

BREAKFAST OCTOBER 2026

Meadowbrook Middle School

Orange County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

	230 cal
	111 cal
	260 cal
	90 cal
	60 cal
	60 cal
	60 cal

6

	340 cal
	170 cal
	111 cal
	160 cal
	80 cal
	60 cal
	60 cal
	60 cal

7

	250 cal
	260 cal
	111 cal
	30 cal
	60 cal
	60 cal
	60 cal

8

	242 cal
	250 cal
	111 cal
	160 cal
	60 cal
	60 cal
	30 cal

9

	138 cal
	111 cal
	241 cal
	90 cal
	60 cal
	60 cal
	60 cal

12

No menu published

13

	227 cal
	200 cal
	110 cal
	90 cal
	110 cal

14

	245 cal
	250 cal
	110 cal
	150 cal
	60 cal
	60 cal
	30 cal

15

	245 cal
	250 cal
	110 cal
	75 cal
	90 cal

16

	384 cal
	110 cal
	150 cal
	241 cal
	60 cal
	60 cal
	30 cal
	60 cal

19

	230 cal
	260 cal
	110 cal
	90 cal
	80 cal

20

	227 cal
	200 cal
	110 cal
	150 cal
	90 cal
	60 cal
	60 cal
	60 cal

21

	250 cal
	260 cal
	110 cal
	150 cal
	30 cal
	76 cal

22

	242 cal
	250 cal
	110 cal
	60 cal
	60 cal
	80 cal
	60 cal

23

	130 cal
	110 cal
	241 cal
	90 cal
	75 cal

26

	260 cal
	110 cal
	250 cal
	60 cal
	60 cal
	70 cal
	60 cal

27

	340 cal
	200 cal
	110 cal
	80 cal
	30 cal

28

	245 cal
	250 cal
	110 cal
	60 cal
	60 cal
	60 cal
	75 cal

29

	245 cal
	250 cal
	110 cal
	150 cal
	76 cal
	30 cal

30

	384 cal
	110 cal
	150 cal
	241 cal
	60 cal
	60 cal
	60 cal
	30 cal

EVERY DAY

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Menu subject to change.