

Monday

Tuesday

Wednesday

Thursday

Friday

5 EGGS, BACON & TOAST PLATTER 230 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - Banana Sliced Bread 260 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	6 MOZZARELLA CHEESE BITES, 3 EACH 340 cal - Mozzarella Cheese Stick 80 cal - WG Double Chocolate Muffin 170 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	7 PANCAKE BITES 250 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal - Orange Wedges 76 cal	8 POWER BOX WITH CRACKERS (NO YOGURT) 242 cal - Mozzarella Cheese Stick 80 cal - Blueberry Muffin Top 250 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Tangelos, Fresh 47 cal - Banana, fresh 146 cal - Fresh Apple Slices 30 cal	9 MOZZARELLA CHEESE STICK 80 cal - Sweet Potato Swirl 138 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Mixed Berry Fruit Cup 90 cal
12 No menu published	13 MOZZARELLA CHEESE STICK 80 cal - Chicken and Waffle ES (1 ea) 189 cal - Mozzarella Cheese Bites, 2 each 227 cal - Strawberry Cup 80 cal - Pineapple, Wedges Frozen 30 cal	14 SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal - Mozzarella Cheese Stick 80 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Fruit Juice Blend 60 cal - Fresh Apple Slices 30 cal - Orange Juice 60 cal	15 STUFFED HASHBROWN POTATO 245 cal - Mozzarella Cheese Stick 80 cal - Fresh DoD Apple 77 cal - Applesauce 4.5 oz 60 cal	16 PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal - Mozzarella Cheese Stick 80 cal - Chicken and Waffle ES (1 ea) 189 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal - Cocoa Puffs Bowl 1 oz 120 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Fresh Apple Slices 30 cal
19 EGGS, BACON & TOAST PLATTER 230 cal - Banana Sliced Bread 260 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - WG Toast 90 cal - Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal - Cocoa Puffs Bowl 1 oz 120 cal - Peach Cup 90 cal - Mixed Berry Fruit Cup 90 cal	20 MOZZARELLA CHEESE BITES, 3 EACH 340 cal - Mozzarella Cheese Stick 80 cal - Peach Cup 90 cal - Orange Juice 60 cal - Strawberry Kiwi Juice 60 cal	21 PANCAKE BITES 250 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Pineapple, Wedges Frozen 30 cal - Applesauce, Birthday Cake 4.5 oz 70 cal	22 POWER BOX WITH CRACKERS (NO YOGURT) 242 cal - Mozzarella Cheese Stick 80 cal - Chicken and Waffle ES (1 ea) 189 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Peach Cup 90 cal	23 MOZZARELLA CHEESE STICK 80 cal - Swirl Raspberry 130 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Fresh DoD Apple 77 cal - Diced Peach Cup 70 cal
26 CHICKEN AND WAFFLE ES (1 EA) 189 cal - Banana Sliced Bread 260 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - WG Toast 90 cal - Trix Cereal Bowl 1 oz 110 cal - Apple Juice 60 cal - Applesauce, Peach 4.5 oz 60 cal - Orange Juice 60 cal	27 MOZZARELLA CHEESE BITES, 3 EACH 340 cal - Mozzarella Cheese Stick 80 cal - Peach Cup 90 cal - Pineapple, Wedges Frozen 30 cal	28 SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal - Mozzarella Cheese Stick 80 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Fruit Juice Blend 60 cal - Fresh Apple Slices 30 cal - Strawberry Kiwi Juice 60 cal	29 STUFFED HASHBROWN POTATO 245 cal - Mozzarella Cheese Stick 80 cal - Chicken and Waffle ES (1 ea) 189 cal - Fresh DoD Apple 77 cal - Diced Pear Cup 70 cal	30 PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal - Mozzarella Cheese Stick 80 cal - Sweet Potato Swirl 140 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal - Cocoa Puffs Bowl 1 oz 120 cal - Fruit Juice Blend 60 cal - Fresh Apple Slices 30 cal - Orange Juice 60 cal

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MenuView