

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERY DAY

Assorted Milk

Menu subject to change.

5	- Popcorn Chicken 203 cal - Breaded Chicken Nuggets 330 cal - PBJ, 2.6 oz & Cheese 380 cal - Potatoes, Mashed 70 cal - Peas & Carrots 103 cal - Strawberry Kiwi Juice 60 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Orange Juice 60 cal - Breaded Chicken Tenders, K-8 280 cal
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6	- Turkey Barbacoa Birria Soft Tacos w/shredded cheese 391 cal - Turkey Barbacoa Birria Nachos w/shredded cheese 414 cal - Yogurt, Cheese, w/ Banana Bread Plate 430 cal - Pinto Beans, 1/2 cup 163 cal - Salsa Dipping Cup 25 cal - Pinto Beans 163 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal - Two Soft Turkey Tacos w/ Cheese 248 cal
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7	- Grilled Cheese Sandwich 309 cal - Buttermilk Pancakes w/ Turkey Sausage 300 cal - Egg, Muffin, Cheese, & Apples Box 420 cal - Tater Tots 113 cal - Coleslaw 130 cal - Fresh Tangerine 40 cal - Fresh Apple Slices 30 cal - Red Delicious Apple 75 cal
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8	- Mac and Cheese 372 cal - Spaghetti w/ Meatballs 394 cal - Grilled Chicken Breast Salad 196 cal - Popcorn Chicken with Mac and Cheese 474 cal - Spaghetti & Meatballs with Garlic Bread Stick 378 cal - Garlic Spinach 94 cal - Garden Side Salad 16 cal - Strawberry Kiwi Juice 60 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Orange Juice 60 cal
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9	- Four Cheese Pizza Wedge 330 cal - Breaded Mozzarella Sticks 411 cal - Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 476 cal - Four Cheese Pepperoni Pizza, WW 363 cal - Harvest Treats Veg Juice 50 cal - Harvest Treats Veg Juice - SD 50 cal - Fresh Tangerine 40 cal - Fresh Apple Slices 30 cal - Red Delicious Apple 75 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal - Applesauce 4.5 oz 60 cal
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12	No menu published
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13	- Herb Roasted Chicken Thigh 344 cal - Yogurt & Cheese Cool Pack 390 cal - Sweet Brazilian Bun 170 cal - Sweet Plantain 262 cal - Golden Sun Splash Vegetable Juice 40 cal - Peach Cup 90 cal
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14	- Hamburger, 2.0 oz 304 cal - Cheeseburger 339 cal - PBJ Sandwich Box 480 cal - Vegetarian Baked Beans 192 cal 24 Hour Zesty Pickles 41 cal - Fresh Apple Slices 30 cal
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15	- Tangerine Chicken 219 cal - Popcorn Chicken Salad 274 cal - Vegetable Fried Brown Rice, 1/2 cup 135 cal - Steamed Broccoli 27 cal - Cucumber Salad 49 cal - Apple Juice 60 cal - Brown Rice 109 cal
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16	- PizzaBoli 309 cal - Turkey & American on Bun 251 cal - Garden Side Salad 16 cal - Fresh Apple Slices 30 cal
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19	- Calzone, Cheeseburger 310 cal - Yogurt, Cheese, w/ Banana Bread Plate 430 cal - Salsa Dipping Cup 25 cal - Carrot Dippers with Ranch Dressing 81 cal - Apple Juice 60 cal
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20	- Cuban Style Mojo Pork 205 cal - PBJ, 2.6 oz & Cheese 380 cal - Seasoned Brown Rice, 1/2 cup 166 cal - Pinto Beans, 1/2 cup 163 cal - Sweet Plantain Slices 262 cal - Applesauce, Strawberry 4.5 oz 50 cal - Tangerine Chicken 219 cal
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21	- Scrambled Eggs with Cheese & French Toast Platter 320 cal - Egg, Muffin, Cheese, & Apples Box 420 cal - Garlic Spinach 94 cal - Harvest Treats Veg Juice 50 cal - Harvest Treats Veg Juice - SD 50 cal - Fresh Apple Slices 30 cal
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22	- Breaded Chicken Breast Tenders 230 cal - Chef Salad w/Turkey, Egg & WG Cracker 299 cal - Potatoes, Mashed 48 cal - Garden Side Salad 16 cal - Apple Juice 60 cal
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23	- Four Cheese Pizza Slice 330 cal - Turkey & American Croissant 301 cal - Italian Blend Vegetables 71 cal - Peach Cup 90 cal
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26	- Crispy Chorizo Quesadilla 360 cal - PBJ Sandwich Box 480 cal - Emoji Fries 130 cal - Salsa Dipping Cup 25 cal - Apple Juice 60 cal - Hamburger, 2.0 oz 304 cal
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27	- Tangerine Chicken 219 cal - Hummus Cup Platter 298 cal - Brown Rice 109 cal - Mandarin Carrot Slaw 67 cal - Mango Splash Vegetable Juice 60 cal - Strawberry Cup 80 cal
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28	6" Personal Cheese Pizza 328 cal - Turkey & American Sub 311 cal - Fresh Steamed Broccoli 54 cal - Fresh Apple Slices 30 cal
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29	- Chicken Corn Dog 250 cal - Chicken Fajita Salad w/Flatbread 426 cal - Vegetarian Baked Beans 192 cal - Coleslaw 130 cal - Apple Juice 60 cal
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30	- Seasonal Shaped Nuggets 180 cal - Egg, Cheese & Flatbread Box 290 cal - Steamed Corn, 1/2 cup 108 cal - Garden Side Salad 16 cal - Fresh Apple Slices 30 cal
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