egg Patty &amp; Chicken Sausage on Croissant 333 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Applesauce, Birthday Cake 4.5 oz 70 cal</li> <li>Applesauce, Sour Cherry 4.5 oz 70 cal</li> </ul>                                                                                                                                                                                                                                                 | <ul style="list-style-type: none"> <li>MOZZARELLA CHEESE BITES, 3 EACH 340 cal</li> <li>Sandwich, PBJ 2.6 oz 300 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bowl 1 oz 110 cal</li> <li>Nutrigrain Bar, Strawberry 150 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Banana, fresh 146 cal</li> <li>Applesauce, Sour Cherry 4.5 oz 70 cal</li> </ul>                                                                                                                                                                         | <ul style="list-style-type: none"> <li>CHICKEN AND EGG BISCUIT 350 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Rice Chex Gluten Free Bowl 1 oz 110 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Fruit Juice Blend 60 cal</li> <li>Golden Delicious Apple 75 cal</li> </ul>                                                                                                                                                                                                                                                                       | <ul style="list-style-type: none"> <li>SWEET POTATO SWIRL 140 cal</li> <li>Cereal Blueberry Chex Bowl 1 oz 120 cal</li> <li>Frosted Corn Flakes 110 cal</li> <li>Trix Cereal Bar 1.42 oz 150 cal</li> <li>Red Delicious Apple 75 cal</li> <li>Applesauce, Blue Razzleberry 4.5 oz 50 cal</li> </ul>                                                                                                                                                                        |

Served every day:

Mozzarella Cheese Stick - Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MenuViewer