

Northlake Park Elementary School

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

- Eggs, Bacon & Toast Platter** 230 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Banana Sliced Bread 260 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal
 - Mixed Berry Fruit Cup 90 cal

- Mozzarella Cheese Bites, 3 each** 340 cal
- WG Double Chocolate Muffin 170 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal
 - Mixed Berry Fruit Cup 90 cal

- Pancake Bites** 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Banana, fresh 146 cal
 - Pineapple, Wedges Frozen 30 cal
 - Orange Wedges 76 cal

- Power Box with Crackers (no yogurt)** 242 cal
- Blueberry Muffin Top 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Apple Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Tangelos, Fresh 47 cal
 - Banana, fresh 146 cal
 - Fresh Apple Slices 30 cal

- Sweet Potato Swirl** 138 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
 - Frosted Corn Flakes Bowl 1 oz 111 cal
 - Orange Wedges 76 cal
 - Golden Delicious Apple 75 cal
 - Mixed Berry Fruit Cup 90 cal

No menu published

- Mozzarella Cheese Bites, 2 each** 227 cal
- Mini Blueberry Donut Hole Cup 260 cal
 - WG Double Chocolate Muffin 200 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Banana Sliced Bread 260 cal
 - Rolls, Cinnamon 250 cal
 - Blueberry Muffin Top 250 cal
 - Peach Cup 90 cal
 - Raisels 27 cal
 - Applesauce 4.5 oz 60 cal

- Scrambled Eggs with Cheese & Tater Tots Platter** 245 cal
- Pancake Bites 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Apple Juice 60 cal
 - Fresh Apple Slices 30 cal

- Stuffed Hashbrown Potato** 245 cal
- Blueberry Muffin Top 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Mixed Berry Fruit Cup 90 cal

- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)** 384 cal
- Sweet Potato Swirl 140 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Fruit Juice Blend 60 cal

- Eggs, Bacon & Toast Platter** 230 cal
- Banana Sliced Bread 260 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Mixed Berry Fruit Cup 90 cal

- Mozzarella Cheese Bites, 3 each** 340 cal
- WG Double Chocolate Muffin 200 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Mixed Berry Fruit Cup 90 cal

- Pancake Bites** 250 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal

- Power Box with Crackers (no yogurt)** 242 cal
- Blueberry Muffin Top 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Apple Juice 60 cal

- Swirl Raspberry** 130 cal
- Sweet Potato Swirl 140 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Mixed Berry Fruit Cup 90 cal

- Mini Cheese Pizza Bagels** 130 cal
- Breakfast Egg & Cheese Sandwich 160 cal
 - Banana Sliced Bread 260 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Mini Loaf- Blueberry, WG 161 cal
 - Cinnamon Bun 241 cal
 - Blueberry Muffin Top 250 cal
 - WG Double Chocolate Muffin 200 cal
 - Mini Loaf Banana 161 cal
 - Apple Juice 60 cal

- Mozzarella Cheese Bites, 3 each** 340 cal
- WG Double Chocolate Muffin 200 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Peach Cup 90 cal

- Scrambled Eggs with Cheese & Tater Tots Platter** 245 cal
- Pancake Bites 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Apple Juice 60 cal

- Stuffed Hashbrown Potato** 245 cal
- Blueberry Muffin Top 250 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Orange Wedges 76 cal

- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)** 384 cal
- Sweet Potato Swirl 140 cal
 - Cereal Blueberry Chex Bowl 1 oz 120 cal
 - Frosted Corn Flakes Bowl 1 oz 110 cal
 - Fruit Juice Blend 60 cal

Served every day

- Mozzarella Cheese Stick
- Rice Chex Gluten Free Bowl 1 oz
- Trix Cereal Bowl 1 oz
- Nutrigrain Bar, Strawberry
- Trix Cereal Bar 1.42 oz
- WG Toast
- Assorted Milk