

Monday

Tuesday

Wednesday

Thursday

Friday

1

FOUR CHEESE PIZZA WEDGE 330 cal
 Fresh Steamed Broccoli 54 cal
 Banana, fresh 146 cal

2

BREADED CHICKEN TENDERS, K-8 280 cal
 Tater Tots 113 cal
 Mixed Berry Fruit Cup 90 cal

5

CHICKEN CORN DOG 250 cal
 Fresh Steamed Broccoli 54 cal
 Diced Peach Cup 70 cal

6

BREADED CHICKEN TENDERS, K-8 280 cal
 Pork Rib Sandwich, Onion Rings & Pickles 620 cal
 Sandwich, PBJ 5.3 oz 600 cal
 PBJ, 2.6 oz & Cheese 380 cal
 Seasoned Crispy Fries 81 cal
 Cucumber Dippers with Ranch Dressing 61 cal
 Orange Wedges 76 cal
 Fresh Apple Slices 30 cal
 Fresh Tangerine 40 cal
 Red Delicious Apple 75 cal
 Applesauce, Strawberry 4.5 oz 50 cal
 Applesauce, Cinnamon 4.5 oz 90 cal

7

CHICKEN WINGS, 4 EACH 418 cal
 Turkey & American on Bun 251 cal
 Sweet Brazilian Bun 170 cal
 Steamed Carrots 69 cal
 Coleslaw 130 cal
 Red Delicious Apple 75 cal
 Banana, fresh 146 cal
 Pineapple, Wedges Frozen 30 cal
 Fruit Juice Blend 60 cal
 Apple Juice 60 cal
 Applesauce, Strawberry 4.5 oz 50 cal
 Applesauce, Cinnamon 4.5 oz 90 cal
 Applesauce 4.5 oz 60 cal
 Applesauce, Birthday Cake 4.5 oz 70 cal

8

STUFFED CHEESY BREADSTICK 300 cal
 Rotisserie Chicken and Cheese Sandwich 280 cal
 Fresh Broccoli Dippers with Ranch Dressing 60 cal
 Dark Green Side Salad 21 cal
 Pineapple, Wedges Frozen 30 cal
 Fresh Tangerine 40 cal
 Red Delicious Apple 75 cal
 Fresh Apple Slices 30 cal
 Banana, fresh 146 cal
 Orange Wedges 76 cal

9

HAMBURGER, 2.0 OZ 304 cal
 Cheeseburger 339 cal
 Turkey & American Sub 311 cal
 Tater Tots 113 cal
 Mandarin Carrot Slaw 67 cal
 Carrot Dippers with Ranch Dressing 81 cal
 Pineapple, Wedges Frozen 30 cal
 Fresh Tangerine 40 cal
 Red Delicious Apple 75 cal
 Fresh Apple Slices 30 cal
 Peach Cup 90 cal
 Strawberry Cup 80 cal
 Mixed Berry Fruit Cup 90 cal

12

No menu published

13

BREADED CHICKEN TENDERS, K-8 230 cal
 Tater Tots 113 cal
 Diced Peach Cup 70 cal

14

BREADED MOZZARELLA STICKS 400 cal
 Red Delicious Apple 75 cal

15

TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal
 Steamed Carrots, 1/2 cup 70 cal
 Fresh Tangerine 40 cal

16

FOUR CHEESE PIZZA SLICE 330 cal
 Fresh Steamed Broccoli 54 cal
 Orange Wedges 76 cal

19

CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN 437 cal
 Green Beans 49 cal
 Applesauce, Birthday Cake 4.5 oz 70 cal

20

CHEESE PIZZA RIPPERS 260 cal
 Apple Juice 60 cal

21

CHICKEN CORN DOG 250 cal
 Fresh Broccoli Dippers with Ranch Dressing 60 cal
 Pineapple, Wedges Frozen 30 cal

22

POPCORN CHICKEN 261 cal
 Sweet Waffle Potato 150 cal
 Fresh Tangerine 40 cal

23

BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal
 Tater Tots 113 cal
 Mixed Berry Fruit Cup 90 cal

26

BREADED CHICKEN TENDERS, K-8 230 cal
 Tater Tots 113 cal
 Diced Pear Cup 70 cal

27

HAMBURGER, 2.0 OZ 304 cal
 Cheeseburger 339 cal
 Sweet Waffle Potato 150 cal
 Red Delicious Apple 75 cal

28

CHICKEN WINGS, 4 EACH 418 cal
 Sweet Brazilian Bun 170 cal
 Fresh Broccoli Dippers with Ranch Dressing 60 cal
 Fresh Apple Slices 30 cal

29

STUFFED CHEESY BREADSTICK 300 cal
 Fresh Tangerine 40 cal

30

POPCORN CHICKEN 261 cal
 Seasoned Crispy Fries 81 cal
 Peach Cup 90 cal

Served every day:

Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MealViewer