

LUNCH

OCTOBER 2026

Luminary Elementary School

Orange County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

- ★ Popcorn Chicken 203 cal
- ★ PBJ, 2.6 oz & Cheese 380 cal
- ★ Potatoes, Mashed 70 cal
- ★ Peas & Carrots 103 cal
- ★ Fruit Juice Blend 60 cal
- ★ Apple Juice 60 cal

- ★ Turkey Barbacoa Birria Nachos w/shredded cheese 414 cal
- ★ Yogurt, Cheese, w/ Banana Bread Plate 430 cal
- ★ Pinto Beans, 1/2 cup 163 cal
- ★ Salsa Dipping Cup 25 cal
- ★ Strawberry Cup 80 cal

- ★ Grilled Cheese Sandwich 309 cal
- ★ Egg, Muffin, Cheese, & Apples Box 420 cal
- ★ Tater Tots 113 cal
- ★ Coleslaw 130 cal
- ★ Fresh Tangerine 40 cal

- ★ 1 Chicken Corn Dog 250 cal
- ★ Chicken Fajita Salad w/ Flatbread 426 cal
- ★ Vegetarian Baked Beans 192 cal
- ★ Coleslaw 130 cal
- ★ Fruit Juice Blend 60 cal
- ★ Apple Juice 60 cal

- ★ 2 6" Personal Cheese Pizza 328 cal
- ★ Turkey & American Sub 311 cal
- ★ Steamed Broccoli 83 cal
- ★ Applesauce, Strawberry 4.5 oz 50 cal

- ★ 12 No menu published

- ★ 13 Herb Roasted Chicken Thigh 344 cal
- ★ Yogurt & Cheese Cool Pack 390 cal
- ★ Sweet Brazilian Bun 170 cal
- ★ Sweet Plantain Slices 262 cal
- ★ Golden Sun Splash Vegetable Juice 40 cal
- ★ Applesauce, Birthday Cake 4.5 oz 70 cal

- ★ 14 Hamburger, 2.0 oz 304 cal
- ★ Cheeseburger 339 cal
- ★ Impossible Burger 311 cal
- ★ PBJ Sandwich Box 480 cal
- ★ Vegetarian Baked Beans 192 cal
- ★ 24 Hour Zesty Pickles 41 cal
- ★ Fresh Tangerine 40 cal

- ★ 15 Tangerine Chicken 219 cal
- ★ Popcorn Chicken Salad 274 cal
- ★ Vegetable Fried Brown Rice, 1/2 cup 135 cal
- ★ Steamed Broccoli 27 cal
- ★ Cucumber Salad 49 cal
- ★ Fruit Juice Blend 60 cal
- ★ Apple Juice 60 cal

- ★ 16 PizzaBoli 309 cal
- ★ Turkey & American on Bun 251 cal
- ★ Garden Side Salad 16 cal
- ★ Red Delicious Apple 75 cal

- ★ 19 Calzone, Cheeseburger 310 cal
- ★ Yogurt, Cheese, w/ Banana Bread Plate 430 cal
- ★ Salsa Dipping Cup 25 cal
- ★ Carrot Dippers with Ranch Dressing 81 cal
- ★ Fruit Juice Blend 60 cal
- ★ Apple Juice 60 cal

- ★ 20 Cuban Style Mojo Pork 205 cal
- ★ PBJ, 2.6 oz & Cheese 380 cal
- ★ Seasoned Brown Rice, 1/2 cup 166 cal
- ★ Mini Loaf Banana 161 cal
- ★ Pinto Beans, 1/2 cup 163 cal
- ★ Sweet Plantain Slices 262 cal
- ★ Applesauce, Strawberry 4.5 oz 50 cal

- ★ 21 Scrambled Eggs with Cheese & French Toast Platter 320 cal
- ★ Egg, Muffin, Cheese, & Apples Box 420 cal
- ★ Garlic Spinach 94 cal
- ★ Harvest Treats Veg Juice 50 cal
- ★ Fresh Tangerine 40 cal

- ★ 22 Breaded Chicken Nuggets 267 cal
- ★ Chef Salad w/Turkey, Egg & WG Cracker 299 cal
- ★ Potatoes, Mashed 48 cal
- ★ Garden Side Salad 16 cal
- ★ Fruit Juice Blend 60 cal
- ★ Apple Juice 60 cal

- ★ 23 Four Cheese Pizza Slice 330 cal
- ★ Four Cheese Pepperoni Slice 363 cal
- ★ Turkey & American Croissant 301 cal
- ★ Italian Blend Vegetables 71 cal
- ★ Strawberry Cup 80 cal

- ★ 26 Crispy Chorizo Quesadilla 360 cal
- ★ PBJ Sandwich Box 480 cal
- ★ Emoji Fries 130 cal
- ★ Salsa Dipping Cup 25 cal
- ★ Fruit Juice Blend 60 cal
- ★ Apple Juice 60 cal

- ★ 27 Tangerine Chicken 219 cal
- ★ Hummus Cup Platter 298 cal
- ★ Brown Rice 109 cal
- ★ Salsa Dipping Cup 25 cal
- ★ Mango Splash Vegetable Juice 60 cal
- ★ Strawberry Cup 80 cal

- ★ 28 Garlic French Bread Cheese Pizza 383 cal
- ★ Turkey & American Sub 311 cal
- ★ Fresh Steamed Broccoli 54 cal
- ★ Orange Wedges 76 cal

- ★ 29 Butterball Turkey Hot Dog on WG Bun 270 cal
- ★ Chicken Fajita Salad w/Flatbread 426 cal
- ★ Vegetarian Baked Beans 192 cal
- ★ Coleslaw 130 cal
- ★ Fruit Juice Blend 60 cal
- ★ Apple Juice 60 cal

- ★ 30 No menu published

EVERY DAY

- Assorted Milk

Menu subject to change.